



*The Centre for
Counselling Addiction Support
Alternatives (C.A.S.A.)
Charity # 449*

Funding

As an NGO CASA is heavily dependent on raising funds to maintain services.

We welcome: -

- Donations
- Covenants
- Grants
- Subventions
- Support for Fundraising Activities

Fee Structure

There is a fee for clients using the

Service . Details can be obtained by contacting the Centre

CONFIDENTIALITY IS A KEY COMPONENT OF THE SERVICE

- CASA aims to provide a high level of professional standard and strict confidentiality to help you navigate through the challenging situations you may encounter

Mission Statement

The Centre for
Counselling Addiction Support Alternatives
(C.A.S.A.)

is committed to providing a crisis intervention, community-based prevention, treatment and rehabilitation service to persons experiencing substance abuse and related problems regardless of culture, ethnic origin, religion, age, sexual preference, disability or social status.

Vision Statement

Our vision is a client- centric view. Whether it be a Child, Young Person or Adult, our focus is to provide a comprehensive service of quality, and the continuous improvement of the client experience during the period when he/she is in contact with the many activities at CASA.

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Centre
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*A Substance Abuse Community
Based Education, Prevention
and Treatment Centre*

Profile

CASA is a non-profit, non-governmental (NGO) community-based Substance Abuse Treatment Centre established in 2000 with the purpose of helping individuals and families experiencing substance abuse and related and other problems.

CASA is a non-residential facility and caters to children, adolescents and adults ages 10 and upwards who are experiencing difficulties with legal drugs such as alcohol and illegal drugs such e.g. marijuana, cocaine or other.

Aims

- To provide an effective and confidential service with a focus on Education, Prevention, Treatment, Habilitation, Rehabilitation and Aftercare
- To help individuals and families experiencing problems and to assist groups and organizations in understanding and tackling substance abuse problems in homes and communities
- To participate in initiatives with other treatment centres and the NCSA to address demand reduction efforts in Prevention, Treatment, Rehabilitation and Research as set out in the Barbados National Anti-Drug Plan

Services

CASA offers a range of Services

including: -

- ♦ **Telephone Support**
- ♦ **Referrals**
- ♦ **Walk-In/ Drop – In**
- ♦ **Assessment** - to determine the most effective service for clients
- ♦ **Drug Testing**
- ♦ **Counselling** - Individual, Group and Family sessions for Addictions Drugs, Alcohol, Gambling etc.
- ♦ **After Care/Follow-up**
- ♦ **EAP - Employee Assistant Programme.** Help for the employee with addiction problems.
- ♦ **Families Support Sessions** - Strengthening Families and Relationships
- ♦ **Rehabilitation** - use of Support Groups e.g. AA; NA; Al Anon
- ♦ **Outreach**—to Schools, Community; Private Sector and Government Agencies Groups; Faith based organisations etc.

Programmes Include: -

- ♦ **Special Therapy for Adolescents' Rehabilitation Programme (S*T*A*R)**—to habilitate adolescents and young adults by teaching social skills, values clarification and coping skills to combat drug use
- ♦ **Anger Management/ Conflict Resolution Group** for young persons
- ♦ **Children Education and Prevention Awareness Group (CEPAG)** - a Support Group for children ages 5-13 years to educate and foster good life skills to prevent and combat drug use. Held on Saturday mornings
- ♦ **Teen Development Programme (TDP)** 13-19 years old. Self Esteem and Confidence Building etc.

TRAINING PROGRAMMES

- ♦ **Placement for Students (UWI) and Community College**
- ♦ **In house Training for Staff and Volunteers**

OPERATIONAL HOURS

Monday —Thursday

- 9: 00 a.m. - 7: 00 p.m.

Friday

- 9: 00 a.m. - 5: 00 p.m.