



Year 7 Holistic Development



Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Saltatory Theme	Emotional Well-being	Keeping Safe	Living in the Wider World	Me, My Body, My Health	Personal Relationships	Life Cycles
Religious Theme: The Search for Love	<i>Healthy inside and out</i>	<i>My Life on Screen</i>	<i>Living Responsibility</i>	<i>Changing Bodies</i>	<i>Family and Friends</i>	<i>Where We Come From</i>
What we will learn?	We will learn about self-esteem: what contributes to it, how it can affect our lives and how to increase it.	We will learn that we have online 'lives' that we need to take steps to safeguard, just as we do in real life.	we will learn the effects of our actions on others and understand the concept of social responsibility.	We will learn that puberty involves physical, emotional and sexual development. Whilst this might feel daunting, we will learn that puberty is God's plan for us and He is with us throughout it all.	We will learn about different types of friendship and family structure, and discuss how better to manage our behaviour through consideration of thoughts, feelings and actions.	We will learn about sexual intercourse as more than just a physical act but a gift from God for married couples and His plan for how babies are made.
Values and Virtues:	Grateful to others and to God Appreciative of our bodies, character and gifts Courage to recognise and reject thought distortions	Discerning in relationships on and offline Wisdom in our actions Respectful of ourselves and others as persons	Being just/fair to friends and strangers Appreciative of our own personhood Loving to God and others	Gratitude for our bodies, designed by God to change in puberty Honesty about our journey Compassion for self and others	Discerning in relationships Forgiving of ourselves and others Courteous and tolerant of all	Gratitude for our bodies, designed by God to change in puberty Respectful of ourselves and others as persons Courage to hold and stand by our own views
Links to:	Diet/ Physical & Mental Wellbeing	E-Safety	Society- Holocaust	Human Body/ Anatomy	Leadership Qualities	Sexual Education
Guest Speaker	The Road Centre	PC Eric	Mr McLeod	Respect Me	Dr Manoj	Miss Daley



Year 8 Holistic Development



Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Saltatory Theme	Emotional Well-being	Keeping Safe	Living in the Wider World	Me, My Body, My Health	Personal Relationships	Life Cycles
Religious Theme: The Search for Love	<i>Healthy inside and out</i>	<i>My Life on Screen</i>	<i>Living Responsibility</i>	<i>Changing Bodies</i>	<i>Family and Friends</i>	<i>Where We Come From</i>
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Links to:	Diet/ Physical & Mental Wellbeing	E-Safety	Society- Holocaust	Human Body/ Anatomy	Leadership Qualities	Sexual Education
Guest Speaker	The Road Centre	PC Eric	Mr McLeod	Respect Me	Dr Manoj	Miss Daley



Year 9 Holistic Development



Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Saltatory Theme	Me, My Body, My Health	Emotional Well-being	Life Cycles	Personal Relationships	Keeping Safe	Living in the wider World
Religious Theme: The Search for Love	<i>Love people, Use things</i>	<i>In control of my choices</i>	<i>Fertility and Contraception</i>	<i>Marriage</i>	<i>One hundred percent</i>	<i>Knowing my rights and responsibilities</i>
What they will learn?	We will learn about objection and consider the negative impact of casual sex, pornography and masturbation	We will learn about love and lust, shame and regret and delaying sexual intimacy: all with a view to making wise, informed and mindful choices.	We will learn about methods for managing conception and discuss how we uphold or contravene God's plan for sex.	We will learn about different types of committed relationships and consider what relationships they would like in the future.	We will learn that consent is not just gaining permission for something by choosing to honour and respect one another as persons with innate dignity.	We will learn about physical consent, sexual exploitation and human rights.
Values and Virtues:	Respectful of ourselves and others as persons Courage to choose to be counter-cultural Compassion for self and others	Honesty about our journey Courage to hold and stand by our own views Discerning in relationships	Gratitude for our bodies, designed by God Respectful of ourselves and others as persons Courage to hold and stand by our own views	Patience with self and others Self-control over our desires (sexual and non) Generosity towards others Self-sacrifice in relationships	Wisdom around difficult relational issues Perseverance and resilience in the face of pressure Discerning about our own and others' ability to wilfully/unconsciously manipulate	Respectful of ourselves and others as persons Courage to stand up for ourselves and others Compassion towards those who are mistreated
Links to:	Sex Education	Careers	Sex Education	Types of Relationships	The Law	Social Justice
Guest Speaker	Respect Me	Steve York	Doctor/ Nurse	Respect Me	PC Eric	Samaritans



Year 10 Holistic Development



Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Saltatory Theme	Me, My Body, My Health	Emotional Well-being	Life Cycles	Personal Relationships	Keeping Safe	Living in the wider World
Religious Theme: The Search for Love	<i>Love people, Use things</i>	<i>In control of my choices</i>	<i>Fertility and Contraception</i>	<i>Marriage</i>	<i>One hundred percent</i>	<i>Knowing my rights and responsibilities</i>
What they will learn?	We will learn about objection and consider the negative impact of casual sex, pornography and masturbation	We will learn about love and lust, shame and regret and delaying sexual intimacy: all with a view to making wise, informed and mindful choices.	We will learn about methods for managing conception and discuss how we uphold or contravene God's plan for sex.	We will learn about different types of committed relationships and consider what relationships they would like in the future.	We will learn that consent is not just gaining permission for something by choosing to honour and respect one another as persons with innate dignity.	We will learn about physical consent, sexual exploitation and human rights.
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Links to:	Sex Education	Careers	Sex Education	Types of Relationships	The Law	Social Justice
Guest Speaker	Respect Me	Steve York	Doctor/ Nurse	Respect Me	PC Eric	Samaritans



Year 11 Holistic Development



Half Term	HT1	HT2	HT3	HT4	HT5	HT6
Saltatory Theme	Me, My Body, My Health	Emotional Well-being	Life Cycles	Personal Relationships	Keeping Safe	Living in the wider World
Religious Theme: The Search for Love	<i>Love people, Use things</i>	<i>In control of my choices</i>	<i>Fertility and Contraception</i>	<i>Marriage</i>	<i>One hundred percent</i>	<i>Knowing my rights and responsibilities</i>
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Links to:	Sex Education	Careers	Sex Education	Types of Relationships	The Law	Social Justice
Guest Speaker	Respect Me	Steve York	Doctor/ Nurse	Respect Me	PC Eric	Samaritans