

	9:00 – 9:30	9:40 – 10:20	10:20 – 10:40	10:40 – 11:20	11:30-12:10	12:10 – 1:10	1:10 – 2:10	2:10-3:30
Monday	P.E with Joe Wicks/ exercise	Maths	Break/Snack	Literacy - Writing	Literacy - Spellings/Reading	Lunch	Topic/Project work	Walk/Garden
Tuesday	P.E with Joe Wicks/ exercise	Maths	Break/Snack	Literacy - SPaG	Literacy - Spellings/Reading	Lunch	R.E.	Mindfulness
Wednesday	P.E with Joe Wicks/ exercise	Maths	Break/Snack	Literacy - Writing	Literacy - Big Read Task	Lunch	Literacy – Guided Reading	Topic/Project work
Thursday	P.E with Joe Wicks/ exercise	Maths	Break/Snack	Literacy - Writing	Walk/Garden	Lunch	Literacy – Guided Reading	P.E. – GoNoodle Video
Friday	P.E with Joe Wicks/ exercise	Maths	Break/Snack	Mindfulness	Literacy - Spellings/Reading	Lunch	Topic/Project work	

Here is an example timetable of what your week could look like. Please make your own to set up your days so that it suits you and your family. For example - You may choose to do things like your daily walk or your reading etc at different times – I know that lots of you have been doing bike rides in the morning and reading at bedtime. This is just an example to help you to structure your day if you need it 😊