

PROFILE

KRITHIKA V

Soft-skills/Life Skills Trainer

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Master of Computer Applications – University of Madras

She has 18 years of Corporate experience in Delivery, Learning and Development and Business Operations with Cognizant Technology Solutions, in technical, lead and managerial roles. She has handled ‘General Aptitude’ for students appearing for NTSE exam.

She is a freelance soft-skills / life-skills trainer, and has conducted 10 sessions on English Communication skills and Placement Training in city colleges, in association with Learn In Sync, Egmore, Chennai. She is a mentor for Project Puthri scholars in Thoraippakkam Govt. Higher Sec. School. Project Puthri is the flagship project of Avtar Human Capital, the CSR wing of Avtar Career Creators. The vision of this program is to bring career intentionality among government school girls, many of whom tend to drop out before completing school.

She is passionate about delivering customized learning solutions leveraging her strong communication and interpersonal skills. She is equally interested in writing on topics that interest her and has co-authored a book of poems, titled ‘The Magic Carpet’.