



FOUNDATION

NIKE FOOTBALL CAMPS UK SUMMER 2020



LEARN TO LIVE THE CHELSEA LIFE

Residential 6- or 13-night camps at two leading private schools in England.

Players will be coached by Chelsea FC Foundation in a training programme inspired by the Academy curriculum at 5-time English Premier League champions Chelsea Football Club. Players can either focus on their football training on the **Total Football** programme or improve their English language skills alongside their football on the **Football + English** camp.

FOOTBALL + ENGLISH JUNIOR CAMP

AGE 9-12 years
LOCATION Canford School, Bournemouth
FOOTBALL LEVEL All abilities
ENGLISH LEVEL All abilities except native speakers

TOTAL FOOTBALL JUNIOR CAMP

AGE 9-12 years
LOCATION Canford School, Bournemouth
FOOTBALL LEVEL All abilities
ENGLISH LEVEL Intermediate and above

FOOTBALL + ENGLISH SENIOR CAMP

AGE 12-17 year old boys
LOCATION Charterhouse School, Surrey
FOOTBALL LEVEL All abilities
ENGLISH LEVEL All abilities except native speakers
SPECIAL FEATURES Goalkeeper training

TOTAL FOOTBALL SENIOR CAMP

AGE 12-17 year old boys
LOCATION Charterhouse School, Surrey
FOOTBALL LEVEL All abilities except total beginners
ENGLISH LEVEL Intermediate and above
SPECIAL FEATURES Goalkeeper training



IN ADDITION...

Players experience the best of Chelsea FC with a full day at their Cobham Training Centre with coaching, games and a fascinating insight into the support teams at a professional football club. Each week concludes with a trip to Stamford Bridge, Chelsea's home ground, for a prize-giving celebration and a tour of the museum and stadium.

WHAT'S INCLUDED



Up to 31 hours a week of coaching, games and workshops with Chelsea FC Foundation



Full board accommodation



12-13 hours a week of English language lessons on Football + English camps



Progress report and completion certificates from football and English to take home



Football development workshops



24/7 on-site male and female player welfare support staff



Evening activities programme and players' lounge



Exclusive Nike/Chelsea FC training kit and gift pack



Football and cultural excursions including a day at Chelsea FC's Training Centre in Cobham



Student medical insurance



THE COACHING

The coaching curriculum is designed and delivered by Chelsea FC Foundation, one of the world's leading football, education and community programmes. The camps provide an insight into life as a young player at Chelsea FC and are tailored to challenge players at their age and ability level. All players get to experience a training day at Chelsea's Cobham Training Centre where the Academy and First Team train, giving a real taste of life as a Chelsea FC professional.



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JUNIOR CAMP (AGED 9-12 YEARS)

ON THE PITCH

Young players learn to master the skills and techniques needed for each position in a fun and engaging environment.

The curriculum focuses on Chelsea's fast, attacking style of football and each day is themed on a different Chelsea First Team player. Coaches support player development with challenges, drills and games where players can experience progress.

OFF THE PITCH

Young players consider football off the pitch, looking at the qualities of players in Chelsea's first team. Discussions, games and workshops on team tactics, nutrition and mental preparation introduce players to life as a Chelsea professional in an accessible and interesting way.

SENIOR CAMP (AGED 12-17 YEARS)

ON THE PITCH

Senior players should expect high-intensity training that challenges their understanding of tactics for every position on the field. Players improve through a combination of coaching, skills challenges and small-sided games. Tailoring the training to the players' individual level, coaches encourage self-reflection and analysis to identify strengths and areas for improvement.

OFF THE PITCH

The senior camp gives players a realistic insight into life as a Chelsea player. Workshops look at the lifestyle choices of young players and focus on professional approaches to training and games, including physical and psychological preparation. Players learn constructive self-evaluation, which forms part of their individual coaching report.

GOALKEEPERS (AGED 12-17 YEARS)

Specialist goalkeeper coaches focus on specific goalkeeping skills in one technical session each day. Goalkeepers join outfield players for other sessions to further understand gameplay situations.

BEST WORKSHOPS IN 2019...



MATCH ANALYSIS

with the Performance Analyst at Chelsea FC



TALENT IDENTIFICATION

with the Academy Integration Manager at Chelsea FC



DEVELOPMENT PATHWAY

with the Academy Integration Manager at Chelsea FC



OVERSEAS SCOUTING

with the Chief International Scout at Chelsea FC



Youth development is an important part of what we do at Chelsea FC. From the men's and women's first teams to



our Academy and the work of the Foundation, we strive to equip young players with the right skills and mentality to progress in the game. The Foundation coaches on these camps will use this same philosophy, giving everyone who attends an experience to remember."

Frank Lampard | Chelsea FC Head Coach

WHAT YOU GET



JUNIOR FOOTBALL + ENGLISH CAMPS 15hrs a week
JUNIOR TOTAL FOOTBALL CAMPS 24hrs a week
SENIOR FOOTBALL + ENGLISH CAMPS 18hrs a week
SENIOR TOTAL FOOTBALL CAMPS 31hrs a week



COACH TO PLAYER RATIO 1:16 (maximum)



PROGRESS REPORT + COMPLETION CERTIFICATE



GOALKEEPER

- Start position
- Shot stopping
- Decision making



DEFENDER

- 1v1 defending
- Tackling
- Regaining possession



MIDFIELDER

- Receiving under pressure
- Range of passing
- Dribbling skills



STRIKER

- 1v1 skills
- Finishing
- Creating & exploiting space

ENGLISH

12-13 hours a week of classroom-based lessons

Suitable for all English levels, except for native speakers

The English curriculum is based on the CLIL approach used in top schools worldwide and is designed to enhance students' use of English in football and the wider world. Teachers live on-site and all our staff create an immersive English environment by ensuring students communicate in English throughout the camp.

On the first day, students take an English test and are divided into CEFR level classes within their age group, ranging from A1 to C2 (beginner to advanced). The curriculum is specially designed for these Chelsea FC Foundation camps. Teachers cover both general English and topics relating to Chelsea FC. Using the topic of sport engages students with a common interest in the classroom and equips them with useful vocabulary for their coaching sessions. Our lessons are fun and interactive, using a combination of traditional classroom techniques, active participation and project work.

At the end of each week, students get an English progress report and completion certificate, along with advice from their teacher on how to continue improving their English at home.

WHAT YOU GET



FOOTBALL + ENGLISH CAMPS

12-13hrs of English lessons per week



TEACHER TO STUDENT RATIO 1:12 (average)



ENGLISH REPORT + COMPLETION CERTIFICATE



“Students enjoy sharing their different cultures on the camp. We had over 70 nationalities in 2019. They bring their experiences from home and communicate these using English as the common language. They learn in a fun classroom environment then practise throughout the rest of their time on camp.”

Edwina Laycock, Director of Studies



EXCURSIONS

Chelsea FC Training Centre (every week – all camps)

Players spend the day training with their coaches at Chelsea FC's Training Centre in Cobham. The trip is enhanced with workshops, and question and answer sessions.



Stamford Bridge (all camps)

The trip to Chelsea FC's iconic stadium in London includes a behind-the-scenes tour and a visit to the museum, where players will learn about the evolution of the club. Players also enjoy an end-of-camp celebration at the stadium, including prize-giving.

London Experience

(13-night camps – Charterhouse School)

A visit to Nike town on Oxford street starts the tour, including exploring the celebrated football section. Players will then embark on a guided walking tour of London's iconic landmarks such as Big Ben and Buckingham Palace.



Bournemouth Town and Beach

(13-night camps – Canford School)

A trip to the seaside town where players will spend the day on the award-winning 7-mile stretch of sandy beach with amusements on the pier and beach games.

Portsmouth Shopping and Historic Dockyard (all 13-night camps)

Players will enjoy an interactive tour of HMS Victory, the impressive flagship of Lord Nelson in the Battle of Trafalgar, before heading to Gunwharf Quays, the south coast's leading designer outlet shopping centre.



EVENING ACTIVITIES

All players will enjoy an exciting and structured evening social programme with new friends, including team building games and fun outdoor activities. Examples include rounders, ultimate frisbee, head tennis and quiz nights. After evening activities, players get to enjoy some downtime in the dedicated players' lounge complete with games consoles, table football and table tennis.

JUNIOR CAMP LOCATION

CANFORD SCHOOL

BOURNEMOUTH

The highly acclaimed Canford School is set in a beautiful, rural location with impressive sporting and teaching facilities, which create an inspiring environment for learning and development. The campus is well suited to younger players with the pitches, classrooms and accommodation in close proximity. Shared bedrooms and large, welcoming common rooms make this the perfect home-from-home for junior campers.

CAMP SUITABLE FOR...

9-12 year olds

FACILITIES

- 6 grass football pitches
- Astro football pitch
- Indoor swimming pool
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free WIFI
- On-site camp shop
- Laundry facilities

Accommodation

Twin, triple and quad accommodation with shared bathrooms.

Meals

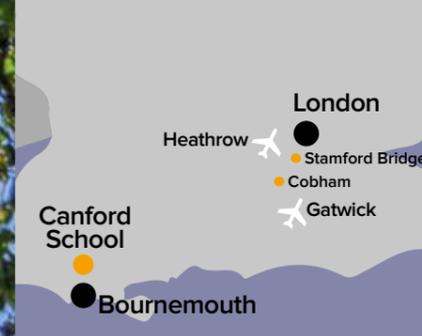
3 nutritionally balanced meals a day and an evening snack, including vegetarian options. Specific dietary requirements can be catered for.

Transport links

Airport transfers are available from Heathrow and Gatwick airports.

London Heathrow Airport (LHR): 143km
 London Gatwick Airport (LGW): 185km
 Closest Train Station: Bournemouth

Please note that the Senior Camp will also be held at Canford School for the week of 29 June – 5 July



2020 CAMP DATES

Arrival day: Monday. Departure day: Sunday

6-Night Camps

- 29 June – 05 July
- 06 July – 12 July
- 13 July – 19 July
- 20 July – 26 July
- 27 July – 02 August
- 03 August – 09 August
- 10 August – 16 August

13-Night Camps

- 29 June – 12 July
- 06 July – 19 July
- 13 July – 26 July
- 20 July – 02 August
- 27 July – 09 August
- 03 August – 16 August

SENIOR CAMP LOCATION CHARTERHOUSE SCHOOL SURREY

The school was originally founded in London in the 1600s and has been on its current 68-acre site in Surrey since 1847. Charterhouse has a rich sporting history. Several Charterhouse pupils went on to play football for England, and the school's first team captain was present when the rules of the modern game were originally defined at the first meeting of the Football Association in 1863. Charterhouse's historic Gothic Revival buildings create an inspiring environment for learning, whilst extensive sports facilities offer players a wealth of sports options.

CAMP SUITABLE FOR...

12-17 year-old boys

FACILITIES

- 12 grass football pitches
- Astro football pitch
- Tartan athletics track
- Indoor swimming pool
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free WIFI
- On-site camp shop
- Laundry facilities

Accommodation

Mostly single bedrooms, some twin rooms. Mostly en-suite bathrooms, some shared.

Meals

3 nutritionally balanced meals a day and an evening snack, including vegetarian options. Specific dietary requirements can be catered for.

Transport links

Airport transfers are available from Heathrow and Gatwick airports.

London Heathrow Airport (LHR): 45 km
London Gatwick Airport (LGW): 64 km
Closest Train Station: Godalming



2020 CAMP DATES

Arrival day: Monday. Departure day: Sunday

6-Night Camps

29 June – 05 July*
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13-Night Camps

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CAMP SCHEDULE

A TYPICAL DAY

08:30		Breakfast
09:00		English lesson / Football session
12:30		Lunch
14:00		Football session (games and matches)
17:30		Dinner
19:00		Evening activities
20:30		Players' Lounge
22:00		Bed

2020 CAMP DATES

Arrival day: Monday. Departure day: Sunday

JUNIOR + SENIOR CAMPS

6-Night Camps

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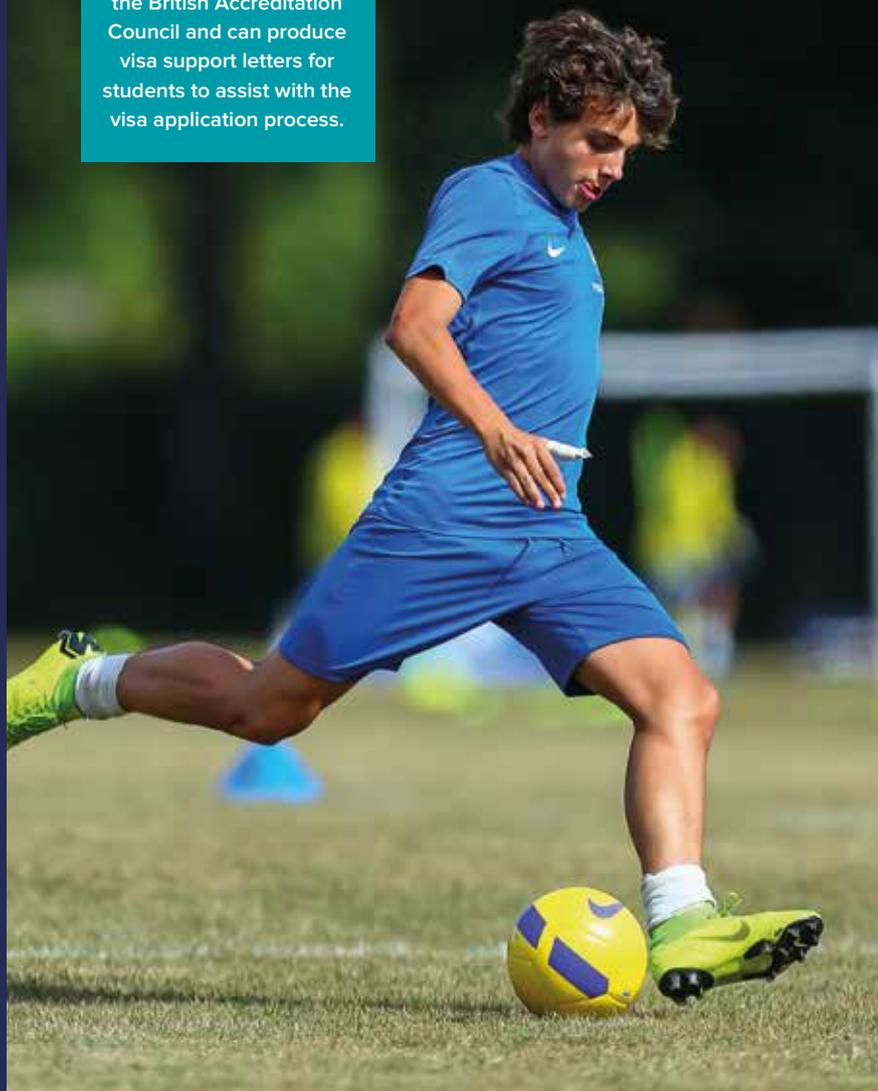
JUNIOR + SENIOR CAMPS

13-Night Camps

29 June – 12 July*
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We are accredited by the British Accreditation Council and can produce visa support letters for students to assist with the visa application process.



Authorised agent:



/esc.summercamps



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