

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Week One**  
30/08/2021  
20/09/2021  
11/10/2021  
08/11/2021  
29/11/2021

Option 1			Roast Chicken with Roast Potatoes and Gravy <b>(No Stuffing)</b>		<b>NGCI Fish Fingers</b> with Chips and Tomato Sauce
Option 2	<b>NGCI Macaroni Cheese (No Garlic Bread)</b>	Vegan Sausage <b>(No Hot Dog Bun)</b> with Potato Wedges		<b>Tomato Arrabiata Sauce #V121 with NGCI Pasta (No Garlic Bread)</b>	
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	<b>NGCI Crumble Topping</b> with Sticky Toffee Apple Filling and Custard	Mandarin Jelly	<b>NGCI Chocolate Italian Cake</b>	<b>NGCI Vanilla Shortbread</b>	Fresh Fruit

**Week Two**  
06/09/2021  
27/09/2021  
18/10/2021  
15/11/2021  
06/12/2021

Option 1	<b>NGCI Cheese and Tomato Pizza</b> with New Potatoes	<b>NGCI Macaroni Beef Pasta Bake</b>	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	<b>NGCI Fish Fingers</b> with Chips and Tomato Sauce
Option 2	Vegetable Tagine with New Potatoes <b>(No Couscous)</b>	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy		
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	<b>NGCI Crumble Topping</b> with Pears and Custard	<b>NGCI Chocolate Shortbread</b>	<b>NGCI Vanilla Shortbread</b>	<b>NGCI Italian Cake</b> with Peaches	Fresh Fruit

**Week Three**  
13/09/2021  
04/10/2021  
01/11/2021  
22/11/2021  
13/12/2021

Option 1			Roast Beef with Roast Potatoes and Gravy	<b>NGCI Chicken and Broccoli Pasta Bake</b>	<b>NGCI Fish Fingers</b> with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy – <b>check recipe on site is with no lentils</b>			BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	<b>NGCI Italian Cake</b> with Apples and Custard	<b>NGCI Italian Chocolate Cake</b> with Chocolate Sauce	Fruit and Ice Cream	Rice Pudding with Mixed Berries	<b>NGCI Italian Cake</b> with Pineapple

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

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**30/08/2021**  
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**08/11/2021**  
**29/11/2021**

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese with Garlic Slice	Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	
Vegetables	Green Beans Carrots	<b>(No Coleslaw)</b> Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	<b>NGCI Italian Vanilla Cake</b>	Oaty Cookie	Apple, Cheese and Biscuits

**Week Two**  
**06/09/2021**  
**27/09/2021**  
**18/10/2021**  
**15/11/2021**  
**06/12/2021**

Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice		Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Pinwheel Cookie	<b>NGCI Italian Vanilla Cake with Peaches</b>	Apple Flapjack

**Week Three**  
**13/09/2021**  
**04/10/2021**  
**01/11/2021**  
**22/11/2021**  
**13/12/2021**

Option 1	Vegetarian Tortilla Stack with Rice		Roast Beef with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy		Vegetable Enchiladas	
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	<b>NGCI Italian Vanilla Cake with Apple</b>	<b>NGCI Chocolate Italian Cake</b> with Chocolate Sauce	Fruit and Ice Cream Pinwheel Cookie	Rice Pudding with Mixed Berries	<b>NGCI Italian Vanilla Cake with Pineapple</b>

**Available Daily:**

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- Bread freshly baked on site daily
- Daily salad selection

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**08/11/2021**  
**29/11/2021**

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy		MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2		Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble <b>(No Custard)</b>	Mandarin Jelly	Marble Sponge	Oaty Cookie	Fresh Fruit

**Week Two**  
**06/09/2021**  
**27/09/2021**  
**18/10/2021**  
**15/11/2021**  
**06/12/2021**

Option 1			Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy		Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble <b>(No Custard)</b>	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

**Week Three**  
**13/09/2021**  
**04/10/2021**  
**01/11/2021**  
**22/11/2021**  
**13/12/2021**

Option 1		Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy	Jacket Potato with Baked Beans	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy		BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding <b>(No Custard)</b>	Chocolate Sponge <b>No Chocolate Sauce)</b>	Fresh Fruit <b>(No Ice Cream)</b> Pinwheel Cookie	Fresh Fruit	Pineapple Cake

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese with Garlic Slice	Vegan Sausage <b>(No Hot Dog Roll)</b> with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	Homity Pie with Chips (Cheese, Spinach and Potato Tart)
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Marble Sponge	Oaty Cookie	Apple, Cheese and Biscuits

**Week Two**  
06/09/2021  
27/09/2021  
18/10/2021  
15/11/2021  
06/12/2021

Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

**Week Three**  
13/09/2021  
04/10/2021  
01/11/2021  
22/11/2021  
13/12/2021

Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Enchiladas	BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding and Custard	Chocolate Sponge with Chocolate Sauce	Fruit and Ice Cream Pinwheel Cookie	Rice Pudding with Mixed Berries	Pineapple Cake

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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## Milk and Soya Free Wokingham Borough Council Autumn Menu 2021

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30/08/2021  
20/09/2021  
11/10/2021  
08/11/2021  
29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice		Roast Chicken with Stuffing, Roast Potatoes and Gravy		MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2		Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta <b>(No Garlic Bread)</b>	
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble <b>(No Custard)</b>	Mandarin Jelly	Marble Sponge	Oaty Cookie	Apple and Biscuits <b>(No Cheese)</b>

**Week Two**  
06/09/2021  
27/09/2021  
18/10/2021  
15/11/2021  
06/12/2021

Option 1			Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine With Rice <b>(No Couscous)</b>	Roasted Cauliflower Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Gravy		Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble <b>(No Custard)</b>	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

**Week Three**  
13/09/2021  
04/10/2021  
01/11/2021  
22/11/2021  
13/12/2021

Option 1		Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy		MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice		Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Enchiladas <b>(No Cheese)</b>	BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding <b>(No Custard)</b>	Chocolate Sponge <b>(No Chocolate Sauce)</b>	Fruit <b>(No Ice Cream)</b> Pinwheel Cookie	Fresh Fruit	Pineapple Cake

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)

- Daily salad selection

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