



Private & Semi-Private Yoga Classes

Yoga &/or Meditation Available

- **Available live in our Studio or live on Zoom**
- **1 on 1 class, or invite family and friends at no extra charge up to 4 people**
- **You control the days and times**
 - **available during our regular operating hours**
- **You decide the class style or we can help tailor it to your (or your groups) needs.**
- **Great as a Couple's Date Night- Couples Yoga Poses can be added in**
- **Call for pricing and to schedule**

Yoga Gatherings for Adults

Birthdays, Small Celebrations, Girls Nights Out

- **Available live in our Studio or live on Zoom**
- **You control the days and times**
 - **available during our regular operating hours**
- **Can rent the space for extra time to have refreshments, more yoga or whatever else you would like to do**
- **You decide the class style or we can help tailor it to you (or your groups) needs.**
- **Call for pricing and to schedule**
- **16 years or older for gatherings**