

unicef 

UNITED KINGDOM



RIGHTS
RESPECTING
SCHOOLS

ARTICLE OF THE WEEK

UNIFEATHERS SAYS “CAN YOU REMEMBER LAST WEEK’S RIGHT?”



Well done if you remembered that it was Article 24 – Health Care – which says that every child has the right to the best possible health.

This includes having doctors and nurses to look after you, clean water, nutritious food, and a clean environment and education on health and well-being.

CAN YOU GUESS THIS WEEK'S ARTICLE?

These pictures provide a clue to this week's article.

What do you think it might be?



INTRODUCING... ARTICLE 12



RESPECT FOR
CHILDREN'S VIEWS

Martin introduces Article 12 – Respect for the views of the child



Every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously.

This right applies at all times, for example during immigration proceedings, housing decisions or the child's day-to-day home life.



WHAT DO YOU NEED TO BE HEARD?

What sort of things
need to happen if
you are to get your
voice heard
properly?



DID YOU THINK OF ANY OF THESE THINGS?

- Adults properly listen to you
- You are given time to share your thoughts and opinions
- You are given information about the situation so that you can make a valid comment
- You are given help to be able to get across your opinion if you need it
- Opportunities are created to allow you to give your views in a way that works for you
- Feed-back is given so that you know that your views have been heard
- You know that you can speak honestly without getting into trouble even if your opinion is different from others
- You know that your opinion is welcome and respected

ACTIVITY TIME

The activities on the next two slides are related to...



It is important that you have your own opinion. It will not always be the same as others and that is ok. Share the book You Choose and see if you agree or disagree with the choices made.

In some stories children's views are ignored. Have you read 'Not Now Bernard!'? If not watch this story. What would you say to Bernard's parents if you had the chance?

What would make Coppice an even better place to come and learn? Make a list of things and put it somewhere safe. When we get back to school, give your list to your school council representative.

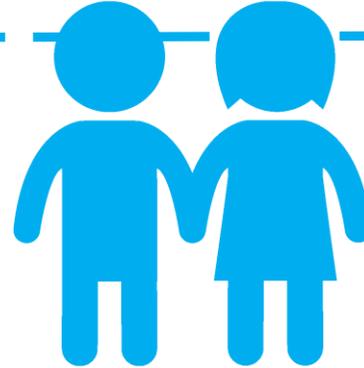
You don't need to do every single activity but if you have time you can do more than one.



ACTIVITY TIME

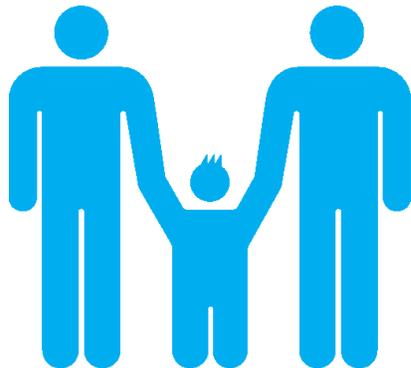


Have you ever thanked people at home who are good at listening to you? Design a card or picture, or write a letter to thank them for hearing your voice.



Find out about a child or young person who made sure their voice was heard. You could choose Malala Yousafzai or Greta Thunberg or see if you can find out about somebody less well known.

Are you familiar with organisations such as [Childline](#) and [YoungMinds](#) which support young people to express their views, concerns and worries. If not, spend a while exploring their website, you might find some of the guidance interesting or helpful. Think about sharing this information with your friends.



REFLECTION

Spend a few minutes thinking about these questions.

- Try to find somewhere quiet for a few minutes, sit comfortably and be as still as you can... just try to relax... and listen to the sounds, within your body, close by and further away. Try this [short guided meditation](#).
- How does it feel when you know that an adult has really listened to you?
- How can we show our appreciation and why is this important?
- How can we respect other people's right to have their voice heard? Even when we disagree?
- Ask yourself – what could I do to make my voice stronger? What should I really speak up about? How can I do this?



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THANK YOU