

## 'WHERE ANIMALS ALWAYS COME FIRST'



Summer has finally arrived and it's time to remind those caring for animals that they need sun protection too or they can suffer silently, extremely in some cases. Four volunteers and myself have bravely abseiled to raise funds for our project to start rehoming animals and we've been out to more events. We're also about to branch into a new range of workshops, the first being Canine Massage and Mindfulness but book quickly as places are limited. (3)

Best wishes,

Sue Malcolm, Founder







## **NEW: Canine Massage and Mindfulness Workshop**

If two hours away from 'normal' life in a relaxing space with your dog, learning and practicing an amazing yet simple, foundational massage technique (effleurage) appeals, then come along to this £30 Workshop on Sept 14<sup>th</sup> in Wakefield 11-1.15pm.

You can then use this technique at home with your dog(s).

Canine massage is a natural therapy used to restore, maintain and enhance your dog's overall wellbeing. Being holistic, it works collectively on the dog's whole body, mind and emotions. It can help you to better understand your dog's body and intensify the bonds between you too.

Dogs must be dog friendly. See <a href="https://www.friendsofbaxter.org.uk/therapy-training/">www.friendsofbaxter.org.uk/therapy-training/</a> (bottom of page) or contact us to book.



## Think sun-protection for animals too when it's hot.

Focus on dogs: Avoid long spells of direct sun and think before a dog walk on sunny days. Hot tarmac and other surfaces can burn their paw pads.

To protect dogs from harsh UV rays, apply high protection factor non-toxic (no zinc oxide) sunscreen to sensitive areas such as the nose, paw pads, belly, underside of legs, inner ear potentially, also where a short coat or small amounts of fur results in skin being exposed. Baby and child sun protectors can be a good choice.

If your dog looks warm, cool him/her gently, especially the paws, with fresh, cool (not too cold) water. Seek veterinary advice in more extreme cases and for dogs with skin conditions. See our June newsletter for the danger of dogs in hot cars.



## Thanks to our volunteers for raising over £600

Our team of novice abseilers have already raised over £600 from our 100ft sponsored abseil on July 20th. The money will go towards setting up phase 2 of our work – to start rehoming animals in need of a safe and loving home. What an amazing day - abseiling twice, often with a feeling of trepidation taking the first step back off the top of the rock, and then rock climbing in the afternoon with every penny going towards this new phase.

A big THANK YOU to those taking part and involved in fundraising, also to everyone who has sponsored us.

If you would like to contribute, please do so via our website 'donate' button, or if you're quick www.justgiving.com/crowdfundin q/friendsofbaxteranimalcare

NEW VOLUNTEERS – We welcome anyone who might like to volunteer for us whether on a regular basis or just ad hoc when you have a few hours. Tasks and roles vary, so there's sure to be something you would like to do. Volunteers meetings are held every 2 weeks and Trustees meetings are quarterly.

For more information please contact us via: