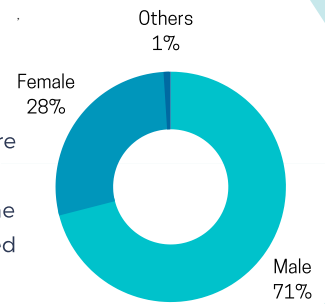


9534 Reached via Regular and MHPSS response during COVID-19

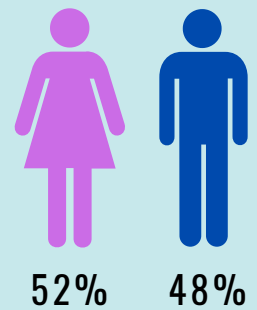
144 isolation and quarantine centers were visited between April-June. Various types of support were extended to people in quarantine ranging from individual counselling and PFA to group activities. 917 people were reached under center/regular support. 245 of them were reached through helpline support from districts, 144 were provided face-to-face counseling in the district, and 1721 were reached through group sessions and group orientations.



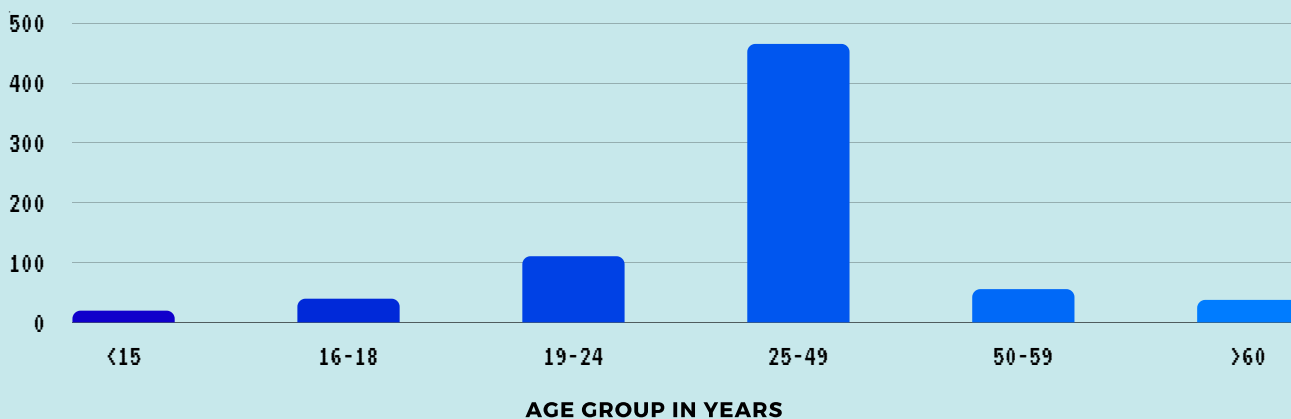
917 Reached from Center/Regular Support

People from all 7 provinces were reached via individual counselling (virtual medium), psychiatric support, helpline (toll free) service, research under various projects. 747 received psycho-social support. Overall, 1250 sessions were conducted. Here, 660 cases were new and 101 were follow-up cases. Similarly, 24 cases were referred to legal support and 63 to psychiatrist for specialized support.

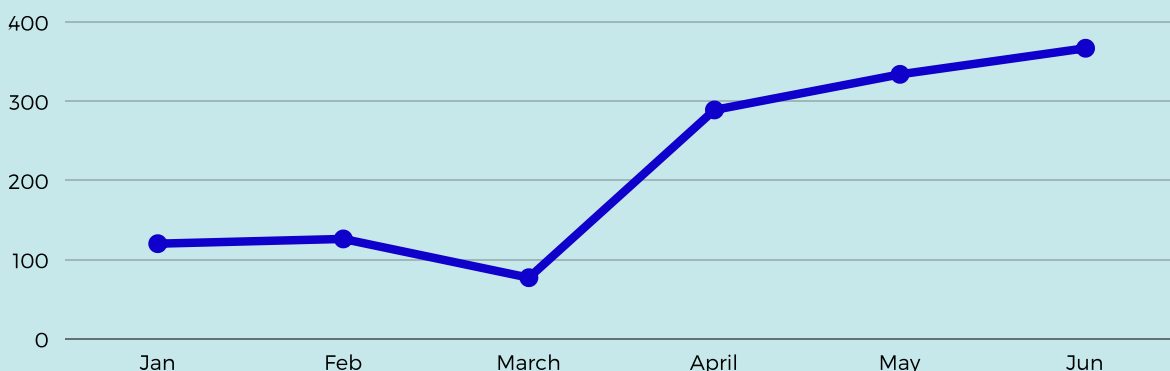
158 cases were provided psychiatry consultation. Overall, 284 sessions were carried out in three months. Total new cases were 131. 35 cases had panic disorder, 34 had generalized anxiety disorder, 25 had depression, 24 had schizophrenia, and remaining 40 had some other form of mental disorder including bipolar disorder, substance use disorder, etc.



AGE WISE DISTRIBUTION (N=917)



The graph below shows the number of people who received service from TPO Nepal in each month from January to June, 2020 (from center and regular projects). We can see that the number of people taking service dropped on March, which was when lock-down was first imposed in Nepal. After March, the number of beneficiaries seeking MHPSS has been increasing progressively.



TRENDS OF MHPSS SERVICES (JAN-JUN, 2020)