



Friends Of Baxter Animal Care

'WHERE ANIMALS ALWAYS COME FIRST'

Year end 2020



Christmas is here already and I'd like to share a few highlights to end the year. Our animal distant healing group continues to help many animals and our in-person therapy sessions are now available to book again. Animal Reiki training and rescue therapy sessions will recommence when the rescue centres that we support reopen. We are working on plans that will see progressive developments next year and I have been extremely busy leading a project that will benefit animals nationwide. We'll also be revealing sweet but prickly Davelook out for him in the New Year. As always, we welcome any new volunteers if you fancy joining us
Best wishes, Merry Christmas and stay safe
Sue, Founder of Friends Of Baxter Animal Care



Our Distant Healing Group work - a great success

The centres where we offer most of our free therapy sessions have not reopened yet and so we have been active with our wonderful weekly animal distant healing group, to whom I am very grateful. Cats, dogs, horses, donkeys and goats, primarily in rescue centres and sanctuaries have been receiving free weekly Reiki and we even received a request for bears. The healing energy has felt exceptionally strong and the feedback received over many weeks has been fantastic!



It's been lovely to help animals with general aches and pains, mouth and jaw issues, those recovering from surgery or struggling with stress and anxiety from recent or longer term past trauma. We have also been advised that our Reiki has helped animals who were not getting on well together or not eating. Reiki and TLC has helped them on their way, along with medical care/ treatment where required. These images show just a few of the many animals we have helped/ are helping. We look forward to helping more animals and to seeing them in-person where it is practical to do so. In the meantime, our love goes to them all.

Animal rescue and rehoming

As a result of COVID, our plans for rehoming have had to be postponed. We will start this activity when feasible. Animal therapy courses will also start again when we can do so safely in accordance with Covid guidance. Two of our volunteers have however fostered a hedgehog - more about Dave will appear soon.



Professional recognition of Animal Reiki

For some time, I have been keen to see training standards for Animal Reiki Practitioners so as Animal Reiki Co-ordinator for the UK Reiki Federation, I have led a Reiki Council project (with nine Reiki organisations). In the new year, Reiki organisations will start to offer Animal Reiki recognition/membership and applicants will need to meet requirements that demonstrate an understanding of animals as well as an ability to deliver Reiki competently. We have developed a supporting publication too.

Friends Of Baxter Animal Care will deliver training that is aligned to these requirements. We aim to produce excellent practitioners so that animals, and their carers/ owners will be offered the best possible holistic care. We know that animals love and benefit from Reiki... this recognition will start to raise the profile of Animal Reiki and the practitioners trained to high standards.

Understanding Animals A working guide for Reiki Practitioners



Essential information for anyone who works with animals



THANKS to our amazing team of volunteers (just a few featured here)



A big thanks to all of our volunteers - out and about helping animals, distant healers and behind the scenes - everyone makes a real difference. We are what we are because of you! A Merry Christmas to you all too.

Quick safety reminder

Be especially careful that any animals you care for are not tempted by low lying foods that can cause serious ill health such as dried fruit, chocolate, macadamia nuts and foods containing the artificial sweetener, xylitol

We look forward with excitement

Progress has been slower than expected, dashed late 2019 by charity status refusal on the grounds that holistic therapies don't offer a benefit - we know they do! This prevented anticipated funds being received. Then in 2020 Covid impacted significantly.

In 2021 though, we hope to be back at The Wonkey Donkey Visitor Centre, Yorkshire Cat Rescue & Hope Pastures, and benefit other animal centres too. We are optimistic about activities planned/underway to drive our intended future and to raise funds that will move us closer to establishing our own animal rescue, rehabilitation and training centre.

Reiki training (with The Reiki Experience) continues to grow and Animal Reiki Training will recommence asap, along with Animal Therapy Workshops when possible. Animal Reiki sessions will continue too.

We have a mission to help sick, abandoned and cruelly treated animals, using holistic approaches to offer gentle, yet effective benefits in support of any required vet care. We will succeed when the time is right.



For more information, to volunteer or to make a donation please contact us via

Email: info@friendsofbaxter.org.uk

www.friendsofbaxter.org.uk

Tel : 07737386948