

## **Moving Up Project**

This project has been agreed by a team of secondary and primary headteachers, some of their own staff and colleagues from BEP, supported by Education Psychology / Access to Education and health colleagues.

The aim of the project is to create a universal activity that can be completed in school or at home by year 6's. The work is being commissioned / set by secondary schools through primary schools who may wish to adapt the task given particular needs of learners. The process begins with a letter from the secondary head, or other appropriate member of staff. We have included a model letter which you will need to adapt.

The central focus of the project is to support wellbeing and relationship building. Heads from both phases recognise the need to avoid testing and any heightening of anxiety. The project therefore begins with a creative and accessible activity that in non covid times was based on collecting objects in a shoe box. This has been presented here as a virtual activity.

Following on from the virtual happiness box we are asking a series of questions that prepare children for a piece of independent writing. We would like this to end up being done independently and to be 400 – 750 words long. Primary teachers may wish to adapt this process or support the preparation in any way they see fit to enable the child to access this work.

We have also included a resource that is much more scaffolded for pupils who cannot manage the standardised task. This has been thoughtfully developed by the EPS.

Ideally English teachers at the receiving secondary school will have a common task that will enable them to make some current assessment of a pupil's writing, though this is not the priority.

We are promoting the Happiness Box as something pupils will talk about in September and so while we are asking it to be done virtually it can be embellished as staff and children wish.

The transition working party is also very grateful to the input of FTB who have used their mental health schools team to develop a stand-alone piece of work around anxiety. We think this is excellent and hope that you will find time (circa 6 hours) to do this in school or pass it on to year 6 at home to do before the break.

Please help us to make this project work, especially at this difficult transition stage.

With special thanks to the working group,

Tim

Thanks to headteachers (and their staff):

Nigel Attwood – Bellfield Junior School

Sue Barratt – Al Furqan Primary School

James Hill – The Oaks Primary School

Jane Gotschel (Lordswood Girls)

Mike Dunn – Dame Elizabeth Cadbury School

Pete Weir – Washward Heath MAT

Nikki Hutchison – St Georges Academy

and

Janet Savage - Clinical Lead Birmingham School Health Support Service

Erin Docherty – Senior Lead Nurse (FTB, STICK, and Birmingham Childrens NHS Trust)

Caroline Chapman-Lees – Titan

Tracy Ruddle – Director of Continuous School Improvement (BEP)

Mandy McCrohon - BEP

Louise Shaw - BEP

Rosie Mason – BCC Home Bridging Team & Assistant Service Lead

Denise Harris – Services for Education

Katrina Burns – Senior Educational Psychologist

Steve Howell - COBS



Year 6

Moving Up Project

June 2020

Hello Year 6 pupil,

My name is Mr Cassidy and I am the Assistant Headteacher, who is in charge of Year 6 to Year 7 transition at Saltley Academy.

We are very excited about you joining our school in September 2020, as a New Year Seven pupil and looking forward to meeting you too.

Right now we are running a Moving Up Project with all our New Year 6 pupils to help us get to know you. All you have to do is prepare your Happiness Box and think about the questions on the next two pages, before doing a final piece of writing for us.

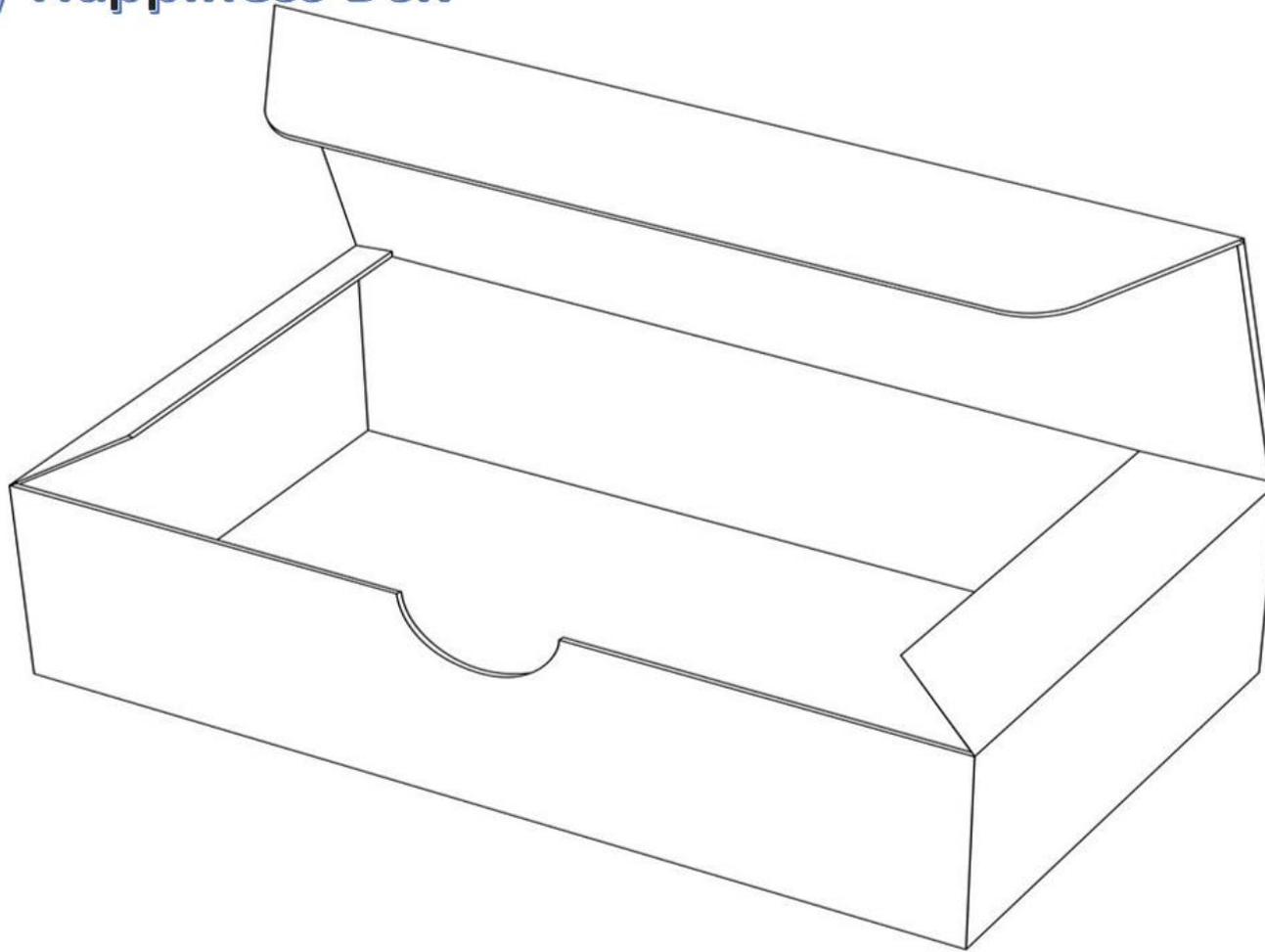
When you have finished please email your project back to [staffgca@saltley.bham.sch.uk](mailto:staffgca@saltley.bham.sch.uk) by Monday 13<sup>th</sup> July.

After all the projects are in we will read your final piece and ask you to talk about your happiness box with us in September.

Good Luck

Mr Cassidy

# My Happiness Box



This is your box of happiness! - We all have different things that make us happy - This is your chance to choose things that make you happy -On the next page please list the items you would include and explain why. Because we are doing this online the box can be as big as you want it to be. So you could include a pet or a person !!

When you start the new school in September you should be ready to talk about your Happiness Box then.

If you want to make or decorate the box in addition to the online version please go ahead but remember not to send that to your new school !

**ITEM 1**

**ITEM 3**

**ITEM 2**

**ITEM 4**

**ITEM 6**

**ITEM 5**

**ITEM 7**

**ITEM 10**

**ITEM 8**

**ITEM 9**

## **All about me**

We would love to know a bit more about you!

Firstly, get some ideas together. There are some headings which you could add your ideas to, but you don't have to use all of these. Start by jotting down notes under these headings in the ideas space, or on a separate piece of paper if you don't have a printer. You don't need to write in sentences here.

### **Who am I?**

What can you say about yourself – your name, personality, what you look like, where you come from? Tell us about your friendships.

Jot down your ideas here:

### **My family and pets**

Who have you been living with during lockdown? Tell us a about your wider family. Who do you get on with the best and why? What pets do you have or have you ever had?

Ideas:

### **Primary School/s**

Which schools have you been to? What lessons do you like and dislike – why? Do you have any special or funny memories from school?

Ideas:

### **Hobbies**

What do you do for fun? What hobbies/ activities did you do during lockdown? Are there things you have missed being able to do?

### **My new school**

What things are you looking forward to about starting Secondary School? Are there any things you are worried about? What would you like your new teachers to know about you?

Ideas:

### **Ambitions**

What hopes and dreams do you have for the future? Are there any jobs you think you would like to do? Are there any places you would like to visit?

Ideas:

### **Your writing 'All about me'**

Now use your ideas to create a piece of writing. Do your best writing – either on a computer or written by hand if you can scan it in.

The final piece of writing should be at least 400 words but no more than 750 words. Follow the instructions in the letter from your secondary school for sending your work to them.

**Alternative Resource:**

\_\_\_\_\_ 's 'Going Back to School' story

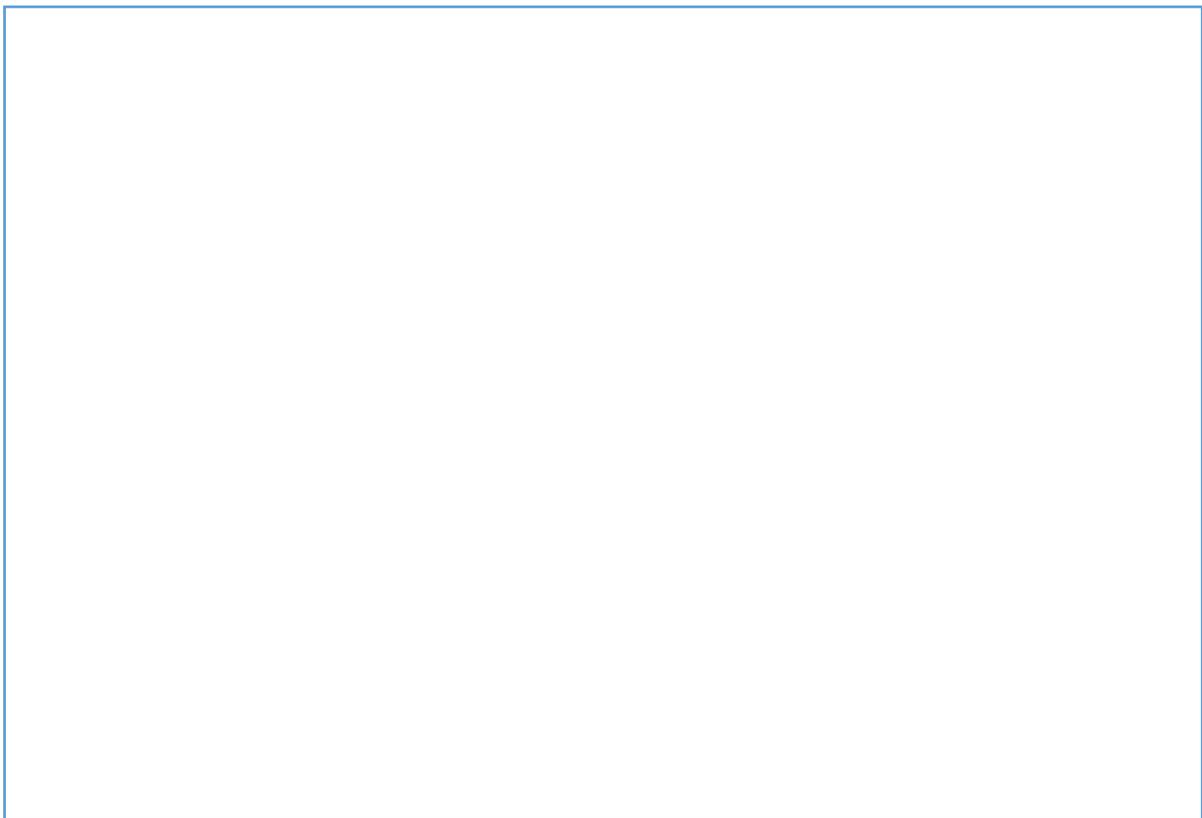
In the middle of March 2020, all of the UK schools were asked to close, to try and keep as many children and families as safe as possible from the spread of a virus called Coronavirus.

At this time, I was in Year \_\_\_\_, and my class teacher was \_\_\_\_\_.

When I found out that the schools were going to close, I felt \_\_\_\_\_  
because \_\_\_\_\_.

*(look at the end of this activity and you will find a bank of Feelings words).*

Here draw a picture of how that made you feel (if you want to).



I am sure a lot of children at this time were feeling the same, and this is okay as it was a very strange time.

Some children were able to spend their time at home with their families, doing fun things like

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My favourite thing we did in this break from school was

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and I can't wait to tell my teacher and friends about what we were doing.

How did school stay in touch with your family? Have you spoken to your friends? Below, draw a picture of what you have done whilst you have been at home, for example 'you doing school work or activities at home' or 'you talking to your friends'.



Now I am thinking about starting at my new school in September. The date I will be starting at my new school is \_\_\_\_\_.

This might mean a lot of change for me. For example:

1. The time I have to wake up. When I go back to school I will need to wake up at \_\_\_\_\_.
2. Getting ready for school. When I go back to school I will need to get these things ready (e.g. having a shower, eat breakfast, brushing teeth, get dressed, pack my schoolbag).

What I need to do	Time I have to do it

**Starting your new school** - What are you excited about? Are there any things that you are worried about? Do you have any questions that you would like to ask your new Form teacher?

What I am excited about	What I am worried about	Questions for my teacher

### Feelings vocabulary

Brave	Important
Cheerful	Relieved
Happy	Interested
Bored	Peaceful
Confused	Jealous
Surprised	Overwhelmed
Curious	Lonely
Proud	Loving
Disappointed	Confused
Frustrated	Tense
Embarrassed	Angry
Silly	Calm
Excited	Upset
Uncomfortable	Sad
Fantastic	
Worried	
Friendly	
Stubborn	
Generous	
Shy	
Ignored	
Satisfied	
Impatient	
Safe	

Can you think of any that we have missed? Add them to your list!