

Dear Parent / Carer

**We've updated our guidance on what parents should do if their child is showing symptoms of COVID-19 or needs to self-isolate:**

Under no circumstances should you send your child to school if they:

- feel unwell, have any of the three identified COVID-19 symptoms (a new continuous cough, a high temperature or loss of taste or smell) or they have tested positive to COVID-19 in the past 14 days.
- live in a household with someone who has symptoms of COVID-19 or has tested positive to COVID-19 in the past 14 days.

If your child becomes unwell or needs to self-isolate, please report this to us 24/7 by calling 0300 333 2222 or by emailing [TTP@deltawellbeing.org.uk](mailto:TTP@deltawellbeing.org.uk) who will notify the school on your behalf.

For information on how to apply for a test for yourself or someone in your household with symptoms including children under 5s please visit the Welsh Government website <https://gov.wales/apply-coronavirus-test>.

If you or your child feels unwell and need medical advice, please telephone NHS 111 for advice or visit their [website https://111.wales.nhs.uk/default.aspx?locale=en](https://111.wales.nhs.uk/default.aspx?locale=en) or telephone your GP.