



St Augustine's RC
Primary School



Free School Meals



Benefits of Free School Meals



- Warm and nutritious meal which is proven to help with learning and concentration
- Saving time and money on Packed Lunches
- Children can explore new foods
- Improves children's health
- Each child can raise an extra **£1320** towards the school
- The application process is quick easy and completely confidential

Facts about Free School Meals



- Currently more than half of all primary school children miss out on a healthy school meal.
- School meals are now required to meet high nutritional standards, ensuring that children get a healthy meal while at school. Evidence from trials have demonstrated a number of health and educational benefits including increased and more varied consumption of fruit and vegetables, increased understanding of what constitutes a healthy diet, and healthier eating at home. This in addition to evidence suggesting improved behaviour, which improves the learning environment for all children, and academic performance.
- Many families that are currently entitled to free school meals do not claim them because of the stigma attached to this, or because of the laborious process of claiming them.
- Meal portions are the same whether paid or free.
- Families who are currently paying for school meals will save around £450 a year for each primary school child if they are entitled to free school meals.
- Other pupils will never know which children are on Free School Meals

How do I apply?

For any information or to apply for Free School Meals, please do not hesitate to come into school and speak to me, Miss Wakelin or Mrs Smith. We will happily assist with forms and assure you they are not complicated and take 5 minutes at most. Alternatively you can email us at office@staugustinesacademy.org.uk and arrange to come in or ask us any more info.

Thank you.

