

Broths

The Soup Broth guide below is based on a per 100ml serving.

Please note this is only a guide:

Our small broth is approximately a 250ml serving

Our large broth is approximately a 400ml serving

	Cal	Fat	Sat Fat	Carbs	Protein	Salt
Thai	31	2.1	0.6	2.6	0.1	0.9
Chicken	37	1.2	0.3	4	2.6	0.8
Beef	11	0.3	0.1	0.8	1.3	0.9
Vegetable	5	0	0	1.1	0.2	0.8

Allergens

Chicken Broth: **SULPHITES, CELERY**

Vegetable Broth: **CELERY**

Thai Broth: **SOYA, CRUSTACEANS, FISH**

Beef Broth: **SOYA, EGG**