

# Roast Chicken

224GB90203513

Article Number



**ROMY  
FOODS**

## ROAST CHICKEN

Chicken breast with a sage and onion stuffing ball, served with gravy, roast potatoes, sliced carrots and broccoli florets.

902035  
Supplier No.

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Ingredients: potato (**sulphites**), chicken breast (25%) (chicken breast, salt, dextrose, water), water, broccoli, carrot, stuffing ball (onions, water, breadrusk (**wheat flour** (calcium carbonate, iron, niacin, thiamin), water, salt, **yeast**), rusk (**wheat flour** (calcium carbonate, iron, niacin, thiamin), salt), rapeseed oil, oats, salt, sage, parsley), rapeseed oil, corn starch, vegetable stock powder (**yeast extract**, dried glucose syrup, salt, onion powder, mushroom powder, sugar, leek powder), gravy browning (colour : ammonia caramel), salt

KEEP FROZEN at -18°C. If thawed, do not refreeze. To be consumed after heating.

**395.00g**



**A MEAL  
A MEAL**  
Helping Food to Feed the World

This product has been produced in United Kingdom under license for Romy Foods Corporation Ltd, No.3, Independence Square, Valletta VLT1520 Malta.

Thanks! Each meal consumed helps our CSR initiative, check out: [www.amealforameal.com](http://www.amealforameal.com).

### Nutrition Information

Servings per package: 1  
Serving size: 395.00g

	Per 100g	Per Product
Energy	111.9kcal	442.0kcal
Protein	8.4g	33.0g
Carbohydrates	11.6g	46.0g
Sugar	1.5g	6.0g
Fibre	1.8g	7.2g
Starch	9.6g	38.0g
Fat, Total	3.0g	12.0g
Saturated Fat	0.5g	2.0g
Sodium	0.1g	0.5g
Calcium	15.9mg	63.0mg
Vitamin B-12	0.0µg	0.1µg
Vitamin D	0.1µg	0.3µg

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

