Over 16 000 000 people worldwide attempt suicide every year and about 800 000 people die by suicide.1 World Health Organization report, Nepal has an estimated 6,840 suicides annually, or 8.2 suicides per 100,000 people. Suicide is currently the leading cause of death for Nepalese women aged 15–49. An assessment of mental health need after four months of Nepal Earthquake highlights the increased suicide rates in earthquake exposed population thus, Transcultural Psychosocial Organization Nepal (TPO Nepal), from the financial support of Australian Aid, conducted 11 months long suicide prevention project in Sindhupalchowk district in 2017. The project reached 1230 people by community outreach. We were able to support 99 individuals by proving psychosocial counseling and involving them in other community based initiatives. 17 counsellors working in Sindhupalchowk were also trained on suicide prevention. Police and Journalist (#21) were oriented on how to deliver message of suicide. The support was proven effective based on the community consultation and feedback from stakeholders. It was further highlighted to retain the program in the community to reduce the event of suicide.

The another phase of this project will contribute to mainstream psychosocial issues including the suicide prevention in our health and protection services.

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