

Allergens

Dinner

OB bread & butter	gluten, milk
Limpopo biltong	gluten, milk, egg, celery, soya, fish
Watermelon salad	peanuts, soy
BBQ sweetcorn on muffin	gluten, milk, sesame
BBQ tomato and stone fruit salad	nut, sesame
Peri Peri chicken skewers	sesame
King oyster mushroom, beetroot, mash	
Sticky Pork belly, pineapple, cucumber	gluten, soya
Mackerel & chips	fish, celery, egg, milk, mustard, soy
Confit duck leg	milk, soya, mustard, sesame (stock produced in environment with celery, egg, fish, gluten, mustard, sulphites)
Lamb belly flatbread	gluten, milk, mustard
Curry butter chips	milk, mustard, soy
Flatbread, pineapple & chilli sauce	gluten, milk
Malva pudding and ice cream	milk, gluten, egg, soya
Banana split	milk, egg, peanut
Blackberry & apple crumble, ice cream	milk, gluten, egg, nut
Chocolate sorbet	
Raspberry & fig leaf sorbet	
Malted milk ice cream	milk, egg
OB punch	milk

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Brunch/Lunch

Eggs Benedict – bacon & spinach	gluten, milk, egg, sesame
Eggs Benedict – salmon	gluten, milk, egg, fish
Bacon, egg, cheddar sandwich	gluten, milk, egg, soy
Sausage, egg, cheddar sandwich	gluten, milk, egg, soy
Avocado, egg, cheddar sandwich	gluten, milk, egg, soy
Granola	gluten, milk, nut
Babka French toast	gluten, milk, egg
Isle of Wight tomatoes on toast	gluten, nut
Charred avocado on toast	gluten, soy
Smoked salmon on cape seed loaf	gluten, milk, fish, sesame
Confit duck & chorizo hash	milk, egg, mustard, traces of soya in chorizo
Hash brown fries, chilli, labneh	milk, peanut, soy
The Cuban	gluten, milk, mustard
Curry butter chip butty	gluten, milk, egg, mustard, soy
Turtle brownie	gluten, milk, egg, soya, nut
Cinnamon bun	gluten, milk, egg
Blueberry ice cream	milk, egg
Peanut butter ice cream, brownie, caramel	gluten, milk, egg, soya, nut, peanut
Peanut butter ice cream	milk, egg, peanut
Strawberry eton mess	milk, egg
Sorbet	-
Malted milk ice cream	milk, egg