ANNUAL REPORT
2018-19

Healing Fields Foundation
**Introduction**

Healing Fields Foundation is a health-focused NGO based in India committed to empowering women as health agents of change in their communities. Healing Fields was founded in 2000 through the vision and leadership of Ashoka Fellow. HFF focuses its work in rural areas of poorer states to impact change in the areas it is most needed. The approach is holistic, attempting to prevent health problems, facilitate access to health services and entitlements from the government, as well as treating minor concerns with diagnostic care and product support. Healing Fields Foundation provides training and support for the women to build their own livelihoods so that they can continue working as health change agents in their communities. The organization partners with public and private institutions to improve health realities for all people of India regardless of caste, creed, religion and gender.

**Vision**

Create an ecosystem that increases access to quality healthcare at affordable cost and increased livelihood opportunities for the poor, especially women.

**Mission**

We aim to bring this vision to life through the activities of our Community Health Facilitator program, which leverages the following strategies:

A. Scalable Health Education System
B. Innovative health financing model
C. Economic empowerment through health micro enterprises
D. Community level health infrastructure development

**Values**

Care, compassion, sensitivity.

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**Letter from the Chairman’s desk**

The year 2018-19 has been a year of charting new paths and setting fresh goals in the journey of Healing Fields. Healing Fields motto has been locating health care within the large framework of development, linking improvement in health to livelihoods and gender empowerment.

This year as we continued to expand the existing program to reach around 6 million lives in India and Indonesia, we have also forged new partnerships and launched new programs. The Board of Healing Fields made a strategic decision to expand its focus to education along with Health. In line with this directive we launched the school health education program with 6 schools in Telangana and 15 schools in Bihar, this year. This program focuses shaping the children towards better health practices which will lead to healthier communities.

The other area of focus this year was technology which has been an enabler for scale and growth. While we improved on the existing technologies being used for finance and accounts and survey platforms we also developed new applications to support other new programs. Development of digital training platform for improving the effectiveness of the different training programs has been a landmark development with the support of the technology partner Ukkoteknik Pvt. Ltd.

All these developments were only possible with the support of our partners and donors and the committed team at Healing Fields who have walked the journey with us. I thank each one of you for your support and commitment.
Program Overview

The year 2018-19 has been an exciting year for Healing Fields where new partnerships were formed and pilots incubated while existing programs continued to scale.

The programs being implemented are community-based and contextualize health within the broader framework of development - livelihoods, nutrition and access to social determinants. Most importantly, the model seeks to not replace but strengthen existing systems and government structures in order to ensure sustainability.

I) Community Health Facilitator & Entrepreneur Program

Healing Field's flagship program harnesses the power and passion of women to create change. Women are chosen from marginalized and underprivileged communities to participate in a 6 month training program, followed by a 6 month internship. In this current year Healing Fields integrated entrepreneurship training into the community health facilitator program curriculum after a successful pilot the previous year. Thus this program was scaled in this year to 909 CHFs who were trained as community health entrepreneurs who provide access to health products within their communities.
CHE from Mirzapur

Nasima Bano

“Before becoming a CHF I used to sit at home and take loans, but once I found out about this training and we actually started stepping out and attending it and got knowledge about health education. Nobody knew me before and I had no knowledge before but now everybody knows I’m working in the field of health and are more aware and I have knowledge about health issues. I decided to become a CHF because nobody had any knowledge about health in my village. Everybody knew to eat food but not what was the right time to eat or the right food or protein and vegetables etc. I will feel fulfilled when everybody in my village knows who I am and what work I do. Definitely people do know me after I started working as a CHF but there are still some areas I haven’t been able to reach.

It’s been difficult for me having to get out the house and go for work. Some people have raised their voice against this, that this is wrong, what is she doing. But slowly once I started conducting meetings and spreading awareness people started understanding and know that everybody knows and is on board. My family is very supportive. There was a girl in my village that had TB she had no where to go and came to me – I took her to the hospital and they diagnosed her with TB and ensured she got the right treatment. she is doing fine now. And that’s why women in my village appreciate me so much because they say there is no one with so much knowledge and the hospital I went to I’m well acquainted with the doctor and I took the women showed them what an ultrasound was.”
II) Basic Care Provider Program

The Basic Care Practitioner program is an unique initiative by Healing Fields at the community level, which started in 2016-2017 in the existing project areas of Buxar, Ballia and Sasaram in Bihar and Uttar Pradesh. The BCP program brings basic health services to the communities that have less access and opportunity to get primary health care services, including emergencies, any time of the day.

In this year, Healing Fields has replicated this program in 2 new existing project areas Jaunpur and Azamgarh in Eastern Uttar Pradesh with 52 more BCPs.

No of Patients seen by BCPs

- No of patients seen for vitals
- No of patients seen for other conditions

Condition wise patients seen by BCPs

- Referrals to hospital
- Small Cuts
- Back Pain
- Sprain
- Pain
- Trichomonas Infection
- STI & UTI
- Infected Wounds
- Yeast Infection
Experience from one of the successful BCP

Anitha from Balia has undergone the BCP training and is now popular in her village as BCP didi for the health services she is providing in her community. One such incident was where she saved the life of a 10 year old boy. Anita was conducting a health education session to a group of women in her community when 10 year old Raju son of one of the women attending the session came running to call his mother. As he reached there he fainted and fell on the ground. Anita immediately put the boy in recovery position as she was taught and once the boy came to senses she took him to the doctor for further treatment. The doctor was amazed at the emergency care provided for the boy and informed the parents that the boy’s life was saved due to that. He commended Anita and gave her a cash prize of Rs 500 and also offered to guide her whenever she had any doubts.

III) School Health Education Champions Program

Children of today are citizens of tomorrow. So it is essential that the foundation of good health behaviors is laid at an early age. Younger children are more receptive to behavior change learning and practice and also influence practices within their families and peers; therefore, interventions at this age will create a lasting impact and lead to healthier families and communities and in turn healthier and a more productive country. Keeping this in mind this year we launched the School Health Education Champion program to train school children on health and mentor them to be the health champions in their schools and community.

School Health Education Champion (SHE Champion) Program was launched in 6 Government schools of Shameerpet Mandal in Telangana and 15 Government Schools in Aurangabad District in Bihar in 2018-2019 taking community education model to schools’ level.

The objective of program is to identify and train school children to develop healthy practices by improving their health related knowledge and developing them to become “School Health Education Champions”. At the primary school level, students from 3rd to 5th classes and at middle school students from 6th to 8th class are trained.

Through the SHE program 297 SHE champions in Shameerpet mandal, Telangana, and 493 SHE champions in Aurangabad district have been trained to encourage healthy behaviors in their peers and families as well as initiate healthy projects in their school.
SHE Champions – Success Story

FC advocacy and SHE champion Radhika advocated for Kitchen garden has helped her family eat fresh food in Koltur, Shameerpet.

FC Dipika has been advocating for planting Kitchen Garden in houses without using fertilizers that had chemicals. In the school, session was taken on Kitchen Garden at Zilla Parishad High School, Kolthurl and she has been going from house to house and talking about advantage of using natural methods of planting vegetables like brinjal, spinach, amaranths, coriander, chilly, gourd, and planting Kitchen Garden in their homes. FC Dipika helped over 40 families plant Kitchen Garden in their backyard using natural methods and using the yield for regular meals.

Through FC effort She champion Radhika got motivated and, in her home, she managed to convince her parents to plant Kitchen garden. They are already eating Spinach, Coriander, Brinjal from their backyard. Her mother is very happy. She has been saving on vegetables and has the advantage of eating healthy food.
IV) Community Health Facilitator Program - Indonesia

Although it is one of the largest developing countries in the world, Indonesia still has a number of health problems that have to be addressed, such as high maternal mortality rate, high burden of infectious diseases and non-communicable diseases as well as poor sanitation and access to health services. Therefore, Healing Fields and Opportunity International, Australia together with KOMIDA, a MFI, have launched a Community health facilitator program in the operational areas of KOMIDA to help improve the health status of the of their communities. The CHF program launched in Indonesia in December 2017, is now scaling to other locations. This year the first batch of the 50 CHFs have graduated and reached out to 62,500 people with health education and referrals. Training has been initiated for another 30 CHFs in Klupanangal in West Java.

<table>
<thead>
<tr>
<th>District</th>
<th>CHFs Trained</th>
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<tbody>
<tr>
<td>Cianjur</td>
<td>26</td>
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<tr>
<td>Kedungjati</td>
<td>24</td>
</tr>
<tr>
<td>Total</td>
<td>51</td>
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</tbody>
</table>

V) Japanese Encephalitis and Scrub Typhus Program

This project was initiated by Healing Fields to manage high death rates among children occurring in 7 villages in Gorakhpur Division of Uttar Pradesh and the surrounding districts viz Deoria, Kushinagar and Maharajganj and Sankabar Nagar and Siddhartha Nagar in Basti division in 2018. Most common causes are Scrub typhus and Japanese encephalitis.

198 CHFs were trained from Gorakhpur Division on 4th June 2018 to 13th June 2018. Modules for JE was prepared based on case management algorithm given by a Pediatrician from the Pediatrics department, Christian Medical College, Vellore. These 198 CHFs reached out to about 200 villages with:

- Awareness about scrub typhus and JE
- Identification and referral of fever cases
- Referral for JE vaccination
“My name is Husnbanu from village Shantipur, I have been working as CHF since 2016 in HFF. I was given an opportunity by Healing Fields Foundation to work for JE program for 4 months.

One day I was going out for work from home in the morning at 8:00 am. I could hear my neighbors crying loudly and people gathered at their house. I went to see what happened. I could see a child on bed almost in unconscious state with high fever. The mother said that since one-week child was suffering with fever and they neglected to take the child to hospital. Since at night, fever increased, and child was very weak. On observation there were rashes on the skin. I immediately took the child to the hospital. The child was diagnosed as JE and treatment started immediately. Doctor thanked me for bringing the patient on time. Child was admitted and was on treatment for 10 days before being released with full recovery. Thank you, Healing Fields staff for building my capacity and motivating me.”
VI) WASH Project, BIHAR – UNICEF

Healing Fields partnered with UNICEF, Bihar to implement a project for improving WASH implementation in Health centers and Village Health, Sanitation and Nutrition days. This project was implemented in Shergatti Block of Gaya District and Kasba block or Purnia district, Bihar. The achievements of this project during the year 18-19 are:

- Developed an assessment mobile application based on Kayakalp guidelines for the assessment of Health centers and VHSNDs
- 8 health centers and 30 VHSNDs were assessed using the application
- Results were presented with recommendations to the stakeholders in a District level workshop
- Digital training modules were developed for training of frontline workers
- Training of frontline workers was initiated. 450 frontline health workers including ASHAs, ANMs and AWWs will be trained in the 1st quarter of 19-20 using the digital training modules.

VII) Sanitary Napkin unit set up and production

In October 2018 a fully automated sanitary napkin unit was set up and operationalized in Jigna, Mirzapur with funding support from ZF Hero Chassis Pvt Ltd. The production capacity of this unit is 16 pads per minute. 100 CHEs from Mirzapur district have been formed into self help groups for the sale of the sanitary napkins and other health products. The sanitary napkins manufactured at the unit are being sold under the Mesa Brand in the community by the CHEs who are earning margin on the sale. The unit is providing fulltime livelihood to 6 women at the unit and to 100 women through sale of the products.

A focused group discussion was conducted with the CHEs in March 2019 to understand their experience in selling the products. Some of the points that came up from the FGD were:

a. The CHEs are earning about Rs 2000 – 4000 a month by spending an average of 3 hours a day in selling the products
b. The earning has helped to increase their confidence
c. They use the extra money for children education and more nutritious food for the family
d. They said that they will save money to Build house, save for children’s marriage and save for old age
e. If they are able to save more money (about Rs 10,000) from their earnings by selling the products, they want to use it to set up a petty shop.

They would like to start selling more products like mosquito repellent creams, soaps, toothpaste and pregnancy testing kits.

Staffing Updates

With the scale of operations and increasing programs 2 new senior staff were recruited this year:

- **Mr. Prasad Rao** - Senior Manager Accounts & Finance
- **Dr. Soumitra Dutta** - Director Programs

The average number of staff in 18-19 was 55 out of which 25 were males and 30 were females. 14 staff are based in head office and 41 based in field.

Trainings and Workshops:

- Mukti Bosco attended the Opportunity International South Asia Partners meet in Jaisalmer in February 2019
- Mukti Bosco was a speaker and panelist at the MHM Workshop organized by UNICEF in December 2018 in Patna.
- Senior Staff Dilip Gupta and Mukesh Kumar were deputed for a workshop on “Improving health and nutrition outcomes in West Bengal & Jharkhand” organized by Freedom from Hunger in October 2018
Technology

Healing Fields has been a forerunner in using technology at all levels to improve the efficiency and maximize impact. This year there has been a major focus on technology. Some of the existing platforms which were being already used like the ERP for finance and accounts and Survey application for the collection of baseline survey at the community by the CHFs and the Basic care provider medical decision support app were upgraded. Digital training application and health center assessment application were developed during this year to support some of the ongoing programs.

Trannex:

The training program is delivered based on the reports of the survey by using an integrated training module called TRANNEX.

1. The training platform helps to create programs and batches for the participants and ensure standardization of training.
2. It also allows to identify and select the relevant training content, interactives along with the pre-test and post-test.
3. It allows administrators to monitor and control remotely the relevant selection and delivery of the training to the targeted community.
4. Training status can be tracked and reports of the training and the knowledge capture, attendance along with the quantum of content delivered can be monitored.

Health Center Assessment:

This is an extension of survey platform for gathering data on critical parameters of health centers, availability of resources both infrastructure and others and assessing them based on weighted average scores. This has geo-tagging and picture capture capabilities and the reports of the assessment can be presented in the form of dynamic dashboards.
### HELLENS FIELD FOUNDATION

#### Income Statement

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<tr>
<td>Expenses</td>
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<tr>
<td>Net Income</td>
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#### Balance Sheet

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<tr>
<th>Description</th>
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</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>Liabilities</td>
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<tr>
<td>Net Worth</td>
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