

WOMEN'S HELPLINES IN 46 EUROPEAN COUNTRIES

The following is a table of national women's helplines available in 46 European countries. When there is no national helpline, a regional or general helpline is listed (these countries are marked with a *). Women's national helplines are among the most vital

COUNTRY	NAME	PHONE NUMBER
Albania	Counselling Line for Women and Girls	+355 422 33408 0800 4020
Armenia	The National Hotline for Women Victims of Domestic Violence and their Children	+374 105 428 28 0800 80 850
	Hotline for Women Victims of Domestic Violence and their Children	+374 998 878 08
Austria	Women's Helpline against Violence	0800 222 555
Azerbaijan	Clean World Hotline	+99 412 408 5696 012 511 11 51, 012 408 56 86
Belarus*	National Hotline for survivors of domestic violence	8 801 100 8 801
	National Toll-free Children Helpline	8 801 100 16 11
	Hotline for Safe Migration	113
Belgium*	Hotline for all types of violence, domestic (any member of the family) sexual violence, honour related violence, and more, child abuse, elder abuse	1712 (Flemish)
	Ecoutes Violences Conjugales (for marital violence)	0800 30 030 (French)
	SOS Viol (for sexual violence)	+32 2 534 36 36 (French)
	Mon Mariage M'appartient (forced marriage helpline)	0800 90 901 (French)
	Crisis Situation Helpline (for persons in distress)	106 (Flemish), 107 (French), 108 (German)
Bosnia and Herzegovina	SOS Line for Help of Women and Children, victims of domestic violence	1264 (Republika Srpska), 1265 (Federation of Bosnia and Herzegovina)
Bulgaria	24/7 Hotline for Women, Juveniles and Children	+359 2 981 76 86 +359 0 800 18 676
Croatia*	Autonomous Women's House Zagreb	0800 55 44
	Harbri Telephone (Children's Helpline)	116 111
	SOS Helpline for Victims of Trafficking	0800 77 99
Republic of Cyprus	Emergency Social Services Line (northern area of Cyprus)	183
	Domestic Violence Helpline (other part of the country)	1440
Czech Republic*	DONA Line	+420 251 51 13 13
	Safety Children's Line	116 111
Denmark	LOKK Hotline	+45 70 20 30 82
Estonia	Tugitefon	1492
Finland	Nollalinja/Zeroline (Women's Line)	+358 800 02400
France	Violences Femmes Info	3919
	Viols Femmes Information	0800 05 95 95
Georgia	National Women's Helpline	116 006
	Tbilisi Crisis Center of 'Sakhl'i' Advice Center for Women	+995 5952 32 101
	Consultation Hotline for Victims of Human Trafficking	2 100 229
	Anti-Violence Network of Georgia	2 726 717
	1505 Hotline	112
Germany	National Women's Helpline	08000 116 016
Greece	National Center for Social Solidarity (E.K.K.A.) (for persons in different crisis situations, including domestic violence)	197
	SOS Hotline	15 900
Hungary	NaNE Helpline for Battered Women and Children	06 80 505 101, +36 30 98 25 469 (for sexual violence)
Iceland	Kvennaathvarfið shelter helpline	561 1205
	Women's Shelter Reykjavik	+354 56 11 205
	Rape Emergency Service	543 1000
Ireland	National Freephone Helpline	1800 341 900

services for women's survivors of violence, they are one of the first places women can turn to receive immediate counselling and advice. **It is important to note that some of the following phone numbers cannot be called from abroad, as they are strictly national helplines and can only be used within the country. In such instances, we invite you to get in touch directly with the WAVE Members in relevant countries.**

COUNTRY	NAME	PHONE NUMBER
Italy	Numero Gratuito Antiviolenza e Antistalking	1522
Kosovo	Direct Line for Victims of Violence	0800 11112
	SOS Linja	+381 39 033 00 98
Latvia*	Center Marta for Trafficking Victims	800 2012
	Crisis Helpline	67222922, 27722292
	Children's Trust Helpline	116 111
Liechtenstein	Women's Helpline Frauenhaus Liechtenstein	+423 380 02 03
Lithuania*	Pagalbos Moterims Linija	8800 66 366
Luxembourg	Fraentelefon	12 344
Macedonia	National SOS Line	15 700
	National SOS Line – Phone of Trust	15 315
	SOS National Mobile Line	+389 75 141 700, +389 76 141 700 +389 70 141 700
Malta*	Supportonline 179	179
Moldova	Trust Line	8008 8008
Montenegro	SOS Helpline for Victims of Violence	080 111 111
Netherlands*	Veilig Thuis (for victims of domestic violence and child abuse)	0800 2000
Norway*	National Helpline for Victims of Incest and Other Sexual Abuse	800 57 000
	National Helpline for Victims of any Criminal Act	800 40 008
	National Helpline for Survivors of Sexual Abuse	800 57 000
	Crisis Situation Helpline	0800
Poland*	National Emergency Service for Survivors of Family Violence Blue Line	22 668 70 00
	National Emergency Service for Survivors of Family Violence	801 12 00 02
Portugal*	Serviço de Informação às Vítimas de Violência Doméstica	800 202 148
Romania*	National Women's Helpline	0800 500 333
	Bucharest: Sensi Blu Foundation	021 311 46 36
	Bucharest: ADRA	021 25 25 117
	Iasi: CMSC	023 225 29 20
	Targu Mures: IEESR	026 521 16 99
	Sibiu: A.L.E.G.	075 389 35 31
	Baia Mare: Centru Artemis	0262 25 07 70
	Timisoara: APFR	0256 29 3183
Russia	National Helpline for Women Victims of Domestic Violence	08800 700 600
Serbia*	Helpline for victims of domestic violence	0800 100 600
	Network of Women's Hotline in Vojvodina	0800 10 10 10
Slovakia	National Line for Women Surviving Violence	0800 212 212
Slovenia	SOS Helpline for Women and Children – Victims of Violence	080 11 55
Spain	Servicio telefónico de información y de asesoramiento jurídico en material de violencia de género (Telephone information and legal service on gender violence)	016
Sweden	Terrafem	020 52 1010
	Kvinnofridslinjen	020 50 50 50
Switzerland*	Dargebotene Hand (crisis helpline)	143, 147
Turkey	Hürriyet Emergency Domestic Violence Hotline	+90 212 656 9696 +90 549 656 9696
	Social Service Counseling Line for Family, Women, Children, and the Disabled	183
Ukraine	National Hot Line on Prevention of Domestic Violence, Trafficking and Gender Discrimination	0800 500 335 116123 (for mobiles)
United Kingdom	ENGLAND: National Domestic Violence Helpline	0808 2000 247
	ENGLAND: Rape Crisis Helpline	0808 802 999
	NORTHERN IRELAND: 24 Hour Domestic and Sexual Violence Helpline	0808 802 1414
	SCOTLAND: Scottish Domestic Abuse Helpline	0800 027 1234
	Rape Crisis Scotland Helpline	0808 8010 302
	WALES: Live Fear Free Helpline	0808 8010 800
	Rape Crisis Helpline	0808 802 9999



WAVE – WOMEN AGAINST VIOLENCE EUROPE

EUROPEAN NETWORK AGAINST VIOLENCE AGAINST WOMEN AND CHILDREN

The WAVE Network

The WAVE Network was established in 1994 as a network of women's NGOs and specialist women's support services (women's shelters, women's centers, intervention centers, helplines and other services). The main objective of WAVE is to work towards elimination of all forms of discrimination and violence against women and their children and to promote the right of women and girls to live free from violence in both the public and the private sphere and to promote the human rights of women and girls.

The WAVE office serves as a linchpin for the whole network of WAVE.

The WAVE Network is comprised of 141 Members (Aug. 2018), located throughout 46 European countries. Through these Members, together with the extensive WAVE online database, the network reaches out to more than 4,000 women's organizations across Europe. The members of WAVE include women's organizations, individuals and networks working to end violence against women and their children. Additionally, honorary membership can be granted. Prof. Dr. Carol Hagemann-White is the first honorary member of WAVE.

How to become a WAVE Member:

If you are interested in becoming a WAVE member, please contact our office: office@wave-network.org

Benefits of being a WAVE Member:

- ▶ Access to the WAVE office database and publications: www.wave-network.org
- ▶ Up to date information through the WAVE newsletter
- ▶ Exchange with other organizations and experts within the same field in Europe
- ▶ Attending different WAVE events such as WAVE annual conferences, trainings and seminars
- ▶ Being part of an international body with a voice in Europe.

The WAVE Database is publicly available on the WAVE website and contains data of about 4,000 organizations. The Database helps survivors and practitioners to find comprehensive information on available women's support services in their own, and in other European countries, through the website rubric 'Get Help'. www.wave-network.org

WAVE INFORMATION CENTRE

The WAVE Information Centre provides direct support to persons seeking information and help, to survivors as well as to other persons. Violence against women and their children are not crimes that stop at borders. Migration and the growing mobility of people in the European Countries have increased the number of cases of violence against women and domestic violence with cross-border dimensions.

The WAVE Information Center also provides information to persons from different organizations and institutions seeking contacts to organizations in other countries for cross-country cooperation and exchange. Additionally, the Center answers requests from governments, academics, the media and from the general public.

Opening hours: Monday to Friday, 9:00 to 14:00 (CET)
Phone: +43 (0) 1 548 272 0
Email: office@wave-network.org

Help us to fight violence against women and children: Donate!

Bank Holder: WAVE (Women against Violence Europe)
Bank Austria
BLZ: 12000 | Account number: 00610 782 021
IBAN: AT75 1200 0006 1078 2021 | BIC/SWIFT: BKAUATWW

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Instagram: [womenagainstviolenceeurope](https://www.instagram.com/womenagainstviolenceeurope)

WAVE Members (As of August 2018)

ALBANIA:

1. **Albanian Women Empowerment Network (AWEN)** • info@awenetwork.org
2. **Center for Legal Civic Initiatives** • aurboz@yahoo.com • avokatore2@yahoo.com
3. **Counseling Line for Women and Girls**
4. **Gender Alliance for Development Center (GADC)** • marqimandriti@gadc.org.al
5. **Human Rights in Democracy Center (HRDC)** • info@hrdc.al • qdnjd.albaniaonline.net
6. **Women's Association Refleksione** • info@refleksione.org
7. **Woman Forum Elbasan** • forumigruaselbasan1991@gmail.com
8. **Woman to Woman** • atila_deda@yahoo.com • gruajatekgruaja@gmail.com

ARMENIA:

1. **Sexual Assault Crisis Center** • sacc.arm@gmail.com
2. **Women's Right Center** • wrcarm@wrcorg.am
3. **Women's Support Center** • wsc.armenia@gmail.com • ani@womensupportcenter.org

AUSTRIA:

1. **Austrian Women's Shelter Network – Information Centre against Violence AÖF** • informationstelle@oef.at
2. **Domestic Abuse intervention Centre Vienna** • office@interventionstelle-wien.at
3. **Network of Austrian Counselling Centres for Women and Girls** • netzwerk@netzwerk-frauenberatung.at

AZERBAIJAN:

1. **Clean World Social Union** • tamizdunyasu@gmail.com

BELARUS:

1. **International Public Association “Gender Perspectives”** • ialkhovka@yahoo.com • info@genderperspectives.by
2. **Law Initiative – Commission on Women's Rights** • hustsinava@gmail.com • naduha1984@mail.ru

BELGIUM:

1. **Collectif contre les Violences Familiales et l'Exclusion (CVFE)** • refuge@cvfe.be
2. **Department of Health and Welfare, Violence Victims and Policy Coordination – Province of Antwerp** • pascale.franck@welzijn.provant.be
3. **Garance ASBL** • info@garance.be

BOSNIA AND HERZEGOVINA:

1. **Foundation United Women Banja Luka** • office@unitedwomenbl.org
2. **Medica Zenica Information** • medica1@bih.net.ba

BULGARIA:

1. **Alliance for Protection against Gender-Based Violence** • bulgarian_alliance@mail.bg • an_nikolova@abv.bg
2. **Bulgarian Gender Research Foundation** • office@bgrf.org
3. **Nadja Centre** • centrenadja@abv.bg

CROATIA:

1. **Autonomous Women's House Zagreb** • azkz@zimir.net
2. **B.a.Be., Be active. Be emancipated** • babe@babe.hr
3. **Centre for Women War Victims ROSA** • cenzena@zimir.net
4. **Women's Room – Center for Sexual Rights** • zenska.soba@zenskasoba.hr

CYPRUS:

1. **Association for the Prevention and Handling of Violence in the Family** • [yiotat@domviolence.org.cy](mailto:yiota@domviolence.org.cy) • info@domviolence.org.cy
2. **Association of Women to Support Living (KAYAD)** • info@kayadcommunitycenter.com •
3. **Mediterranean Institute of Gender Studies (MIGS)** • susana@medinstgenderstudies.org

CZECH REPUBLIC:

1. **proFem – Central European Consulting Centre** • info@profem.cz
2. **ROSA – Centre for Battered and Lonely Women** • info@rosa-os.cz

DENMARK:

1. **Kvinnuhusid** • post@kvinnuhusid.fu
2. **L.O.K.K – National Organisation of Women's Shelters in Denmark** • sekretariat@lokk.dk

ESTONIA:

1. **Estonian Women's Shelters Union** • info@naisteliin.ee
2. **Tartu Child Support Center** • ch.abuse@online.ee
3. **Women's Shelter of Tartu** • info@naistetugi.ee

FINLAND:

1. **Federation of Mother and Child Homes and Shelters** • sari.laaksonen@ensijaturvakotienliitto.fi
2. **Women's Line Finland** • toimisto@naistenlinja.com

FRANCE:

1. **Fédération Nationale Solidarité Femmes-FNSF** • direction@solidaritefemmes.org

GEORGIA:

1. **Anti-Violence Network of Georgia** • natoshavlakadze@gmail.com • antiviolence@avng.ge
2. **Cultural-Humanitarian Fund “Sukhumi”** • womansukhumi@gmail.com
3. **Sakhli – Advice Center for Women** • sakhli13@hotmail.com
4. **Women's Information Center (WIC)** • office@ginsc.net

GERMANY:

1. **bff: Bundesverband Frauenberatungsstellen und Frauennotrufe – frauen gegen gewalt e.V.** • info@bv-bff.de
2. **BIG e.V. – Berliner Interventionsprojekt gegen häusliche Gewalt** • mail@big-koordinierung.de • wildvang@big-koordinierung.de
3. **Frauenhauskoordinierung e.V.** • info@frauenhauskoordinierung.de
4. **GESINE-Netzwerk Gesundheit.EN** • info@gesine-intervention.de
5. **KOFRA – Kommunikationszentrum für Frauen zur Arbeits und Lebenssituation** • kofra-muenchen@t-online.de
6. **PAPATYA – Kriseneinrichtung für Junge Migrantinnen** • info@papatya.org
7. **ZIF – Zentrale Informationsstelle der autonomen Frauenhäuser des BRD** • zif-frauen@gmx.de

GREECE:

1. **European Anti-Violence Network** • info@antiviolence-net.eu
2. **Union of Women Associations of Heraklion Prefecture** • info@kakopoiisi.gr • projects@kakopoiisi.gr

HUNGARY:

1. **NANE-Women's Rights Association** • info@nane.hu

ICELAND:

1. **Stigamot – Counselling and Information Centre on Sexual Violence** • stigamot@stigamot.is
2. **Women's Shelter Organization in Iceland** • kvennaathvarf@kvennaathvarf.is

IRELAND:

1. **Rape Crisis Network Ireland** • info@rcni.ie • director@rcni.ie
2. **Safe Ireland** • office@safeireland.ie
3. **Sexual Violence Centre Cork** • info@sexualviolence.ie
4. **Women's Aid Ireland** • info@womensaid.ie •

ITALY

1. **Associazione Nazionale d.i.re Contro la Violenza (donne in rete contro la violenza) - d.i.r.e. women's network against violence** • segreteria@direcontrolaviolenza.it • pirrone@pmlx.it • annapram@women.it
2. **Associazione Nazionale Volontarie Telefono Rosa-Onlus** • telefonorosa@alice.it

KOSOVO

1. **Women's Wellness Centre** • arditabala@hotmail.com • aramizibala@gmail.com

LATVIA

1. **Križu un Konsultāciju Centrs Skalbes** • skalbes@skalbes.lv

LIECHTENSTEIN

1. **Frauenhaus Liechtenstein** • info@frauenhaus.li

LITHUANIA

1. **Vilniaus Moteryų namai – Intervention Centre** • vmotnam@vmotnam.lt

LUXEMBOURG

1. **Femmes en Détresse asbl** • organisation@fed.lu

MACEDONIA

1. **National Council for Gender Equality – NCGE** • sozm@t-home.mk • sozmr@unet.com.mk
2. **National Network to End Violence against Women and Domestic Violence – Voice against Violence** • coordinator@glasprotivnasilstvo.org.mk • dimushevaska@glasprotivnasilstvo.org.mk

MALTA

1. **Commission on Domestic Violence** • domesticviolence@gov.mt
2. **Network Forum Malta** • info@wrf.org.mt

MOLDOVA

1. **Association Against Violence “Casa Marioarei”** • cmarioarei@gmail.com
2. **Center for Support and Development of Civic Initiatives “Resonance”** • civicinitiatives@gmail.com
3. **National Coalition ‘Life without Violence’** • secretariat.coalitie@gmail.com
4. **Rehabilitation Center for Torture Victims ‘Memoria’** • rctv@memoria.md • milapopovici@yahoo.com
5. **Women's Law Centre** • natalia_vilcu@hotmail.com

MONTENEGRO

1. **SOS Hotline for Women and Children Victims of Violence Niksic** • natasa.medjedovic@sosnk.org

NETHERLANDS

1. **Federatie Opvang** • L.vanBemmel@opvang.nl • info@opvang.nl
2. **MOVISIE** • info@movisie.nl
3. **Stichting Zijweg** • info@stichtingzijweg.nl • susanne@stichtingzijweg.nl

NORWAY

1. **Secretariat of the Shelter Movement** • tsm@krisesenter.com • sbo@krisesenter.com

POLAND

1. **Autonomy** • fundacja@autonomia.org.pl • a.teutsch@autonomia.org.pl
2. **Centrum Praw Kobiet** • sekretariat@cpk.org.pl

PORTUGAL

1. **AMCV – Associação de Mulheres Contra a Violência** • sede@amcv.org.pt • ca@amcv.org.pt

ROMANIA

1. **A.L.E.G Association for Liberty and Equality of Gender** • aleg_romania@yahoo.com • contact@aleg-romania.eu
2. **ANAI Association** • contact@asociatia-anais.ro • mihaela.mangu@asociatia-anais.ro
3. **Artemis Counselling Centre against Sexual Abuse** • contact@afiv-artemis.ro
4. **CPE – Center Partnership and Equality** • info@cpe.ro

RUSSIA

1. **ANNA – National Center for Prevention of Violence** • annaruss93@gmail.com
2. **Crisis Centre Ekaterina** • kc-ekaterina@mail.ru • selkova4@yandex.ru
3. **Nizhny Novgorod Women Crisis Center** • nastyaps@mail.ru

SERBIA

1. **Association Fenomena / SOS Kraljevo** • fenomena06@gmail.com • wave.fenomena.serbia@gmail.com
2. **Autonomous Women's Center (AWC)** • e-mail: azc@azc.org.rs • consultations: zene.savet@azc.org.rs • free legal aid: pravnapomoc@azc.org.rs

SLOVAKIA

1. **Alliance of Women in Slovakia** • alianciazien@alianciazien.sk
2. **FENESTRA** • fenestra@fenestra.sk

SLOVENIA

1. **Association for Nonviolent Communication** • info@drustvo-dnk.si • katja.zabukovec@guest.arnes.si
2. **Association SOS Helpline for Women and Children** • drustvo-sos@drustvo-sos.si

SPAIN

1. **Asociación de Mujeres Valdés Siglo XXI**
2. **Asociación Otro Tiempo**

3. **Centro de Asistencia a Víctimas de Agresiones Sexuales – CAVAS** • asociacion@cavasmadrid.es
4. **Directorate General for Gender-based Violence, Youth Affairs and Juvenile Crime** • violenciadegenero@carm.es
5. **Federación de Asociaciones de Mujeres Arena y Laurisilva** • obartru.arenaylaurisilva@gmail.com • info.arenaylaurisilva@gmail.com
6. **Fundación para la Convivencia ASPACIA** • info@fundacion-aspacia.org • virginia.gil@fundacion-aspacia.org
7. **Hèlia – Associació de suport a les dones que pateixen violència de gènere** • helia@heliadones.org
8. **Oficina de gestión, preparación y supervisión de programas europeos. Fundación para la atención e incorporación social (FADAIS). Consejería para la igualdad y bienestar social** • olivia.luna.c.ext@juntadeandalucia.es
9. **Plataforma Unitària contra les Violències de Gènere** • prouviolencia@pangea.org

SWEDEN

1. **ROKS – National Organisation for Women's and Girls' Shelters in Sweden** • info@roks.se
2. **UNIZON** • info@unizon.se • natalia.batenkova@unizon.se

SWITZERLAND

1. **Dachorganisation der Frauenhäuser der Schweiz und Liechtenstein** • dao@frauenhaus-schweiz.ch
2. **Terre des femmes** • info@terre-des-femmes.ch • s_eggler@terre-des-femmes.ch
3. **Violence que faire** • marion.labeaut@violencequefaire.ch

TURKEY

1. **Kadın Dayanışma Vakfı – The Foundation for Women's Solidarity** • bigi@kadindayanismavakfi.org.tr
2. **Mor Çati – Women Shelter's Foundation** • morcati.org.tr

UKRAINE

1. **International Women's Rights Center La Strada – Ukraine** • info@la-strada.org.ua; kalashnyk@yahoo.com
2. **Sumy Local Crisis Center (SLCC)** • svetykz@gmail.com
3. **Women's Information Consultative Center** • wicc@empedu.org.ua

UNITED KINGDOM

1. **IMKAAAN** • admin@imkaan.org.uk
2. **Latin American Women's Aid** • info@lawadv.org.uk • salma@lawadv.org.uk • yenny@lawadv.org.uk
3. **Latin American Women's Rights Service** • lawrs@lawrs.org.uk
4. **London Black Women's Project** • info@lbwp.online • bbanga@lbwp.online
5. **NIA Ending Violence**
6. **REFUGE** • press@refuge.org.uk
7. **Scottish Women's Aid** • info@womensaid.org.uk • marsha.scott@scottishwomensaid.org.uk
8. **Solace Women's Aid** • info@solacewomensaid.org • advice@solacewomensaid.org
9. **Welsh Women's Aid** • info@welshwomensaid.org.uk
10. **Women's Aid Federation England** • s.hawkins@womensaid.org.uk
11. **Women's Aid Federation Northern Ireland** • info@womensaidni.org
12. **WWA– Aberystwyth Women's Aid** • info@welshwomensaid.org.uk
13. **Zero Tolerance** • info@zerotolerance.org.uk

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