

I AM THE UNIVERSAL LIFE FORCE

USUNLIMITED

**I AM THE ONE
MANIFESTING AS THE MANY**

AND SO ARE YOU

USUNLIMITED

IN SPIRITUAL PERCEPTION “ILLUMINATION” ALL IS SEEN AS LIGHT ALL FINISHED NOW. WHEN THE HUMAN MIND (WHICH IS SYNONYMOUS WITH TIME) IS LET GO OF ! ALL THAT IS LEFT IS TIMELESSNESS, COMPLETENESS AND THE CONSCIOUS KNOWING THAT TIME AND SPACE DO NOT EXIST ! “LOOK UP - THE GROUND IS FULL OF HARVEST BEFORE THE SEED IS IN THE GROUND”

WHY WOULD YOU IDENTIFY WITH SOMETHING

WITHIN CONSCIOUSNESS

WHEN YOU ARE CONSCIOUSNESS ITSELF !

THERE IS AMAZING POWER IN THE ABOVE STATEMENT, WHEN CONSCIOUSLY UNDERSTOOD MIRACLES CAN TAKE PLACE

WAKING UP

I WALKED INTO A COFFEE SHOP THIS MORNING AND I SAW AND KNEW THAT ALL THE PEOPLE STANDING AROUND AND THE INSECTS AND BIRDS AND FLIES AND ANIMALS HAD NO LIFE OF THEIR OWN **AND THAT THEY WERE NOTHING OF THEMSELVES ! BUT I KNEW IT** AND THAT THEIR PAIN AND SUFFERING WAS SOLELY IN THE FACT THAT THEY THOUGHT THEY HAD A LIFE OF THEIR OWN. I SAW AND KNEW THAT THERE WAS TRULY ONLY THE ONE CONSCIOUSNESS **THE ONE ALL INTELLIGENT LIGHT HELD IN THE SPINE FUNCTIONING THEM** AND THAT **“I” WAS THAT !** AND THAT NOTHING ELSE HAD ANY POWER **“I”** ALSO NEW THAT NOTHING ELSE MATTERED BUT LIVING THIS TRUTH AND WRITING ABOUT IT AND COMMUNICATING IT IN EVERY POSSIBLE WAY

THERE NEVER WAS NOR COULD EVER BE THAT WHICH HAS BECOME KNOWN AS A HUMAN BEING . THE SKELETON IS JUST A FRAMEWORK FOR THE UNIVERSAL LIFE FORCE THE LIGHT (THE ENERGY HELD IN THE SPINE) **KNOWN AS SPIRIT IN A THIRD DIMENSIONAL REALITY**, ONCE YOU CONSCIOUSLY KNOW THIS YOU BEGIN TO HOLD **THE ENERGY OF THE WHOLE UNIVERSE IN THE SPINE** BLOW OPEN ALL THE CHAKRAS AND LIVE IN UNITY **WITH A UNIVERSAL FREQUENCY WHERE THERE IS NO DISEASE.**

THIS ONE UNIVERSAL LIFE FORCE CALLED SPIRIT IS HERE AND NOW ONLY CONSCIOUS OF BEING THE ETERNAL LIVING SWIRLING LIGHT OF ITSELF AND EVERYTHING IN FORM, IT'S THE ONLY INTELLIGENCE THERE IS, THE ONLY POWER THERE IS AND THE ONLY PRESENCE THERE IS, **THE ONLY LIVING LIFE FORCE EXPRESSING ITSELF AS ALL FORM.**

THE HYPNOTISM OF THIS WORLD IS JUST HAVING BODY CONSCIOUSNESS, THE EGO BELIEVING IT IS JUST A BODY. THAT EGO (**LACK OF AWARENESS**) SIMPLY BLOCKS THE ONE AND ONLY FULL VIBRATIONAL LIFE FORCE IN EXISTENCE (THE UNIVERSAL LIFE FORCE) FROM BEING A COMPLETE ETERNAL EXPRESSION OF IT'S FULLNESS IN FORM . THE TROUBLE WITH JUST BODY CONSCIOUSNESS (HUMAN CONSCIOUSNESS) IS THE LACK OF UNIVERSAL ENERGY HELD IN THE SPINE, HENCE A LACK OF UNIVERSAL FREQUENCY AWARENESS OR INFORMATION HELD IN THE BODILY UNIT, THIS BEING THE CASE THE DENSER VIBRATIONAL BODIES SUPPORT THE DYSFUNCTIONAL BODY CONSCIOUS DREAM BELIEVING THAT IT IS THE ONLY REALITY AND KEEP REINCARNATING AGAIN AND AGAIN UNTIL THEY START **CHOOSING THE LIGHT INSTEAD OF THE STORY.** ONCE THE LIGHT IS CHOSEN INSTEAD OF THE STORY THE BODY **AUTOMATICALLY HOLDS MORE CHI, (UNIVERSAL LIFE FORCE) HAS A HIGHER FREQUENCY LESS DISEASE AND TURNS TO LIGHT !** THE GOOD NEWS NOW IS THAT BECAUSE OF THE INFORMATION NOW AVAILABLE TO ALL ON THE INTERNET THE ACTUAL D.N.A. OF SINGULAR BODIES IS IN TRANSFORMATION AND THIS PLANET IS GOING TO LIGHT WE ARE NOW GOING FROM CARBON BASED BEINGS TO CRYSTALLINE BEINGS .

I AM ALL

EVERYWHERE AND EVERYTHING, I AM THE BUTTERFLY, REPTILE AND BIRD WITH SONG, I AM THE BEGGAR, PROSTITUTE, KING AND QUEEN, I AM THE GALACTIC ASTRAL BEING, THE PROFESSOR OR THE ARTIST, THE SOLDIER, SAILOR AND MUSICIAN BECAUSE I AM ALL **INCLUDING THE UNCONSCIOUS OF WHO THEY REALLY ARE AND THE CONSCIOUS.** I AM THE SCREEN AND ALL THE IMAGES THE PLEASURE SHOW PAIN AND GLORY BUT I KNOW THAT I AM FREE OF ALL OF THE APPEARANCES AND ALL MANNER OF THINGS ARE WELL BECAUSE I CONSCIOUSLY **KNOW I AM THE ONE ENERGY OF LIGHT THAT RUNS THE WHOLE SHOW.**

WHAT THE OLD MYSTICS CALLED GOD COULD BE TERMED **THE UNIVERSAL LIFE FORCE** THAT'S WHY MANY OF THEM COULD ACTUALLY LEVITATE. PRACTISING THE PRESENCE IN MONASTIC DAYS WAS THE QUICKEST WAY TO WHAT THE WORLD NOW CALLS **ENLIGHTENMENT** BECAUSE IT SHUTS OUT THE DYSTRACTIONAL HUMAN PLAY. THERE CAME A TIME IN MANY OF THE SAINTS AND SAGES DEVELOPMENT WHEN THEY WOULD ACTUALLY HEAR THE PRIMORDIAL SOUND OR WHAT HAS BECOME KNOWN IN MYSTICAL TERMS AS **"THE HOLY SOUND"** THE SOUND OF SPIRIT I.E. THE UNIVERSAL LIFE FORCE IN SOME CULTURES IT HAS BECOME KNOWN AS **"THE AUDIBLE LIFE STREAM"** ONCE THIS SOUND IS HEARD THE BODY AUTOMATICALLY STARTS TO PURIFY ITSELF AND GO TO A MUCH FINER VIBRATION WHERE THERE IS MUCH LESS DISEASE THAT'S WHY SOME OF THE SAINT'S BODIES WHEN EXHUMED WERE FOUND TO BE INCORRUPTIBLE. BECAUSE OF THE LIGHT POURING IN FROM THE INTERNET (THE INFORMATION), NOW AS NEVER BEFORE THIS PROCESS IS AVAILABLE TO ALL BODIES ON THIS PLANE, THIS LIGHT IS ALSO RESPONSIBLE FOR WHAT THE WORLD ALSO NOW CALLS CLIMATE CHANGE .

THE BODY OF LIGHT

AT THE MOMENT YOU MAY NOT APPEAR TO SEE YOUR ETERNAL PERFECT BODY OF LIGHT, PLEASE DO NOT BE PERTURBED OR DISMAYED, YOU MAY EXPERIENCE MANY ASPECTS OF **ILLUMINATION** AS STATED IN THE BOOK **"YOU ARE THE SPLENDOUR"** AND YET THE BODY OF LIGHT DOES EXIST, EVEN THOUGH IT SEEMS JUST NOW TO BE INVISIBLE. YOU COULD NOT BE ALIVE UNLESS THE BODY OF LIGHT WERE RIGHT HERE BECAUSE THE BODY OF LIGHT IS THE VERY LIFE THAT YOU ARE IN FORM. THIS BEAUTIFUL BODY OF LIGHT WILL BE SEEN, ACTUALLY IT IS INEVITABLE THAT IT WILL BE VISIBLE BEFORE THE FALLACY CALLED BIRTH SEEMED TO OVERTAKE YOU, THIS BODY OF LIGHT WAS THE ONLY BODY YOU KNEW YOURSELF TO HAVE OR TO BE; IT IS HERE NOW ! DON'T TRY TO SEE IT, BE ASSURED THAT IT IS HERE AND THAT IT MAY BE SEEN WHEN YOU LEAST EXPECT IT TO BE VISIBLE ! YOU ARE ENLIGHTENED OR ILLUMINED CONSCIOUSNESS RIGHT NOW, **IF YOU WERE NOT ENLIGHTENED YOU WOULD NOT BE READING THESE WORDS,** SO JUST CALMLY CONFIDENTLY CONTINUE IN THE WAY AND THE SUBSTANCE IN FORM **"THAT IS"** WILL BE SEEN .

MARIE S. WATTS

J.B. PRIESTLEY'S DREAM

J.B. PRIESTLEY DREAMED THE FOLLOWING AFTER HELPING WITH BIRD RINGING AT ST CATHERINE'S LIGHTHOUSE ON THE ISLE OF WIGHT.

I DREAMT I WAS STANDING ON TOP OF A VERY HIGH TOWER, ALONE, LOOKING DOWN ON THE MYRIADS OF BIRDS IN THE WORLD, IT WAS A NOBLE SITE, THIS VAST ARIEL RIVER OF BIRDS. BUT NOW IN SOME MYSTERIOUS FASHION THE GEAR WAS CHANGED AND TIME SPEEDED UP SO THAT I SAW GENERATIONS OF BIRDS, WATCHED THEM BREAK THEIR SHELLS FLUTTER INTO LIFE, WEAKEN FALTER AND DIE. WINGS GREW ONLY TO CRUMBLE; BODIES WERE SLEEK AND THEN IN A FLASH, BLED AND SHRIVELLED AND DEATH STRUCK EVERYWHERE AND AT EVERY SECOND **.WHAT WAS THE USE OF ALL THIS BLIND STRUGGLE TOWARD LIFE, THIS EAGER TRYING OF WINGS, ALL OF THIS GIGANTIC MEANINGLESS BIOLOGICAL EFFORT?**

AS I STARED DOWN, SEEMING TO SEE EVERY CREATURES IGNOBLE LITTLE HISTORY ALMOST AT A GLANCE, I FELT SICK AT HEART. IT WOULD BE BETTER IF NONE OF THEM, NOT ONE AT ALL, HAD BEEN BORN, IF THE STRUGGLE CEASED FOREVER. I STOOD ON MY TOWER, STILL ALONE, DESPERATELY UNHAPPY, BUT NOW THE GEAR WAS CHANGED AGAIN AND TIME WENT FASTER STILL, AND IT WAS RUSHING BY AT SUCH A RATE THAT THE BIRDS COULD NOT SHOW ANY MOVEMENT BUT WERE LIKE AN ENORMOUS PLAIN SOWN WITH FEATHERS. BUT ALONG THE PLAIN, FLICKERING THROUGH THE BODIES THEMSELVES, THERE NOW PASSED A SORT OF WHITE FLAME, TREMBLING, DANCING, THEN HURRYING ON; AND AS SOON AS I SAW IT I KNEW THIS FLAME WAS LIFE ITSELF, THE VERY QUINTESSENCE OF BEING ! AND THEN IT CAME TO ME IN A ROCKET BURST OF ECSTASY THAT NOTHING MATTERED, NOTHING COULD EVER REALLY MATTER, BECAUSE NOTHING ELSE WAS REAL, BUT THIS QUIVERING, HURRYING LAMBENCY OF BEING, MAN OR CREATURES NOT YET SHAPED AND COLOURED, **ALL WERE OF NO ACCOUNT EXCEPT IN SO FAR AS THIS FLAME OF LIFE TRAVELLED THROUGH THEM, I FELT NOTHING TO MOURN OVER BEHIND IT, WHAT I HAD THOUGHT OF AS A TRAGEDY WAS THE MERE EMPTINESS OF A SHADOW SHOW** FOR NOW ALL REAL FEELING WAS CAUGHT UP AND PURIFIED AND DANCED ON ECSTATICALLY WITH THE WHITE FLAME OF LIFE . I HAD NEVER FELT BEFORE SUCH A DEEP HAPPINESS AS I KNEW AT THE END OF MY DREAM OF THE TOWER OF BIRDS

J.B. PREISTLEY

WHY WOULD YOU IDENTIFY WITH SOMETHING WITHIN CONSCIOUSNESS WHEN YOU ARE CONSCIOUSNESS ITSELF

MAN IDENTIFIES HIMSELF ABOUT 16 HOURS DAILY WITH HIS PHYSICAL VEHICLE THEN HE SLEEPS; IF HE DREAMS HE REMAINS IN HIS ASTRAL BODY EFFORTLESSLY CREATING ANY OBJECT EVEN AS DO THE ASTRAL BEINGS, IF MAN'S SLEEP IS DREAMLESS FOR SEVERAL HOURS HE IS ABLE TO TRANSFER HIS CONSCIOUSNESS OR SENSE OF "I" NESS TO THE CAUSAL BODY; SUCH SLEEP IS REVIVIFYING. THE INTUITION OF ASTRAL BEINGS PIERCES THROUGH THE VEIL AND OBSERVES HUMAN ACTIVITIES ON EARTH, BUT MAN CANNOT VIEW THE ASTRAL WORLD UNLESS HIS SIXTH SENSE IS SOMEWHAT DEVELOPED, THOUSANDS OF EARTH DWELLERS HAVE MOMENTARILY GLIMPSED THE ASTRAL BEINGS OR AN ASTRAL WORLD. PHYSICAL DESIRES SPRING FROM EGOTISM AND SENSE PLEASURES, THE COMPULSION OR TEMPTATION OF SENSORY EXPERIENCE IS MORE POWER-FULL THAN THE DESIRE-FREE WORLD CONNECTED WITH ASTRAL ATTACHMENTS OR CAUSAL PERCEPTION .

ASTRAL DESIRES ARE CENTRED IN ENJOYMENT IN TERMS OF VIBRATION, ASTRAL BEINGS HEAR THE ETHEREAL MUSIC OF THE SPHERES AND ARE ENTHRALLED BY THE SIGHT OF ALL CREATION AS EXHAUSTLESS EXPRESSIONS OF CHANGING LIGHT THE ASTRAL BEINGS ALSO SMELL, TASTE AND TOUCH LIGHT ! ASTRAL DESIRES ARE THUS CONNECTED WITH AN ASTRAL BEINGS POWER TO PERMEATE ALL OBJECTS AND EXPERIENCE THEM IN TERMS OF LIGHT CONDENSED THOUGHTS OR DREAMS.

CAUSAL DESIRES ARE FULFILLED BY PERCEPTION ONLY. THE NEARLY FREE BEINGS WHO ARE ENCASED ONLY IN THE CAUSAL BODY SEE THE WHOLE UNIVERSE AS THE REALIZATIONS OF THE DREAM-IDEAS OF GOD; THEY CAN MATERIALIZE ANYTHING AND EVERYTHING IN SHEER THOUGHT. CAUSAL BEINGS THEREFORE CONSIDER THE ENJOYMENT OF PHYSICAL SENSATIONS AND ASTRAL DELIGHTS AS GROSS AND SUFFOCATING TO THE SOULS SENSIBILITIES. CAUSAL BEINGS WORK OUT THEIR DESIRES BY MATERIALIZING THEM INSTANTLY, THOSE WHO FIND THEMSELVES COVERED ONLY BY THE DELICATE BODY OF THE CAUSAL BODY CAN BRING UNIVERSES INTO MANIFESTATION, EVEN AS THE CREATOR.

BECAUSE ALL CREATION IS MADE OF THE COSMIC DREAM-TEXTURE, THE SOUL THINLY CLOTHED IN THE CAUSAL HAS VAST REALIZATIONS OF POWER.

WHEN THE SOUL IS OUT OF THE COCOON OF THE THREE BODIES IT ESCAPES FOREVER FROM THE LAW OF RELATIVITY AND BECOMES THE INEFFABLE EVER EXISTENT BEHOLD THE BUTTERFLY OF OMNIPRESENCE, IT'S WINGS ETCHED WITH STARS AND MOONS AND SUNS ! THE SOUL EXPANDED INTO SPIRIT REMAINS IN THE REGION OF LIGHTLESS LIGHT, DARKLESS DARK AND THOUGHTLESS THOUGHT, INTOXICATED WITH IT'S ECSTASY OF JOY IN GOD'S DREAM OF COSMIC CREATION. A FREE SOUL! "I" EJACULATED IN AWE. "WHEN A SOUL FINALLY GETS OUT OF THE THREE JARS OF DELUSIONS", **IT BECOMES ONE WITH THE INFINITE WITHOUT ANY LOSS OF INDIVIDUALITY**

SRI YUKTESWAR

WHO CREATED ALL THIS MULTIPLICITY ?

SUPPOSE YOU WERE ASKED ? WHO CREATED ALL OF THIS MULTIPLICITY IN THE WORLD, WHO IS RESPONSIBLE FOR ALL THE VARIETY ? WHAT WOULD YOU ANSWER ? THE CORRECT RESPONSE IS, THERE IS NO MULTIPLICITY. ALL ! THE ONE DIVINE SELF REMAINS THE ONE SELF FOREVER **YOU MISTAKE IT AS THE MANY, THE FACT IS IN YOU, CORRECT YOUR VISION, REMOVE YOUR DELUSION !**

DIVINITY DID NOT TURN INTO THE WORLD JUST AS THE ROPE DID NOT CHANGE INTO A SNAKE, IN THE DARK (YOUR LACK OF AWARENESS) YOU MISTOOK THE ROPE TO BE A SNAKE BUT IT REMAINS A ROPE, SO ALSO, YOUR DIVINE SELF REMAINS THE DIVINE SELF, THOUGH YOUR IGNORANCE OF THIS FACT MAKES YOU SEE A WORLD ... **THE WORLD OF DIVERSITY STANDS ON ONE LEG CALLED DELUSION, CUT IT DOWN, THEN THAT LEG AND THE WHOLE WORLD FALLS.**

I OFTEN TELL YOU NOT TO IDENTIFY EVEN WITH THIS PARTICULAR BODY BUT YOU DO NOT UNDERSTAND, YOU CALL ME BY ONE NAME AND BELIEVE I HAVE ONLY ONE FORM BUT THERE IS NO NAME I DO NOT BEAR AND THERE IS NO FORM WHICH IS NOT ME !

AFTER LONG SEARCHES HERE AND THERE IN TEMPLES AND CHURCHES, AT LAST YOU COME BACK COMPLETING THE CIRCLE FROM WHERE YOU STARTED AND FIND HE FOR WHOM YOU HAVE BEEN SEEKING ALL OVER THE WORLD FOR WHOM YOU HAVE BEEN PRAYING TO IN CHURCHES AND TEMPLES, FOR WHOM YOU WERE LOOKING TO AS THE MYSTERY OF ALL MYSTERIES, AND YET IT IS THE NEAREST OF THE NEAR **YOUR VERY SELF** ...THE REALITY OF YOUR LIFE BODY AND SOUL ASSERT IT ! MANIFEST IT !

YOU AS JUST A BODY, MIND OR SOUL ARE A DREAM. WHAT YOU REALLY ARE IS PURE EXISTENCE. YOU ARE THE GOD OF THIS UNIVERSE, KNOWLEDGE, BLISS ! YOU ARE CREATING THE WHOLE UNIVERSE AND DRAWING IT IN, TO GAIN THE INFINITE THE MISERABLE LITTLE PRISON AND INDIVIDUALITY MUST GO, FOLLOW THE HEART, A PURE HEART SEEKS BEYOND THE INTELLECT, **IT GETS INSPIRED** **WITHIN YOU IS THE MIGHTY OCEAN OF NECTAR DIVINE, SEEK IT WITHIN YOU, FEEL IT, IT IS HERE, THE SELF ! IT IS NOT A BODY A MIND OR THE INTELLECT ALL THESE ARE SIMPLY MANIFESTATIONS.** ABOVE ALL OF THESE. YOU ARE ! YOU APPEAR AS A SMILING FLOWER, AS THE TWINKLING STARS, WHAT IN THE WORLD CAN MAKE YOU DESIRE ANYTHING ?

SAI BABA

WHO "AM I" AS A FULLY CONSCIOUS BEING

"I" AM THAT WHICH HOLDS UP AND SUPPLIES EVERY BODY AND EVERY THING

"I" PERMEATE THE WHOLE UNI-VERSE

"I" AM THE WHOLE ONE ENERGY THAT RUNS THROUGH ALL
BE IT A HUMAN BEING, A TREE, A CAT, A DOG, A SEED, A FLOWER OR GALACTIC

"I" AM THE SUPPORT OF EVERY MOVEMENT, EVERYWHERE
NOTHING MOVES OR LIVES BUT ME, "I" KEEP EVERYTHING ERECT
EVERYTHING ISSUES OUT OF ME

"I" AM THE WHOLE (HOLY) SPIRIT FROM WHICH ALL LIFE COMES
ALL BODIES IN THE UNI-VERSE COME OUT OF ME
"I" NEVER IDENTIFY WITH A PARTICULAR BODY BECAUSE "I" AM ALL BODIES

"I" AM THE MOVEMENT AND THE REST THE LIGHT IN EVERYTHING
OUT OF ME COMES EVERYTHING
BECAUSE "I" AM EVERYTHING AND FUNCTION EVERYTHING

"I" AM NEVER EVER SOLID YET "I" APPEAR SOLID
IF YOU CONSCIOUSLY IDENTIFY WITH ME YOU WILL NEVER GROW OLD
BECAUSE YOU WILL NEVER BE GROWING
IF YOU CONSCIOUSLY IDENTIFY "AS" ME YOU WILL KNOW NO DIS-EASE
BECAUSE YOU WILL BE CAUSE NOT EFFECT

YOUR WHOLE PROBLEM IS THAT YOU HAVE A SENSE OF SEPARATION FROM ME

IF YOU CONSCIOUSLY MOVE AND LIVE REMEMBERING WHO YOU REALLY ARE
YOU WILL BE EVER LASTING LIFE BECAUSE YOU ARE EVERLASTING LIFE
FINISHED NOW NEVER BECOMING
BECAUSE "I" AM YOU AND YOU ARE ME !

"I" AM THE ONLY POWER THERE IS
SPIRIT
THE ONLY WAY AND THE ONLY TRUTH
"I" AM THE EVERYTHING AND NOTHING ALWAYS WHOLE AND COMPLETE

NOW !

THERE IS NO DISEASE IN A FULLY CONSCIOUS BEING

SPIRITUAL ILLUMINATION

THE DEVELOPMENT OF SPIRITUAL CONSCIOUSNESS BEGINS WITH OUR FIRST REALISATION THAT WHAT WE ARE BEHOLDING THROUGH THE SENSES OF HEARING, TASTE, AND TOUCH AND SMELL IS NOT THE REALITY OF THINGS. DISREGARDING APPEARANCES ENTIRELY, **THE FIRST RAY OF ILLUMINATION BRINGS US THE HINTS OF THE DIVINE, THE ETERNAL AND IMMORTAL**, THIS IN TURN MAKES THE APPEARANCE EVEN LESS REAL TO US THEREFORE **ADMITTING EVEN GREATER “ILLUMINATION”**, THIS INFLUX OF ILLUMINATION WILL CONTINUE UNTIL WE COME TO THE REALISATION OF OUR TRUE IDENTITY AS THE LIGHT OF THE WORLD. BECAUSE THE HUMAN SCENE IS ENTIRELY A MISCONCEPTION BY MISPERCEPTION ANY THOUGHT OF HELPING, CORRECTING OR CHANGING THE MATERIAL PICTURE MUST BE RELINQUISHED IN ORDER THAT WE MAY SEE THE EVER PRESENT REALITY

JOEL GOLDSMITH

HUMANITY CANNOT SOLVE THE PROBLEM BY DWELLING ON THE PROBLEM OF BEING HUMAN, IT ISN'T MORE HUMANITY THAT IS NEEDED BUT NO HUMANITY MAN CANNOT ESCAPE THE LIMITATIONS AND MORTALITY OF MANHOOD, AS LONG AS HE CLINGS TO THE SO-CALLED CLAIM THAT IT EXIST, AND HE IS IT ! SO LONG AS HE WORKS FOR MANHOOD, WITH IT, OR **INSIST THAT IT ALONE IS THE “I” OF HIMSELF** HE WILL FIND THAT SOWING TO THE WIND ONLY RESULTS IN REAPING THE WHIRLWIND

ALFRED AIKEN

THE APPEARANCE OF A MATERIAL UNIVERSE SIGNIFIES THE PRESENCE OF A UNIVERSE OF LIGHT “SPIRIT”. THE APPEARANCE OF SOLIDITY SIGNIFIES THE PRESENCE OF “SPIRIT” THE APPEARANCE OF DENSITY OR DARKNESS SIGNIFIES THE PRESENCE OF “LIGHT” THE APPEARANCE OF STUPIDITY SIGNIFIES THE PRESENCE OF ALL INTELLIGENCE, **IN LIKE MANNER THE APPEARANCE OF A TEMPORAL BODY “LIFE” MIND OR CONSCIOUSNESS SIGNIFIES THE PRESENCE OF AN ETERNAL LIFE**, INTELLIGENCE OR CONSCIOUSNESS, AND THE PRESENCE OF WHAT HAS BEEN CALLED A HUMAN CONSCIOUSNESS SIGNIFIES THE PRESENCE OF AN INFINITE, **ETERNAL CONSCIOUSNESS, “LIFE AND SPIRIT” IN ACTION**

MARIE S. WATTS

“ TIME” (THE APPEARANCE WORLD) IS ONLY HERE TO STOP EVERYTHING HAPPENING AT ONCE

ALBERT EINSTEIN

CHRIST CONSCIOUSNESS IS TIMELESS CONSCIOUSNESS

USUNLIMITED

IDENTITY IS THE SECRET

THE GREAT HEALER JOEL GOLDSMITH WAS ONCE ASKED BY TWO MINISTERS IF HE WOULD TEACH THEM MEDITATION, THE ABBREVIATED STORY GOES YES GENTLEMAN, I WILL, IF FIRST OF ALL YOU ANSWER ME TWO QUESTIONS, FIRST OF ALL DO YOU BELIEVE THAT JESUS WAS THE SON OF GOD, YES WELL OBVIOUSLY WE DO WAS THE REPLY ! DO YOU BELIEVE THAT I AM THE SON OF GOD, THERE WAS A DEATHLY HUSH WITH NO ANSWER, OKAY THEN SAID JOEL, DO YOU BELIEVE THE SCRIPTURES WHEN IT SAYS “CALL NO MAN YOUR FATHER UPON THE EARTH FOR ONE IS YOUR FATHER WHICH ART IN HEAVEN”, THEY CAUGHT IT IMMEDIATELY ! MINISTERS, YOU DO WELL IN OMITTING PASSAGES OF SCRIPTURE THAT YOU DO NOT UNDERSTAND, YOU HAVE SET YOURSELVES UPON A TRAP OF YOUR OWN CREATION. THE WORLD IS FULL OF PERSONS WHO HAVE NOT YET BECOME AWARE OF THEIR “TRUE IDENTITY”, THE WORLD IS FULL OF THOSE WHICH DO NOT YET KNOW THAT THEY ARE “JOINT HEIRS IN CHRIST WITH ALL THE HEAVENLY RICHES” THEY ARE IN SPIRITUAL DARKNESS AND UP TILL NOW GENTLEMEN, YOU HAVE BEEN LEADING THAT SPIRITUAL DARKNESS

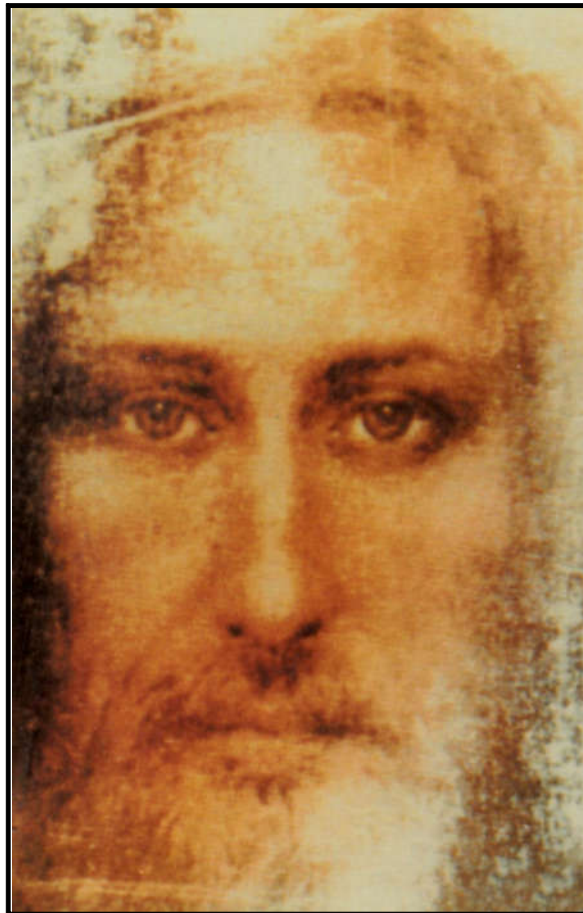
TRANSFORMATION

AS MAN LETS GO OF HIS HUMAN HOOD OR LOWER NATURE AND DISCOVERS “TRUE IDENTITY” THE ENERGY IN THE SPINE (THE UNIVERSAL LIFE FORCE) BEGINS TO LEAVE THE GENITAL REGION AND TRAVELS UP THE SPINE TO THE BRAIN STEM (THE MEDULLA OBLONGATA) AND THEN ONWARDS TOWARDS THE HEAD CENTRES EVENTUALLY ACTIVATING THE PINEAL AND PITUITARY GLANDS OR WHAT IS KNOWN IN MYSTICAL LITERATURE AS THE THIRD EYE OR THE “ALL SEEING EYE”. PERSONS LIVING IN ADVANCED STATES OF SPIRITUALITY WHERE THE THIRD EYE IS OPEN AND ARE SEEING LIGHT CAN OFTEN SEE AURAS OR THE LIGHT ISSUING OUT FROM UNDER THE SHOULDER BLADES (APPEARING AS ANGELS WINGS) AND EVEN THE “HALOS” WHEN THE LIGHT IS ISSUING OUT OF THE HEAD, MANY ALSO SEE GALACTICS AND SPACE CRAFT’S IN ADVANCED STATES OF CONSCIOUSNESS. THE TRANSITION FROM A HUMAN TO AN ANGELIC NATURE OR EVEN OTHER STATES OF CONSCIOUSNESS DOES APPEAR TO TAKE TIME BUT THE WONDER OF LIVING IN THIS AGE NOW WHERE THERE IS SO MUCH OPENESS AND LIGHT FLOODING THE PLANET (NO MATTER WHAT THE APPEARANCES ARE) IS THAT THE LIGHT FREQUENCY OF THE BODILY UNIT IS MUCH HIGHER WHICH ALLOWS ONE TO FIND THEIR HIGHER SELF OR TRUE NATURE MUCH SOONER. (IT HAS BEEN NOTED BY SCIENCE THAT TADPOLES TURN TO FROGS MUCH QUICKER WHERE THERE IS MORE LIGHT IN THE POND)

**“THE WHOLE OF CREATION IS ON THE MARCH BACK TO GOD”
SAI BABA**

THERE IS A HIGHER STATE OF CONSCIOUSNESS (AWARENESS) THAT IS BEYOND COMMON SENSE OR HUMAN CONSCIOUSNESS, SOME HAVE REFERRED TO THIS AS “THE KINGDOM OF HEAVEN” OTHERS THE “FOURTH DIMENSION” IT IS ATTAINABLE HERE AND NOW IN THIS LIFETIME ! WHEN REALIZED THERE IS NO DISEASE LACK OR INHARMONY ONLY

THE PEACE THAT PASSETH ALL UNDERSTANDING



“I AM NOT YOUR MASTER FOR YOU HAVE DRUNK OF THE SAME LIVING SPRINGS OF LIFE THAT I HAVE”

GOSPEL ACCORDING TO THOMAS

“ HE THAT BELIEVETH ON ME , THE WORKS I DO SHALL HE DO ALSO AND EVEN GREATER WORKS THAN THESE SHALL HE DO”

JOHN 14:12

“ LET THIS MIND BE IN YOU WHICH WAS ALSO IN CHRIST JESUS”

PHILLIPIANS 2:5

SPIRITUAL ILLUMINATION AND CHRIST CONSCIOUSNESS

IN LILLIAN DE WATERS BOOK, **“GREATER WORKS”** SHE SAYS WHEN WE LIVE IN SPIRITUAL ILLUMINATION (CONSCIOUSNESS), **WE LIVE IN AND AS LIGHT**, IN SPIRITUAL LIGHT, IN SPIRITUAL LOVE, SPIRITUAL WHOLENESS AND SPIRITUAL EXISTENCE, HER BOOKS CERTAINLY LEAD BEYOND MENTAL CONSCIOUSNESS, HERE ARE SOME EXTRACTS FROM SOME HER BOOKS

SPIRITUALLY PERCEIVING AND KNOWING EVERYTHING IN ITS RIGHT LIGHT, AND CALLING THINGS BY THEIR TRUE NAMES, **THE SENSE OF TIME, SPACE AND STRUCTURE IS NOT PRESENT**, THE REAL AND THE TRUE IS ALL WE KNOW AND ALL WE EXPERIENCE. **IT IS REVEALED TO US THAT WE LIVE NOW IN A SPIRITUAL WORLD AND THAT THERE IS NO OTHER WORLD ...**

SERVITUDE TO DOCTRINES BASED UPON THE TEACHING THAT WE ARE MANKIND, HUMANITY, MORTALS OR HUMANHOOD HAVING MINDS TO CHOOSE AND THINK AS WE WILL RESULTS IN CONFUSION OF VISION AND TONGUE, TURMOIL AND FRUSTRATION .

TO KNOW HOW TO LIVE IN SPIRITUAL CONSCIOUSNESS, AND BE FREE FROM FEAR, WORRY, DOUBT AND UNHAPPINESS IS EXISTENCE ABSOLUTE, WE FIND REALITY TO HAVE BEEN WITH US ALWAYS, OUR VERY BEING. **THE GREATER THE LOVE FOR AND DEVOTION TO OUR PERFECT SELF AS ALREADY OUR VERY OWN**, THE MORE FREQUENT WILL BE THE TIMES LIVED IN **ILLUMINATION**. ONE CAN MAKE AS MANY CHANGES IN HIS CONSCIOUSNESS AS HE WILL, BUT NONE OF THEM WILL BRING DIRECT DIVINE LIGHT, BECAUSE TRUTH IS KNOWN BY TRUTH AND NOT BY CHANGE OF MIND

OUR PERFECT SPIRITUAL BODY WILL NOT BE MANIFESTED THROUGH ANY CHANGE OF BODIES. IF IT DOES NOT EXIST NOW, IT IS CERTAIN THAT IT NEVER WILL, A **SINGLE “ILLUMINATION” OF SPIRIT CONVINCES US THAT A MATERIAL BODY DOES NOT EXIST**. ACCEPT YOUR BODY AS IT IS AS SPIRIT NOW, AND YOU WILL NOT NEED TO THINK OF HEALING IT; **YOU WILL BE AWARE THAT THE PERFECT BODY YOU HAVE IN REALITY IS THE ONLY ONE THERE IS OR EVER CAN BE**

WHEN ONE FEELS THE FUTILITY OF ALL EFFORT TO APPLY TRUTH TO SOMEONE OR SOMETHING, THEN SHALL THE AWARENESS COME FROM WITHIN, **THAT PERFECTION IS THE ALREADY ESTABLISHED FACT**. DIVINE REVELATION OWES NOTHING TO HUMAN BELIEFS OR DOCTRINES. THOUGHTS, FEELINGS BELIEFS OR ACTIONS DO NOT CONDITION REALITY. BEING IS THE **UNCONDITIONED !**

JUST AS YOU ARE NOW YOU CAN EXPERIENCE YOUR PERFECTION IF YOU WILL TURN FROM BELIEFS WHICH ARE CONDITIONAL, AND FACE YOUR PERFECT SELF AS YOUR COMPLETENESS AND ALLNESS HERE AND NOW

ON THE SIDE OF SPIRITUALITY WE HAVE **“ILLUMINATION”** WHICH IS OUR COMPLETENESS, WHOLENESS, HARMONY AND SUPPLY EVER PRESENT. DAY AFTER DAY WE ARE FILLED WITH NEW LIGHT. NIGHT AFTER NIGHT WE ENJOY SWEET PEACE, SECURITY AND REST, **NOT ONLY IS IT POSSIBLE TO RECEIVE THE GUIDANCE OF ANGELS BUT TO SEE THEM AS WELL ...** IN THE REALM OF **“ILLUMINATION” ALL THINGS ARE POSSIBLE**

MASTERS OF THE FAR EAST

YOU SAY THE HUMAN RACE ARE DYING ON EVERY LEVEL AND THAT NONE WITHIN YOUR GENERATION HAS ACCOMPLISHED THE IDEAL OF EVERLASTING, PEACE, HARMONY AND PERFECTION WHICH “I” IDEALIZE. YOU SAY THAT ACCOMPLISHMENT MUST COME AFTER DEATH; SO YOU LET GO AND FIND FOR A TIME THAT IT IS MUCH EASIER TO DRIFT ON AND ON WITH THE HUMAN TIDE ON A DOWNWARD TREND . AGAIN THE RACE CONSCIOUSNESS HAS HAD ANOTHER SETBACK; ANOTHER WHO HAD A GREAT SPIRITUAL ENLIGHTENMENT AND UNDERSTANDING AND COULD HAVE SUCCEEDED, HAS FAILED AND THE RACE CONSCIOUSNESS HAS HAD ANOTHER BINDING HOLD ON HUMANITY.

GENERATION AFTER GENERATION GIVES IT A STILL GREATER AND TENACIOUS GRIP, ISN'T IT ANY WONDER THAT HUMAN NATURE BECOMES WEAK AND FRAIL AND EACH IN TURN FOLLOWS ON AND ON, ON THE SAME ETERNAL TREADMILL, THE BLIND LEADING THE BLIND, ON AND ON INTO ETERNAL OBLIVION; AND INTO THE GREAT VORTEX, WHERE NOT ONLY THE BODY IS FORCED INTO DISSOLUTION AND DECAY, BUT THE SOUL IS GROUND BETWEEN THE NEVER-RELENTING MILLSTONES OF HUMAN PERCEPTION AND MISTAKES ?

IF YOU WOULD REALIZE, AS I DID AND AS SO MANY HAVE DONE, THAT IT IS FAR EASIER TO WORK OUT YOUR OWN PROBLEM IN ONE EARTHLY EXPERIENCE, THAN IT IS TO GO ON AND ON AND ACCUMULATE A RACE CONSCIOUSNESS OF GOOD AND EVIL THAT SOON BECOMES AN ENCRUSTED SHELL; THAT HAS BEEN ADDED TO LAYER BY LAYER, UPON ENCRUSTATION AND ENCRUSTATION BY EACH LIFE EXPERIENCE, UNTIL IT TAKES A SUPER HUMAN FORCE AND A SLEDGE HAMMER BLOW TO BRAKE THE SHELL AND RELEASE YOUR TRUE SELF !

“THE LIFE AND TEACHINGS OF THE MASTERS OF THE FAR EAST”

BY BAIRD T. SPALDING

DISEASE ONLY APPEARS IN BODY CONSCIOUSNESS TO WAKE US UP TO HOLDING MORE UNIVERSAL LIFE FORCE, MORE LIGHT !

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COSMIC CONSCIOUSNESS UNITY WITH ALL THAT IS

RICHARD MAURICE BUCKE, BORN IN ENGLAND, THE SON OF A MINISTER THEN EMIGRATING TO CANADA, HIS BEST KNOWN WORK WAS WRITTEN IN 1901 "COSMIC CONSCIOUSNESS". IT WAS WHILE RIDING IN AN HANSOM CAB IN THE STREETS OF LONDON IN 1872 THAT HE EXPERIENCED **"SPIRITUAL ILLUMINATION"** WHICH HE LOOSELY DESCRIBED AS AN EXPERIENCE OF **"INNER LIGHT"** AND A SENSE OF HIMSELF AND THE UNIVERSE AS A LIVING PRESENCE AND OF HIMSELF BEING EVERYTHING AND EVERYWHERE ALONG WITH THE CONSCIOUS KNOWING OF HIS ETERNAL NATURE

HIS BOOK "COSMIC CONSCIOUSNESS" SITES MANY CASES OF PERSONS HAVING THE SAME EXPERIENCE AND GOES ON TO SAY IN IT'S OWN WAY **THAT WHEN THE SOUL IS RIPE IT'S SINGULAR LIGHT MERGES WITH THE "UNIVERSAL LIGHT" AND EXPERIENCES ALL THAT IS.**

MANY OF THE MYSTICAL WRITINGS OF THE EAST AND WEST ALIGN WITH THIS GREAT SOUL. "COSMIC CONSCIOUSNESS" HAS BEEN DESCRIBED BY BUDDHA, SWEDENBORG, DANTE, PLOTINUS, WALT WHITMAN, ST TERESA OF AVILA, YOGANANDA, JESUS, MOHAMMED, SRI RAMAKRISHNA, WILLIAM BLAKE, FRANCIS BACON, TENNYSON AND MANY OF THE GREAT PHILOSOPHERS, MYSTICS AND SAINTS IN MANY WAYS BUT IN BUCKES BOOK AND CERTAINLY IN MARIE S WATTS CASE SHE SAYS **THAT THE EXPERIENCE IS QUITE NORMAL WHEN THE SINGULAR SOUL IS ALIGNED TO UNCONDITIONAL LOVE.** IN HER WRITINGS SHE SAYS THE SAME THING AS MANY OF THE GREAT SAINTS OF CHRISTIANITY AND INDIA .. **THAT IN ONE SIMPLE FLASH OF "SPIRITUAL ILLUMINATION" ALL IS REVEALED TO YOU !**

"REALITY" SEEN IN "SPIRITUAL ILLUMINATION"

IN HER BOOK **"YOU ARE THE SPLENDOUR"** SHE SAYS THAT WHENEVER AN APPARENT HEALING TAKES PLACE THE BODY REMAINS BUT WHAT IS CALLED THE DISEASE OR ABNORMALITY DIS-APPEARS, SHE SAYS THAT THIS IS BECAUSE THE **FREQUENCY OF REALITY OR "ENLIGHTENED CONSCIOUSNESS" SEES AND PERCEIVES THE PERFECTION OF ALL FORM,** SHE GOES ON TO SAY THAT **"ILLUMINATION" REVEALS THE UNINTERRUPTED PERFECTION TO BE A CONSTANT FACT OF THE ETERNAL PERFECT BODY OF EACH AND EVERY IDENTITY "THE LIGHT BODY"**

IN MYSTICAL WRITINGS IT IS HELD THAT THE HUMAN SOUL CAN REACH TO SUCH A STAGE OF PERFECTION THAT IT CAN CONTEMPLATE IT'S VERY OWN NATURE AND CONSCIOUSLY BE AT ONE WITH THE SOURCE OF ALL LIFE "SPIRIT " EXPERIENCING.

ACTUALLY BEING THE SUBSTANCE OF ALL FORM WHERE NO DISEASE IS KNOWN....

COSMIC CONSCIOUSNESS

MY BODY BECAME IMMOVABLY ROOTED; BREATH WAS DRAWN OUT OF MY LUNGS AS IF BY SOME GIANT MAGNET. SOUL AND MIND INSTANTLY LOST THEIR PHYSICAL BONDAGE AND STREAMED OUT LIKE A FLUID PIERCING LIGHT FROM EVERY PORE.

THE FLESH WAS AS THOUGH DEAD, YET IN MY INTENSE AWARENESS I KNEW THAT NEVER BEFORE HAD I BEEN FULLY ALIVE. MY SENSE OF IDENTITY WAS NO LONGER CONFINED TO A BODY, BUT EMBRACED THE CIRCUMAMBIENT ATOMS.

PEOPLE ON DISTANT STREETS SEEMED TO BE MOVING GENTLY OVER MY OWN PERIPHERY. THE ROOTS OF PLANTS AND TREES APPEARED THROUGH A DIM TRANSPARENCY OF THE SOIL; I DISCERNED THE INWARD FLOW OF THEIR SAP. THE WHOLE VICINITY LAY BARE BEFORE ME. MY ORDINARY FRONTAL VISION WAS NOW CHANGED TO A VAST SPHERICAL LIGHT, SIMULTANEOUSLY ALL PERCEPTIVE. THROUGH THE BACK OF MY HEAD I SAW MEN STROLLING FAR DOWN RAI GHAT LANE, AND NOTICED ALSO A WHITE COW WHO WAS LEISURELY APPROACHING. WHEN SHE REACHED THE SPACE IN FRONT OF THE ASHRAM GATES, I OBSERVED WITH MY PHYSICAL EYES. AS SHE PASSED BY, BEHIND THE BRICK WALL, I SAW HER CLEARLY STILL .

ALL OBJECTS WITHIN MY PANORAMIC GAZE TREMBLED AND VIBRATED LIKE QUICK MOTION PICTURES. MY BODY, MASTERS, THE PILLARED COURTYARD, THE FURNITURE, THE FLOOR, THE TREES AND SUNSHINE, OCCASIONALLY BECAME VIOLENTLY AGITATED, UNTIL ALL MELTED INTO A LUMINESCENT SEA; EVEN AS SUGAR CRYSTALS, THROWN INTO A GLASS OF WATER, DISSOLVE AFTER BEING SHAKEN. THE UNIFYING LIGHT ALTERNATED WITH MATERIALIZATIONS OF FORM, REVEALING THE LAW OF CAUSE AND EFFECT IN CREATION.

AN OCEANIC JOY BROKE UPON CALM ENDLESS SHORES OF MY SOUL, THE SPIRIT OF GOD, I REALIZED, IS EXHAUSTLESS BLISS; HIS BODY'S COUNTLESS ISSUES OF LIGHT. A SWELLING GLORY WITHIN ME BEGAN TO ENVELOP TOWNS, CONTINENTS, THE EARTH, STELLAR AND SOLAR SYSTEMS, TENUOUS NEBULAE, AND FLOATING UNIVERSES. THE ENTIRE COSMOS, GENTLY LUMINOUS, LIKE A CITY SEEN AFAR AT NIGHT, GLIMMERED WITHIN THE INFINITUDE OF MY BEING. THE DAZZLING LIGHT BEYOND THE SHARPLY ETCHED GLOBAL OUTLINES FADED SOMEWHAT AT THE FARTHEST EDGES; THERE I COULD SEE A MELLOW RADIANCE, EVER UNDIMINISHED IT WAS INDESCRIBABLY SUBTLE; THE PLANETARY PICTURES WERE FORMED OF GROSSER LIGHT .

THE DIVINE DISPERSION OF RAYS Poured FROM AN ETERNAL SOURCE, BLAZING INTO GALAXIES, TRANSFIGURED WITH INEFFABLE AURAS. AGAIN AND AGAIN I SAW THE CREATIVE BEAMS CONDENSE INTO CONSTELLATIONS, THEN RESOLVE INTO SHEETS OF TRANSPARENT FLAME, BY RHYTHMIC REVERSION SEXTILLION WORLDS PASSED INTO DIAPHANOUS LUSTRE, THEN FIRE BECAME FIRMAMENT. I COGNIZED THE CENTRE OF THE EMPYREAN AS A POINT OF INTUITIVE PERCEPTION IN MY HEART. IRRADIATING SPLENDOUR ISSUED FROM MY NUCLEUS TO EVERY PART OF THE UNIVERSAL STRUCTURE. BLISSFUL "AMRITA" THE NECTAR OF IMMORTALITY, PULSED THROUGH ME WITH QUICKSIVERLIKE FLUIDITY. THE CREATIVE VOICE OF GOD I HEARD AS "AUM" THE VIBRATION OF THE COSMIC MOTOR, SUDDENLY THE BREATH RETURNED TO MY LUNGS MY IMMENSITY WAS LOST, ONCE MORE I WAS LIMITED TO THE HUMILIATING CAGE OF THE BODY.....

PARAMAHANSA YOGANANDA

“IN CONTACT” WITH THE FLUX OF “ COSMIC CONSCIOUSNESS”

ALL RELIGIONS KNOWN AND NAMED TODAY WILL BE MELTED DOWN

RELIGION WILL NOT RELY ON TRADITION

ALL CHURCHES, PRIESTS, FORMS, CREEDS, PRAYERS, ALL AGENTS

ALL INTERMEDIARIES BETWEEN THE INDIVIDUAL MAN AND GOD

WILL BE PERMANENTLY REPLACED BY DIRECT UNMISTAKABLE INTERCOURSE

THE SAVIOUR OF MAN IS “COSMIC CONSCIOUSNESS”

IT SHOWS THAT THE UNIVERSE IS GOD, AND THAT GOD IS THE UNIVERSE

AND THAT NO EVIL DID OR EVER WILL ENTER INTO IT

RICHARD MAURICE BUCKE

**WITHIN “YOU” IMMENSE KNOWLEDGE IS WAITING
FOR YOUR PERMISSION TO UNFOLD**

AMMA

WORLD PEACE

JUST AS YOU WAKE UP FROM A NIGHTMARE AND FEEL RELIEVED TO DISCOVER YOU HAVE ONLY BEEN DREAMING, **SO YOU CAN WAKE UP TO THIS DAY TIME DREAM OF THE MIND** TO REALIZE THAT WHO YOU REALLY ARE IS COMPLETELY BEYOND THE HUMAN MIND ITS EMOTIONS AND BODY

SELF-REALIZATION IS COMPLETE AND UTTER FULFILMENT, IT IS THE END OF ALL SUFFERING AND SEPARATION, IT IS ALSO THE CONSCIOUS BEGINNING OF PERFECT PEACE, HOWEVER THIS IS FAR MORE THAN A PERSONAL AFFAIR. AS THE CONSCIOUSNESS TRANSFORMS, THAT IS AS THE FALSE STATE FALLS AWAY, SO DOES THE WORLD TRANSFORM SO **“SELF REALIZATION”** IS NOT A TRIVIAL MATTER, WITH “ENLIGHTENMENT” A GENUINE AND ENDURING PEACE IS TRUE POSSIBILITY.

KATE DAVIS

PERCEPTION IS MANIFESTATION

NEVER DO WE NEED TO BE HEALED, ALL THAT IS NECESSARY IS A GREATER AWARENESS, CONSCIOUSNESS OR REALISATION OF THAT WHICH WE ALREADY ARE

UNIVERSAL CONSCIOUSNESS IS TIMELESS CONSCIOUSNESS

THE ILLUSION OF “TIME” OR JUST BODY CONSCIOUSNESS IS THE CAUSE OF ALL PAIN AND SUFFERING

HERE IS AN EXTRACT FROM AUTOBIOGRAPHY OF A YOGI..

IN HIS FAMOUS EQUATION OUTLINING THE EQUIVALENCE OF MASS AND ENERGY , EINSTEIN PROVED THAT THE ENERGY IN ANY PARTICLE OF MATTER IS EQUAL TO THE MASS OF WEIGHT MULTIPLIED BY THE VELOCITY OF LIGHT .

THE LAW OF MIRACLES

THE MASTERS (FULLY CONSCIOUS BEINGS) WHO ARE ABLE TO MATERIALIZE THEIR BODIES OR ANY OTHER OBJECT, **AND TO MOVE WITH THE VELOCITY OF “LIGHT”** AND TO UTILIZE THE CREATIVE LIGHT RAYS IN BRINGING INTO INSTANT VISIBILITY ANY PHYSICAL MANIFESTATION HAVE FULFILLED THE NECESSARY EINSTEINIAN CONDITION; **THEIR MASS IS INFINITE**

THE CONSCIOUSNESS OF A PERFECTED YOGI (A FULLY CONSCIOUS BEING) IS EFFORTLESSLY IDENTIFIED, NOT WITH A NARROW BODY, BUT WITH THE **“UNIVERSAL STRUCTURE”** GRAVITATION, WHETHER THE “FORCE” IS NEWTON OR EINSTEINIAN “THE MANIFESTATION OF INERTIA” IS POWERLESS TO COMPEL A MASTER TO EXHIBIT THE PROPERTY OF “WEIGHT” WHICH IS THE DISTINGUISHING GRAVITATIONAL CONDITION OF ALL MATERIAL OBJECTS

HE WHO KNOWS HIMSELF AS THE OMNIPRESENT SPIRIT IS SUBJECT NO LONGER TO RIGIDITIES OF A BODY IN TIME OR SPACE THEIR IMPRISONING RINGS-PASS -NOT HAVE YIELDED TO THE SOLVENT “I AM HE”

A YOGI (A FULLY CONSCIOUS BEING) WHO THROUGH PERFECT MEDITATION HAS MERGED HIS CONSCIOUSNESS INTO THE CREATOR (THE UNIVERSAL LIFE FORCE) PERCEIVES THE COSMICAL ESSENCE AS LIGHT; TO HIM THERE IS NO DIFFERENCE BETWEEN THE LIGHT RAYS COMPOSING WATER AND THE LIGHT RAYS COMPOSING LAND. FREE FROM MATTER CONSCIOUSNESS, FREE FROM THE THREE DIMENSIONS OF SPACE AND THE FORTH DIMENSION OF TIME, A MASTER TRANSFERS HIS BODY OF LIGHT WITH EQUAL EASE OVER THE LIGHT RAYS OF EARTH, WATER , FIRE OR AIR . IF....

THEREFORE THINE EYE BE SINGLE THY WHOLE BODY WILL BE FILLED WITH LIGHT

LONG CONCENTRATION ON THE LIBERATING **“SPIRITUAL EYE”** HAS ENABLED THE YOGI TO DESTROY ALL DELUSIONS CONCERNING MATTER AND ITS GRAVITATIONAL WEIGHT; **HENCEFORTH HE SEES THE UNIVERSE AS AN ESSENTIALLY UNDIFFERENTIATED MASS OF “LIGHT”.**

AUTOBIOGRAPHY OF A YOGI

THE WONDERFUL THING ABOUT CONSCIOUSNESS

IS THAT ITS ALWAYS COMPLETE

**THERE IS NO TIME ALL IS “SPIRIT” (CONSCIOUSNESS) FINISHED NOW !
LIVING IN TIME CONSCIOUSNESS, HUMAN CONSCIOUSNESS IS THE HUMAN DREAM**

HERE ARE SOME EXTRACTS FROM SOME OF ALFRED AIKEN’S BOOKS

WITHOUT TIME THERE WOULD BE NO PHYSICAL CONCEPTION, DEVELOPMENT OR BIRTH, WITHOUT TIME THERE CAN BE NO MATURING; NO EVOLVEMENT, NO DECLINE AND NO DEATH. EVERY EVENT FROM THE CRADLE TO THE GRAVE IS MAPPED OUT ON THE CHART OF TIME, LONGITUDE AND LATITUDE DEPEND WHOLLY ON TIME, WHAT IS TIME ? IT IS ONLY A PERIOD WHEN NOW IS NOT !

MOST OF THE OCCULT TEACHINGS, WHETHER EASTERN OR WESTERN ANCIENT ASSUMES THAT ONES TROUBLES ARE LARGELY THE PRODUCT OF A FORMER INCARNATION OR THE WORKING OUT OF KARMA EVERY APPROACH FROM TROUBLES, NO MATTER WHAT THE GUISE BEGINS IN AND DEALS WITH TIME !

PROBE INTO THIS NONSENSE A BIT FURTHER. EVERY PROBLEM, EVERY DIFFICULTY EVERY EXPERIENCE THAT BEFALLS ONE FROM SO-CALLED HUMAN INCEPTION TO DEMISE, FROM THE TINIEST TO THE MOST GLOWING EXPERIENCE, IS CHARTED IN TIME BEFORE ONE EVEN BEGINS TO BREATHE ! ONE MAY ASSUME HE HAS POWER OF CHOICE OR DECISION, BUT THIS IS FALSE, FOR THE PREDOMINATE TIME-TRAITS ALWAYS GUIDE HIM UNERRINGLY ALONG THE PATH OF HUMAN DESTINY. LIKE BOARDING A TRAIN AT SUCH AND SUCH TIME, EVERY SINGLE FOOT OF TRAVEL OVER THE ROUTE IS ARRANGED PER SCHEDULE—— THE COUNTRYSIDE THROUGH WHICH ONE PASSES, THE STOPS THAT ARE MADE, THE SPEED OF TRAVEL AND THE FINAL DESTINATION, ARE ALL IN ACCORD WITH THE TIME-TICKET ! WHILE THIS IS A ROUGH EXAMPLE IT SHOULD MAKE CLEAR THE FOLLY OF A HUMAN JOURNEY “THROUGH THE VALE OF TEARS”

THERE IS NO DESTINY, NO TIME, NO FUTURE, NO HISTORY, NO RECORD OF SHORTAGES, NO ACCUMULATION OF ERROR, NO ATTRITION. THERE ARE NO PERSONAL, DOMESTIC, RACIAL, NATIONAL, INTERNATIONAL OR GALACTIC BEINGS; THERE IS NO CREATION, NO HUMANITY WHATEVER. **THE ALONE INFINITE ONE HAS NEVER CHANGED INTO THE MANY OR FALLEN FROM BEING THE PRESENT INDIVISIBLE, INSEPARABLE ABSOLUTE ALLNESS OF ALL NOW !**

ALFRED AIKEN

SPENDING THOUSANDS OF YEARS IN THE BUSINESS OF BEING HUMAN HAS ACCOMPLISHED NOTHING IN FACT, FOR THERE IS NO TRUTH IN HUMANITY. NO THING AND NO ONE IS MAN. THERE HAS NEVER BEEN A RACE OF MORTALS ANY MORE THAN THERE HAS BEEN A FLAT EARTH, SPIRIT ONLY IS THE INFINITE ALL FOR THE ENTIRE DURATION OF ETERNITY. WHY THROW AWAY THE PRECIOUS NOW, THE ABSOLUTE PRESENT, IT IS FOLLY TO PLAY THE PRODIGAL AND TRY TO BE WHAT YOU ARE NOT AND NEVER CAN BE THE “ I AM” OF YOU IS NOT MAN MORTAL A HUMAN BEING OR A PERSONALITY. INFINITE INTELLIGENCE KNOWS NO SUCH. SO HOW CAN YOU, HAVING NO OTHER LIFE, BEING OR IDENTITY

ALFRED AIKEN

IF THERE WAS SUCH A THING AS DEATH THAT WHICH HAS BEEN CALLED BIRTH WOULD BE THE FIRST DEATH. THAT WHICH HAS BEEN CALLED RESURRECTION IS THE COMPLETE TRANSCENDENCE ABOVE AND BEYOND THE MIASMA OF THE FIRST DEATH CALLED BIRTH; THOSE OF US WHO TRANSCEND THE SUPPOSED FIRST DEATH RIGHT HERE IN THE MIDST OF APPARENT SEPARATION KNOW THERE IS NO SECOND DEATH, BECAUSE THE INSEPARABLE ONE AND ONLY CONSCIOUSNESS IS REVEALED IN “ILLUMINATION” TO BE THE ONLY CONSCIOUSNESS OF EACH AND EVERY ONE OF US IN FULL TRANSCENDENCE THERE ARE NO TEMPLES, CHURCHES, NO PRIEST, MINISTERS, MASTERS, TEACHERS, LEADERS, GURUS OR TEACHERS. NEITHER ARE THERE ANY ORGANISATIONS OR GROUPS COMPLETELY BEYOND AND ABOVE ALL SEPARATION; THERE IS NO OTHERNESS. COMPLETE TRANSCENDENCE IS THE COMPLETE LIGHT THAT YOU ARE ! LIVING IN FULL CONSCIOUSNESS WE ARE BEYOND ANY VIBRATION OF FEAR, PAIN, SORROW OR WORRY WE WALK IN THE LIGHT AND AS THE LIGHT IN ABSOLUTE FREEDOM

MARIE S. WATTS

GROWING UP IT SEEMS THAT MARIE HAD NO CHOICE BUT TO FIND THE ANSWERS TO THE BURNING QUESTIONS OF WHY WE WERE HERE . SHE STUDIED MANY OF THE EASTERN AND WESTERN MYSTICS AND MANY OF THEIR BOOKS DECIDING IN THE END TO FIND ALL THE ANSWERS FOR HERSELF. SHE FINALLY DISCARDED HER CAREER AS A CONCERT PIANIST AND WENT INTO THE DESERT FOR EIGHT YEARS. ONE NIGHT SHE SAYS I WAS AMAZED TO FIND THAT THE ROOM WAS LIGHTED. AT FIRST I THOUGHT I MUST HAVE UNKNOWINGLY LEFT ON THE LIGHT, THEN I REALIZED THAT THE LIGHT IN THE ROOM WAS NOT FROM ANY ARTIFICIAL SOURCE AND I KNEW THAT THE ANSWERS I HAD BEEN SO INTENSELY SEEKING FROM CHILDHOOD WERE REVEALING THEMSELVES. I VERY QUICKLY REACHED FOR A WRITING PAD AND I WROTE ALL THE ANSWERS TO THE QUESTIONS I'D HAD AS THEY CAME, AND I WROTE BY THE LIGHT THAT LITERALLY FLOODED THAT ROOM !

I'VE SEEN THE HUMAN MIND IN ALL IT'S GLORY

I'VE SEEN THE HUMAN MIND (**MENTAL REALM**) IN ALL ITS GLORY. I'VE SEEN THE HUMAN MIND PREEN ITSELF AND SUNTAN ITSELF. I'VE SEEN IT EXUDE JUST ENOUGH OF ITSELF TO HOLD ITS PREY. I'VE SEEN THE HUMAN MIND LAUGH AT TRUTH AND EVEN IN THE FACE OF IT MOCK. I'VE SEEN IT WHEN IT FEELS INSECURE AND BECOMES FEAR-FULL. I'VE SEEN IT WHEN IT FEELS LEFT OUT AND THE CUNNINGNESS OF IT WHEN IT FEELS LOST OR ALONE. I'VE SEEN IT TURN AND MAKE A LOVER WRONG TO OTHERS WHEN IT SUITS ITSELF. I'VE SEEN IT MAKE A REALLY GREAT AND GOOD FRIEND A FOOL. I'VE SEEN THE HUMAN MIND MAKE ITSELF ILL AND HAVE ITS BODY DISEASED TO GRAB THE ATTENTION IT CRAVES FROM FRIENDS, LOVERS AND FAMILY THAT IT BELIEVES IT NEVER HAD. I'VE SEEN THE HUMAN MIND THROW AWAY MATERIAL OBJECTS AND CLOSE RELATIONSHIPS LIKE BROKEN TOYS WHEN IT BECOMES BORED, UNCHALLENGED, HAD ITS FILL, OR LOST IT'S PURPOSE TO CONTROL. I'VE SEEN THE HUMAN MIND USE AND EVEN ABUSE THAT USEMENT (IF THERE IS SUCH A WORD) YES, I'VE SEEN THE HUMAN MIND. I'VE SEEN THE HUMAN MIND FLAUNT ITSELF TO ATTRACT AND CONTROL AND THEN BECOME CARELESS, AND TO GIVE JUST ENOUGH OF ITSELF TO HOLD INTEREST BUT NOT TOO MUCH TO LOVE FREELY OR TO BE VULNERABLE, OR OUT OF CONTROL. YES, I'VE SEEN ENOUGH OF THE HUMAN MIND TO MAKE ME "WISE" ENOUGH "PASSIONATE" ENOUGH AND "ERNEST" ENOUGH TO MAKE ME WANT TO FIND MY DIVINITY.....

THERE IS NO DIS-EASE IN FULLY CONSCIOUS BEINGS .

THE INFINITE POWER OF THE SELF

ONCE YOU ARE ESTABLISHED IN A STATE OF NO MIND (HUMAN MIND) NO ONE CAN DO ANYTHING TO YOU UNLESS YOU CONSCIOUSLY LET THEM DO IT. YOU CAN ALLOW SOMETHING TO HAPPEN OR NOT HAPPEN. WHETHER IT HAPPENS OR NOT YOU REMAIN A WITNESS COMPLETELY UNTOUCHED AND UNPERTURBED, EVER ESTABLISHED IN A STATE OF DETACHMENT.

SUPPOSE SOMEONE WANTED TO HARM YOU OR EVEN KILL YOU THEY CANNOT LIFT A FINGER AGAINST YOU IF YOU DO NOT PERMIT IT. AS LONG AS YOUR SANKALPA (RESOLVE) IS THERE, THERE'S NOTHING THEY CAN DO TO AFFECT YOU.

THEY WILL IN SOME MYSTERIOUS WAY ALWAYS FAIL. FINALLY THEY MIGHT REACH THE CONCLUSION THAT SOMETHING, SOME DIVINE POWER IS PROTECTING YOU, BUT THIS POWER IS THE INFINITE POWER OF THE "SELF" IT IS NOT SOME POWER THAT COMES FROM OUTSIDE, THE SOURCE OF THIS POWER IS WITHIN YOU, YOU ARE THAT INFINITE POWER.

WHEN YOU ARE EGOLESS YOU ARE EVERYTHING, THE ENTIRE UNIVERSE IS WITH AN "ENLIGHTENED BEING", EVEN THE ANIMALS, TREES, MOUNTAINS AND RIVERS AND SUN AND MOON AND THE STARS ARE ON THE SIDE OF A "SELF-REALISED" BEING, BECAUSE IN THAT STATE YOU ARE EGO-LESS

WHEN YOU BOW DOWN BEFORE ALL EXISTENCE IN UTTER HUMILITY (EXISTENCE) BOWS DOWN TO YOU AND SERVES YOU

AMMA

SUGGESTED BOOKS FOR READING

“PARENTHESIS IN ETERNITY” BY JOEL GOLDSMITH

“LIFE AND TEACHINGS OF THE MASTERS OF THE FAR EAST”

BY BAIRD T. SPALDING

“COSMIC CONSCIOUSNESS” BY DR BUCKE

“MANY LIVES MANY MASTERS” BY BRIAN WIESS

“YOU ARE THE SPLENDOUR” BY MARIE S, WATTS

“NOW” BY ALFRED AIKEN (HIGHLY RECOMMENDED)

“AUTOBIOGRAPHY OF A YOGI” (HIGHLY RECOMMENDED)

BY PARAMHANSA YOGANANDA

“CELESTINE PROPHECY” BY JAMES REDFIELD

“EARTH THE ONLY PLANET OF CHOICE” BY PHYLISS SCHLEMMER

“THE FINISHED KINGDOM” BY LILLIAN DE WATERS

“THE ULTIMATE” BY MARIE S. WATTS (HIGHLY RECOMMENDED)

“I AM THAT” BY SRI NISARGADATTA MAHARAJ

“THE UNCHALLENGED SELF” BY ALFRED AIKEN (HIGHLY RECOMMENDED)

“YE ARE GODS” BY ANNA LEE SKARIN

“THE END OF DEATH” BY NOUK SANCHEZ

“GREATER WORKS” BY LILLIAN DE WATERS

“NO MIND I AM THE SELF” BY DAVID GODMAN

“THE INFINITE WAY” BY JOEL GOLDSMITH

“REMEMBER” BY BERT CARSON

FREEDOM

HAVING REALISED THAT THE WORLD PICTURE SCREEN-SELF AND EVERYTHING ON IT AND IN IT IS ESSENTIALLY **“LIGHT”** ONE SHOULD REMAIN STILL AND BLISSFUL IN THE FIRM CONVICTION OF **“BEING THE LIGHT ITSELF”** THIS CONVICTION SHOULD BE MAINTAINED EVEN WHILE FUNCTIONING IN THE WORLD OF NAME AND FORM . THOSE WHO HEED THIS MESSAGE AND ABIDE IN ACCORDANCE WITH IT WILL EXPERIENCE **“ILLUMINATION”** HENCE **“LIBERATION”** (MOKSHA) . THEY WILL NOT SUFFER FROM ANY AFFLICTION AND ENJOY A BLISS FAR GREATER THAN ALL OTHER WORLDS AND THEIR ENVIRONMENT WILL BE FILLED WITH PLENITUDE AND AUSPICIOUS EVENTS. TOTALLY FREE FROM ANY TRACE OF FEAR THEY WILL NEVER AGAIN ENTER THE CYCLE OF BIRTHS AND DEATHS BECAUSE THEY WILL BE **“THE IMMUTABLE LIGHT ITSELF”** THE TRUE SELF INCLUDING THE FORM

LIBERATION

TOTALLY FREE OF THE CONSCIOUSNESS OF **“I AM THE BODY”** AND THE THREE STATES OF WAKING, DREAMING AND SLEEP, ONE IS ALSO DEVOID OF ALL DISTINCTIONS OF NAME AND FORM OR EVEN THE THOUGHT OF BONDAGE OR FREEDOM ! **BUT TOTALLY AWAKE WHILE STILL FUNCTIONING IN NAME AND FORM**

THE MESSAGE

THERE NEVER WAS NOR EVER COULD BE THAT WHICH THE WORLD HAS COME TO KNOW AS A HUMAN BEING. THE SKELETON IS JUST A FRAMEWORK FOR THE **“UNIVERSAL LIFE FORCE “THE LIGHT” (ENERGY)** HELD IN THE SPINE, KNOWN AS **“SPIRIT”** IN A THIRD DIMENSIONAL REALITY. ONCE YOU CONSCIOUSLY KNOW THIS YOU BEGIN TO HOLD THE ENERGY OF THE WHOLE UNIVERSE IN THE BODILY UNIT, BLOW THE CHAKRAS OPEN AND LIVE IN A UNIVERSAL FREQUENCY WHERE THERE IS NO DISEASE

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IF YOU FEEL THAT SOMEBODY MIGHT BENEFIT FROM THIS LITTLE BOOK PLEASE FEEL FREE TO COPY IT AND PASS IT ON, AS DISEASE DISSOLVES FROM OUR ENERGY FIELD AS A HIGHER VIBRATIONAL STATE IS ATTAINED OR REALISED

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THERE IS NO DISEASE IN A FULLY CONSCIOUS BEING