

Family Evening Prayer + Rosary and other prayers – For Private Use Only  
(mainly based off Rev.Fr. John Melepuram's Family Prayer book, 2003.)

## **Beloved Catholic Prayers**

### Sign of the Cross

✠ In the name of the Father and of the Son and of the Holy Spirit. Amen.

### Our Father

Our Father, Who art in heaven, Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done, on earth as it is in Heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us. And lead us not into temptation,  
but deliver us from evil. Amen.

### Hail Mary

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death.  
Amen.

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Prayer to Guardian Angel

Angel of God, my guardian dear, To whom God's love commits me here,  
Ever this day (or night), be at my side, To light and guard, Rule and guide.  
Amen.

### Grace Before Meals

(Make the Sign of the Cross)

Bless Us, O Lord, and these Thy gifts which we are about to receive from Thy bounty,  
through Christ Our Lord. Amen.

## Family Evening Prayer

### Sign of the Cross

✠ In the name of the Father and of the Son and of the Holy Spirit. Amen.

### The Angelus

V. The Angel of the Lord declared unto Mary,  
R. And she conceived of the Holy Spirit.

Hail Mary, etc...

V. Behold the handmaid of the Lord.  
R. Be it done unto me according to Your Word.

Hail Mary, etc...

V. And the Word was made flesh,  
R. And dwelt among us.

Hail Mary, etc...

V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

Let us pray

Pour forth, we beseech You, O Lord,  
Your Grace into our hearts;  
that as we have known the incarnation of Christ,  
your Son by the message of an angel,  
so by His passion and cross  
we may be brought to the glory of His Resurrection.  
Through the same Christ, our Lord.

Amen.

Glory be ...

### Prayer to Holy Spirit

Come Holy Spirit, and fill the hearts of your faithful, and enkindle in them the fire of Your Divine Love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth. Oh God, Who has taught the hearts of the faithful by the light of your Holy Spirit, Grant, that by the gift of the same Spirit we may be always truly wise and ever rejoice in His consolation. We ask this through Christ Our Lord. Amen.

## **Rosary – Family Prayer**

Sign of the Cross.

Lord Jesus, we are praying this Rosary as our family prayer. Send upon us your power to pray devoutly and attentively. Blessed Virgin Mary, our mother intercede for us to your beloved son Jesus Christ. We present this prayer for all the needs of our family, for all those who have asked our prayers, and all those who need our prayers most.

## **Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth;  
and in Jesus Christ, His only Son Our Lord,  
Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.  
He descended into Hell; the third day He rose again from the dead;  
He ascended into Heaven, and sits at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

## **For the increase of Faith, Hope, and Charity**

1 Our Father

3 Hail Mary ... 1 for increase in Faith/1 for Hope/1 for Charity

Glory be ...

**Decades of the Rosary:** *Each decade of the Rosary is devoted to a particular event in the life of Jesus or of the Virgin Mary. For the purposes of the Rosary, these are called mysteries. The focus is always on Jesus. But since the Virgin Mary, as the Mother of Jesus, had (and continues to have) a special relationship with Christ, the Rosary is designed to help us contemplate Christ and His love for humanity through His Mother -- and Our Mother -- on whom He has lavished so much love.*

After each **Mystery** – 1 Our Father, 10 Hail Mary's

Glory Be...

Fatima Prayer - Oh My Jesus, forgive us our sins, save us from the fire of hell; lead all souls to heaven, especially those in most need of Thy mercy.

Mary, Queen of peace, pray for us.

All Four Mysteries (Joyful, Sorrowful, Glorious, Luminous) listed below

**The Joyful Mysteries of the Rosary**

(Mondays and Saturdays)

The First Joyful Mystery: The Annunciation.

The Second Joyful Mystery: The Visitation.

The Third Joyful Mystery: The Birth of Jesus.

The Fourth Joyful Mystery: The Presentation.

The Fifth Joyful Mystery: The Finding of Jesus in the Temple.

**The Sorrowful Mysteries of the Rosary**

(Tuesdays and Fridays; also during Great Fast/Lent season)

The First Sorrowful Mystery: The Agony in the Garden.

The Second Sorrowful Mystery: The Scourging at the Pillar.

The Third Sorrowful Mystery: The Crowning with Thorns.

The Fourth Sorrowful Mystery: The Carrying of the Cross.

The Fifth Sorrowful Mystery: The Crucifixion

**The Glorious Mysteries of the Rosary**

(Wednesdays and Sundays)

The First Glorious Mystery: The Resurrection.

The Second Glorious Mystery: The Ascension.

The Third Glorious Mystery: The Descent of the Holy Spirit.

The Fourth Glorious Mystery: The Assumption

The Fifth Glorious Mystery: The Coronation of Mary as Queen of Heaven and Earth.

## **The Luminous Mysteries of the Rosary**

(Thursdays)

The First Luminous Mystery: The Baptism of Jesus in the River Jordan.

The Second Luminous Mystery: The Wedding Feast at Cana.

The Third Luminous Mystery: The Proclamation of the Kingdom.

The Fourth Luminous Mystery: The Transfiguration.

The Fifth Luminous Mystery: The Institution of the Eucharist.

### Prayer before Litany:

St Michael the Archangel, St Gabrielle, St Raphael, the Holy Messengers of God. St Joseph the Great, Saint Peter, Saint Paul, and Saint John, the disciples of Our Lord and Our Beloved Father Saint Thomas. We humbly pray that though we are poor sinners, the prayers you recited onto us, add up to your hymns so that we may offer them up to the foot of the Holy Mother of God. Lord have Mercy...

### **The Litany of the Blessed Virgin Mary**

V. Lord, have mercy.

R. *Christ have mercy.*

V. Lord have mercy. Christ hear us.

R. *Christ graciously hear us.*

God the Father of heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Spirit, *have mercy on us.*

Holy Trinity, one God, *have mercy on us.*

Holy Mary, *pray for us.*

Holy Mother of God, *pray for us.*

Holy Virgin of Virgins, [*etc.*]

Mother of Christ,

Mother of the Church,

Mother of Mercy

Mother of divine grace,

Mother of Hope,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good Counsel,  
Mother of our Creator,  
Mother of our Savior,  
Virgin most prudent,  
Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,  
Mirror of justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,  
Vessel of honor,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,  
Tower of ivory,  
House of gold,  
Ark of the covenant,  
Gate of heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
Solace of Migrants,  
Comforter of the afflicted,  
Help of Christians,  
Queen of Angels,  
Queen of Patriarchs,  
Queen of Prophets,  
Queen of Apostles,  
Queen of Martyrs,  
Queen of Confessors,  
Queen of Virgins,  
Queen of all Saints,  
Queen conceived without original sin,  
Queen assumed into heaven,  
Queen of the most holy Rosary,  
Queen of families,  
Queen of peace,  
V. Lamb of God, Who takest away the sins of the world,  
*R. Spare us, O Lord.*  
V. Lamb of God, Who takest away the sins of the world,  
*R. Graciously hear us, O Lord.*  
V. Lamb of God, Who takest away the sins of the world,  
*Have mercy on us.*

V. Pray for us, O holy Mother of God.

*R. That we may be made worthy of the promises of Christ.*

Let us pray. Grant, we beseech Thee, O Lord God, that we thy servants may enjoy perpetual health of mind and body, and by the glorious intercession of blessed Mary, ever Virgin, may we be freed from present sorrow, and rejoice in eternal happiness. Through Christ our Lord. R. Amen.

### **Hail Holy Queen**

Hail, holy Queen, Mother of mercy,  
hail, our life, our sweetness, and our hope.  
To you we cry, poor banished children of Eve;  
To you, do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn, then, most gracious advocate,  
your eyes of mercy toward us;  
lead us home at last  
and show us the blessed fruit of your womb, Jesus:  
O clement, O loving, O sweet Virgin Mary.

Pray for us O Holy Mother of God!  
That we may be made worthy of the promises of Christ.

### **The Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.  
Amen.

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### **The prayer for the souls in purgatory (3 times)**

L. Eternal rest grant unto them O Lord  
All. Let perpetual light shine upon them.

L. May the souls of the faithful departed  
All. Through the mercy of God rest in peace.

1 Our Father... Hail Mary ... Glory Be...

### **Prayer to St Michael the Archangel**

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

### **Prayer before Mass (Qurbana)**

O Jesus! I believe that you are the Christ the Son of the living God, who came on earth to save humanity from sin. I believe that in receiving the Holy Eucharist I shall receive your body and blood. I believe this firmly because you have said it.

### **Memorare to St Joseph**

(Source: Catholic Prayers by Thomas A. Nelson)

Remember, O most illustrious Patriarch St Joseph, on the testimony of St Teresa, thy devoted client, never has it been heard that anyone who invoked thy protection or sought thy mediation has not obtained relief. In this confidence I come before thee, my loving protector, chaste spouse of Mary, foster-father of the Saviour of men and dispenser of the treasures of His Sacred Heart. Despise not my earnest prayer, but graciously hear and obtain my petition. *(Here mention your request)*

Let Us Pray – O God, Who by Thine ineffable Providence did vouchsafe to chose Blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven, Who lives and reigns forever and ever. Amen.

St Joseph, Patron of a Happy Death, pray for us.

### **Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass through-out the world, in reparation for all my sins, for the intentions of all our associates, and in particular for the special intentions of our Holy Father for this month. Amen.

### **A Prayer for Priests**

O Jesus, Eternal Priest, keep all Thy priests within the shelter of Thy Sacred Heart, where none may harm them. Keep unstained their anointed hands, which daily touch Thy Sacred Body. Keep unsullied their lips purpled with Thy Precious Blood. Keep pure

and unearthly their hearts sealed with the sublime marks of Thy glorious priesthood. Let Thy holy love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they have ministered here below be their joy and consolation and in Heaven their beautiful and everlasting crown. Amen.

O Mary – Queen of the clergy, pray for us, and obtain for us a number of holy priests.

## **Chaplet of Divine Mercy**

### *Optional Opening Prayers*

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

### Begin with the Our Father, the Hail Mary and the Apostle's Creed:

Then, on the large bead before each decade:

Eternal Father,  
I offer you the Body and Blood,  
Soul and Divinity,  
of Your Dearly Beloved Son,  
Our Lord, Jesus Christ,  
in atonement for our sins  
and those of the whole world.

On the ten small beads of each decade, say:

For the sake of His sorrowful Passion,  
have mercy on us and on the whole world.

Conclude with (Say 3 Times):

Holy God,  
Holy Mighty One,  
Holy Immortal One,  
have mercy on us  
and on the whole world.

### *Optional Closing Prayer*

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

## **Psalm 91 (NRSVCE)**

### **Assurance of God's Protection**

- <sup>1</sup> You who live in the shelter of the Most High,  
who abide in the shadow of the Almighty,<sup>[a]</sup>
- <sup>2</sup> will say to the LORD, "My refuge and my fortress;  
my God, in whom I trust."
- <sup>3</sup> For he will deliver you from the snare of the fowler  
and from the deadly pestilence;
- <sup>4</sup> he will cover you with his pinions,  
and under his wings you will find refuge;  
his faithfulness is a shield and buckler.
- <sup>5</sup> You will not fear the terror of the night,  
or the arrow that flies by day,
- <sup>6</sup> or the pestilence that stalks in darkness,  
or the destruction that wastes at noonday.
- <sup>7</sup> A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.
- <sup>8</sup> You will only look with your eyes  
and see the punishment of the wicked.
- <sup>9</sup> Because you have made the LORD your refuge,<sup>[b]</sup>  
the Most High your dwelling place,
- <sup>10</sup> no evil shall befall you,  
no scourge come near your tent.
- <sup>11</sup> For he will command his angels concerning you  
to guard you in all your ways.
- <sup>12</sup> On their hands they will bear you up,  
so that you will not dash your foot against a stone.
- <sup>13</sup> You will tread on the lion and the adder,  
the young lion and the serpent you will trample under foot.
- <sup>14</sup> Those who love me, I will deliver;  
I will protect those who know my name.
- <sup>15</sup> When they call to me, I will answer them;  
I will be with them in trouble,  
I will rescue them and honor them.
- <sup>16</sup> With long life I will satisfy them,  
and show them my salvation.

\*Do read **Psalm 141** – part of our Ramsha (evening prayers).

## **Nighttime Hymn of St Ephrem the Syrian**

- \* O Lord, have mercy on us; Lord, accept our services.  
Lord, turn not your face away; from sinners who call to you.
- \* Send to me a guardian, to protect me as I sleep,  
and, by your own living Flesh, save me from all evil things.
- \* Guide my sleep throughout this night, that it be filled with your peace;  
lest the evil one harm me, or thoughts filled with wickedness.
- \* Through the holy cross, O Lord, on which you humbled yourself,  
grant me restful sleep tonight, and deliver me from harm.
- \* May your Body I received, guard me from evil desires;  
may the Blood you shed for me, grant me rest within your peace,
- \* May the fortress of your mercy guard my soul, which is your image,  
may your right hand guard my flesh, which your hand has fashioned.
- \* May the stronghold of your mercy shelter me, a mighty shield,  
and when I am fast asleep, may your power be my guard.
- \* Let my slumber come ascend, incense to your holy throne.  
By your Mother's intercession, keep the devil from my bed.
- \* By your sacrifice for all, chase the evil one away;  
your promise fulfill in me; by your cross protect my life.
- \* That I rise and serve you well, thanking you for all your love;  
Glory to You, and your Father, and your hallowing Spirit.

## **Litany of St. Joseph**

Lord, have mercy on us

Christ, have mercy on us.

Lord, have mercy on us.

Jesus, hear us,

Jesus, graciously hear us.

God the Father of heaven,

have mercy on us.

God the Son, Redeemer of the World,

have mercy on us.

God the Holy Spirit,

have mercy on us.

Holy Trinity, one God,

have mercy on us.

Holy Mary,

pray for us.

St. Joseph,

pray for us.

Renowned offspring of David,

pray for us.

Light of Patriarchs,

pray for us.

Spouse of the Mother of God,

pray for us.

Chaste guardian of the Virgin,

pray for us.

Foster father of the Son of God,

pray for us.

Diligent protector of Christ,

pray for us.

Head of the Holy Family,

pray for us.

Joseph most just,

pray for us.

Joseph most chaste,

pray for us.

Joseph most prudent,

pray for us.

Joseph most strong,

pray for us.

Joseph most obedient,

pray for us.

Joseph most faithful,

pray for us.

Mirror of patience,

pray for us.

Lover of poverty,

pray for us.

Model of artisans,

pray for us.

Glory of home life,	pray for us.
Guardian of virgins,	pray for us.
Pillar of families,	pray for us.
Solace of the wretched,	pray for us.
Hope of the sick,	pray for us.
Patron of the dying,	pray for us.
Terror of demons,	pray for us.
Protector of Holy Church,	pray for us.
Lamb of God, who takes away the sins of the world,	spare us, O Jesus.
Lamb of God, who takes away the sins of the world,	graciously hear us, O Jesus.
Lamb of God, who takes away the sins of the world,	have mercy on us, O Jesus.
He made him the lord of his household	And prince over all his possessions.

**Let us pray:**

O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of your most holy Mother; grant, we beg you, that we may be worthy to have him for our intercessor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever.

**Saint Joseph, pray for us.**