



PSHE Vision at Kingsway Primary School

Our approach to PSHE/Personal Development consists of a comprehensive and developmental programme of teaching and learning, which is delivered in the context of a 'healthy school' where the health and wellbeing of children and of the whole school community are actively promoted. Our PSHE Programme has a positive influence on the ethos, learning and relationships throughout the school. It is central to our values and to achieving our school's stated aims and objectives.

Our PSHE programme helps children to develop the knowledge, understanding, skills and attitudes they need to live confident, healthy, independent lives now and in the future, as individuals, parents, workers and members of society. It is embedded within the wider learning offered by the school to ensure that children experience positive relationships with adults and with each other and feel valued, and that those who are most vulnerable are identified and supported. Children are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and community.

Aims of PSHE

'The overarching aim for PSHE education is to provide pupils with:

- a) accurate and relevant knowledge*
- b) opportunities to turn that knowledge into personal understanding*
- c) opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities*
- d) the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.'*

PSHE Association July 2013

In order to achieve the vision and aims, we have adopted Emotion Coaching as a tool to develop children's understanding of their emotions and how they may learn to manage these.

We are also an accredited Route to Resilience school. This means that in addition to the PSHE curriculum we teach the children about character muscles (such as integrity, resilience and compassion) in order that they may become well rounded members of the community.