



The Winterton Federation E-Safety Guidance for parents/carers



To help keep your child/children safe whilst using the internet please follow the guidance below.

1. PUT PARENTAL CONTROLS ON NEW DEVICES

If you are giving your child a new device, such as a tablet, smartphone or games console, make sure you set the device up and enable the parent controls. If you don't know how to do this, visit <https://www.internetmatters.org/>

2. MONITOR THE APPS YOUR CHILD DOWNLOADS

Your child will want to download some apps; make sure you know what they are using and check who they can connect with. Also look at the age restrictions of the app. For more information, visit <https://www.net-aware.org.uk>

3. TALK TO YOUR CHILD ABOUT THEIR DIGITAL LIFE

Start a regular dialogue with your child about their online lives. Make sure that they can share their worries and concerns with you. If you want to find out about potential dangers please visit <https://www.thinkuknow.co.uk/>

Other useful websites include:

For lots of tips and advice on keeping your child safe online visit <https://parentinfo.org/>

For parental information about online safety visit Know IT All
<https://www.childnet.com/resources/kia/>

and

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>