



2



Años de
Excelencia en
Fisioterapia
Manual Ortopédica

Program III OMT-E Congress
June 8th -9th, 2018

Plenary sessions (mornings) in the College of Medicine, auditorium.
Workshop sessions (afternoons) and meals at the FCS (College of Health Sciences of The University of Zaragoza).

Friday, June 8th

8:30–9:00h: Accreditations. College of Health Sciences. Low level

College of Medicine. Assembly Hall


9:00–9:30h: Inauguration and international presentation


9:30 AM: Table 1

College of Medicine

9:30–10:00h: "Traction movement in the glenohumeral joint, a radiological video analysis". Andreas Gattermier

10:00–10:40h: Free communications

- "Hammock effect" of the Redondo Mayor muscle: an additional component of Glenohumeral safety. Anatomical and radiological study. "Dr. Martín Barra
 - "Reliability and validity of shoulder evaluation scales". Systematic review. "Mario Muñoz.
 - "Exploratory research on the use of social networks by physiotherapists and patients". Héctor Tricás.
 - "Pain scales in the evaluation of patients according to the classification of the type of pain". Ana Rodríguez
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- "Time-dependent change of range of motion and muscle hardness (elastography of cutting waves) in the gastrocnemius with the technique Diacutaneous fibrillation and static stretching". Tatsuya Horiguchi

10:40–11:00h: round table

College of health sciences

11:00–11:30h: coffee break

11:30h: **Table 2**

College of Medicine

11:30–12:00h: **"Manual physiotherapy for neck pain with mobility deficits: a case report"**. Dr. Kenneth Olson.

12:00–12:40h: free communications


- "Comparative study of the effects of suboccipital techniques in healthy subjects with mobility restriction according to the Rotation Flexion Test". Vanesa González
- "International criteria for the diagnosis and treatment of benign paroxysmal positional vertigo". Conductolithiasis of the posterior semicircular canal. "Juan José García.
- "Validity and reliability of Smartphone applications to measure the range of motion of the cervical and upper spine in patients with chronic cervical pain". Jacobo Rodríguez.
- "Effect of the cross section of the superior ligament in the range of movement of the superior cervical rotation and tilt". César Hidalgo.
- "Reliability of measurement of the carpal tunnel and the median nerve in asymptomatic subjects with ultrasound". Ricardo Bullon

12:40–13:00h: round table

College of Health Sciences ground floor

13:00–13:30h: session sign





13:30–15:00h: food

15:00–16:30: workshops 1 and 2

Room Seven on the ground floor of the College of Health Sciences

Workshop 1: "Traction manipulation of the upper cervical spine: biomechanical approach". Dr. Markku Paatelma and Dr. César Hidalgo.
(from 2:15 p.m. to 3:45 p.m.)

Classroom 1 floor 1 of the Faculty of Health Sciences

Workshop 2: "Advances in the approach to carpal tunnel syndrome".
Dr. Sandra Jiménez.

16:30–17:00: rest

17:00–18:30: workshops 3 and 4

Classroom 1 floor 1 Faculty of Health Sciences

Workshop 3: "Integrated invasive techniques in the OMT approach".
Juan Carlos Palacio

Room 3, ground floor of the Faculty of Health Sciences

Workshop 4: "Soft tissue approach for the patellofemoral pain syndrome". Dr. Pablo Fanlo Mazas

Saturday, June 9th

9:00h: Table 3

College of Medicine. Assembly Hall

9:00–9:30h: "Hip training and motor control". Dr. Ragnar Faleij.

9:30–10:30h: free communications

- "Active lumbar control in adolescents practicing rhythmic gymnastics at a professional level". Marta Levis.



- "Settlement test: effect of sex, age and leg mastery on sensory responses to structural differentiation in asymptomatic subjects". Gianluca Ciuffreda
- "Transverse training of the abdomen in chronic low back pain". Variations in thickness and changes in clinical improvement. "Gemma Nin.
- "Immediate effect of manipulation / mobilization for acute lateral ankle sprain, and investigation of the difference in the treatment period between OMT and general PT: clinical trial". Tomohide Noso.
- "Effect of the joint position of the hip during traction" distal grade III manual in subjects with coxarthrosis. "María Fortún.

College of Health Sciences. Lower level

10: 30–11: 00h: session sign

11: 00–11: 30h: coffee break

11:30: **Table 4**

College of Medicine

11: 30–12: 00h: "Clinical relevance of soft tissue in the Upper Extremity and its OMT approach". Dr. Carlos López de Celis and Dr. Martín Barra López.

12: 00–13: 00h: free communications

- "Relationship between the frontal static alignment of the lower limb and the flexibility of the main limbs, functionally related to the knee and hip". Orosia Fight
- "Changes in the dimensions of the carpal tunnel and median nerve during the mobilization of the carpal bones". Sonia Rodríguez.
- "Neurodynamic test of the tibial and sural nerves: study of the normal sensory response in asymptomatic subjects and intra-examiner reliability". Alberto Montaner
- "Study on the effect of neurodynamic sequencing in the median nerve test in asymptomatic subjects". Andrea Goñi.

- “Dimensional changes of the tarsal tunnel at different ankle joint positions in asymptomatic subjects”. Julia Salcedo

13:00h: "Trajectory of the OMT training. Present and future. "Jose Miguel Tricás

13:30: Award ceremony.

College of Health Sciences

13: 45– 15:00h: food

15: 00–17: 00h: **workshops 5 and 6**

Classroom 1 floor 1 FCS.

Workshop 5: "Approach of the upper cervical spine in cervicogenic dizziness". Andoni Carrasco

Classroom 2 floor 1 FCS

Workshop 6: "Physiotherapy after rotator cuff repair of the shoulder." Rudolf Raschhofer

