

GRATITUDE SCAVENGER HUNT

Feeling grateful for things we have can help us to deal with setbacks and challenges.

Can you find:

- 🐱 Something that makes you feel happy
- 👃 One thing you love to smell
- 👁️ Something you like to look at
- 👤 Something to give to someone to make them smile
- 🎵 One song that makes you feel happy
- 👤 Something that is your favourite colour
- 🌿 Something that makes you smile in nature
- 🛠️ One thing that is very useful for you