



Emmbrook Infant School 2020-2021 PE and Sport Premium Annual Statement

'By the age of 7 years old most children are said to have already decided whether they enjoy being active'

At Emmbrook Infant School we want our children to understand the benefits of a healthy lifestyle and to enjoy being active. We aim to offer a range of different activities that will cater for every individual preference.

Once a child is passionate about a physical activity, they will become naturally more physically active and will benefit from having:

- More energy
- Better night sleeps
- Stronger muscles and bones
- A leaner body
- Lower blood pressure and blood cholesterol levels
- Reduced stress levels
- A more positive outlook on life
- Increased circle of friends
- Less of a risk to developing type 2 diabetes
- Improved confidence levels
- A greater self-belief

At Emmbrook Infant School, We aim to instil this passion in all our children.

2017/18- Emmbrook Infant School won the 'Most Active School' Award!
(as part of all the schools in the Actives Challenge)



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Key achievements to date:	Areas for further improvement:
<ul style="list-style-type: none"> • 97% of pupils have a love of PE in school as evidenced in the PE Survey 2019. (no survey in 2020 due to Covid-19) • PE survey indicates that children really enjoy the range of sports taught in school • High uptake of participation at extra-curricular sporting clubs • High uptake of participation in USports lunchtime activities • CPD for PE Leads • Children always receive at least 2 hours of PE every week • Redesigning the playground markings to include a running track which can be used daily by all children • New playground markings to encourage physical activity/small team games • Continue to offer further alternative sporting opportunities within PE 	<ul style="list-style-type: none"> • Identify focus areas for further CPD for teaching staff • Investigate sports competitions for KS1 pupils to participate in • Development of a new PE Lead whilst Miss Gaitens is on Maternity Leave.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	N/A
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	N/A
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	N/A
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No N/A

Academic Year: 2020/21	Total fund allocated: £17,800	Date Updated: September 2020
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Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> All classes to incorporate a daily 'mile' on the new track Use of new playground markings will support physical activity every lunch time. Provision of lunchtime and after school clubs Offer of a free club for all PP pupils Children are able to access quality play and sports resources through lunch time break Children choose to take part in Usports lunchtime activities 	<ul style="list-style-type: none"> Track marked on playground. Staff to allocate time slots. New playground markings of a physical/game theme designed by pupils Wide variety of clubs offered to include all interests e.g. Dancing Stars, fencing when permissible (Covid 19) Purchase of new equipment as required Usports promoted in assembly 	<p>£4700</p> <p>N/A</p> <p>N/A-PP grant £300</p> <p>£4300</p>	<ul style="list-style-type: none"> Playground observations and pupil survey to follow Monitor uptake of clubs Equipment purchased and being used effectively Big uptake of lunchtime sport 	<ul style="list-style-type: none"> Ensure the track is used every day- in all seasons Monitor use of playground Refresh clubs when numbers are down. Ensure correct care and use of equipment

Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Ensure all children are aware of the importance of a healthy lifestyle, including both diet and regular exercise Pupils are aware of the importance of daily physical exercise including the EIS daily 'mile'. 	<ul style="list-style-type: none"> Healthy Week with activities booked-Life Bus, Buttercup the Cow, PE workshop Healthy Assembly Weekly sports awards from Mr Fisher and Mrs Cox 	<p>£500</p>	<ul style="list-style-type: none"> Pupil books will evidence the learning from the activities provided All children eager to be nominated/ receive the awards All children enjoy the EIS daily 'mile' and times improve. 	<ul style="list-style-type: none"> Planned annually-feedback to parents Awards become part of Celebration Assembly- parents notified.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Ensure all staff are confident in teaching and delivering high quality PE 	<ul style="list-style-type: none"> Teachers to observe Mr Fisher's lessons x 4 term. Audit teacher's knowledge and confidence in teaching the key curriculum areas(gym, dance, athletics and games) 	£200 for PE Leads release time	<ul style="list-style-type: none"> Staff survey completed, analysed and CPD planned according to need. 	<ul style="list-style-type: none"> Annual audit of all teaching staff Pupil enjoyment of PE as indicated in Pupil PE survey
<ul style="list-style-type: none"> PE Leads are confident in developing other staff and leading in-house training where required 	<ul style="list-style-type: none"> Attendance at Get Berkshire Active annual conference Attendance at any PE CPD 			

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Additional achievements: <ul style="list-style-type: none"> Ensure a wide range of sports are introduced to all pupils via lessons and after school clubs. 	<ul style="list-style-type: none"> Survey the pupils to find out what they would like to learn more about and introduce new sports as appropriate. Mr Fisher and Mrs Cox to lead and deliver new sports 	£7800	<ul style="list-style-type: none"> Annual Pupil PE survey 	<ul style="list-style-type: none"> Maintain survey and update lessons and clubs provided

Key indicator 5: Increased participation in competitive sport

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

<ul style="list-style-type: none"> Continue to participate in any sporting events held in the local community for KS1 	<ul style="list-style-type: none"> Take part in all suitably timed tournaments /activities 	N/A	<ul style="list-style-type: none"> Pupil feedback on participation and enjoyment. Celebrate in assembly 	<ul style="list-style-type: none"> Ask USports and Jack Fisher to keep us updated about local tournaments.
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Year 1 and 2 PE Survey 2019 (no survey due to Covid 19)	YES 😊	NO ☹️
1. Do you enjoy your PE lessons at Emmbrook?	97%	3%
2. Have you enjoyed your lessons with Mr Fisher?	97%	3%

Why? Yes

- Tennis** - Because you get to do tennis / I like doing tennis with Mr Fisher / I like it because I like tennis / I like playing tennis with my friends
- Teachers** – Teachers are kind and funny/ I like it because they are good sports teachers
- Sport** - I love sport / They are really sporty
- Fun** - Because it's super great / Because it's fun / Because every lesson is fun / Because I like doing sports / Because they are fun / Because he is fun and teaches us lots of sports / I enjoy everything / PE lessons are fun
- Training and Stretching** - Because doing the training and stretching makes me really warm
- Varied** - Because you get to learn different sports / Because I like learning new sports and being more healthy / We learnt different things / Because sometimes we get to do nearly every sport / We try new things / Because we do lots of sports / Because I love sport / Because we do in PE what we like / I like every sport / I like everything
- Health** - Because we get healthy and our bones get stronger / Because it's healthy and fun / Because it makes us more physical / Because it will keep me healthy
- Mr Fisher** - Because Mr Fisher is very funny/ Because he is funny and I learn new things every day from him / Because I like Mr Fisher / Because he teaches nicely / Because he's funny / Because we do lots of sports with him
- Getting Fitter** - Because it makes me move faster / I like getting exercise / The beep test / Because I keep fit every time / Because I like being fit
- Climbing Frame** - Because we go on the climbing frame / Going on the climbing frame / I like the climbing frame because you can swing on a rope
- Skills** - Being he is making our skills rise up more
- Learning New Things** - Because we learn things every day
- Cricket** - We learnt cricket / Because I like cricket because its fun / Because we do lots of fun things like cricket / I like cricket because I like batting
- Football** - We do football sometimes / We do football and work in pairs / Because you get to do football / Because we learnt how to play football
- Games** - Because I like playing games like Simon Says / Playing Red Rover / Because I like the good games / Because we play games / Because we play fun games / Because I like the games
- Going home!** - I enjoyed lessons with Mr Fishers because I can go home doing sport
- Basketball** - Basketball is my favourite sport in P.E because I can bounce, catch and throw the ball
- PE** - Because I love P.E
- Dodgeball**
- Skipping**

- **Circuits** - Doing circuits in the hall
- **Running** - Because we run / I like to do running races / because I like running
- **Hockey**
- **Train Run** - Because I like the train run
- **Outside** - I like outside

No

- Because I don't like running
- I don't like doing the sports but I like the climbing frame with Mrs Cox
- I do not like PE because I get tired

What is your favourite thing to do in PE?

- Football
- Tennis / Tennis because I practise with my dad
- Dance
- Tigers tails
- Basketball
- Practising sports day and racing
- Running, racing and everything / Running Test / Fun run / Train run
- I used to play multi sports with Mrs Cox
- Rounders
- Rugby
- Team Games / Doing games
- Cricket
- Baseball
- Circuits
- Golf because you have to push the ball around
- I like dancing stars
- Everything
- Play
- Stretching
- Sprints
- Yoga
- Exercising
- Getting fit
- The balls
- Athletics
- Gymnastics
- Skipping ropes

What else would you like to do in PE?

- Cricket
- Rugby
- Running / Train run
- Fishing Club
- Dodgeball
- Basketball
- Netball
- Football / More football matches
- Tennis with Mr Fisher / More tennis
- Rounders
- Capture the flag
- Fencing
- Gymnastics / More gym
- More warm ups
- Bouncy Castle
- Trampolining / Going on a trampoline
- Hockey
- A session where you do anything that we have done in PE
- Golf
- Badminton
- Leaping and skipping
- Athletics
- Baseball

- Dodgeball