



# St Gabriel's C.E. Primary School

Churchill Gardens Road

Pimlico, London

SW1V 3AG

Phone: 0207 186 0080



City of Westminster LA

Diocese of London

Headteacher: Rebecca Anson

Website: [www.stgabrielsprimary.co.uk](http://www.stgabrielsprimary.co.uk)

Email: [office@stgabrielsprimary.co.uk](mailto:office@stgabrielsprimary.co.uk)

Thursday 1<sup>st</sup> October 2020

## Personal Social Health Education and Relationship and Sex Education Policy Consultation

Dear Parents and Carers

At St Gabriel's Personal Social Health and Economic Education (PSHE) has always been a key part of our curriculum offer as we believe it is important for our children to have as broad and as balanced an educational experience as possible, ensuring that our children have the best foundations for later life. Part of PSHE focuses on Relationships and on Sex Education (RSE). This academic year, it is compulsory to teach the Health Education and Relationships Education (primary) aspects of PSHE education in all primary schools.

We have updated our PSHE and our RSE policy to take account of this.

From Christmas 2021 we plan to follow the PSHE Association Scheme of Work for PSHE. This is an organisation recommended by the Department for Education and the Local Authority. The scheme of work also covers objectives for Relationship and Sex Education. RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, healthy lifestyles, diversity and personal identity. RSE involves a combination of sharing information, and exploring issues and values. **RSE is not about the promotion of sexual activity.**

The aims of personal, social, health and economic (PSHE) education in our school are to:

- Develop an awareness of their responsibility as a citizen of our school and the wider community.
- Respect people's differences, in line with the Equalities Act 2010 ([www.legislation.gov.uk/ukpga/2010/15/contents](http://www.legislation.gov.uk/ukpga/2010/15/contents)) .
- Become independent and responsible members of the community.
- Develop their self-confidence and self-esteem.
- Have a strong understanding of how to live a healthy lifestyle and to take responsibility for their own physical and mental health.
- Have an awareness of their own safety and how to make informed choices to keep themselves safe.
- Have the skills to make informed choices with regards to personal and social issues.



We're working  
towards Artsmark  
Awarded by Arts  
Council England



- Develop a range of personal skills, which will help them to understand relationships, and appreciate the values of a stable family and the responsibilities of parenthood.
- Begin to develop an understanding of the world of work and the wider issues of economic and industrial life.
- Develop an awareness of their responsibility for the environment.
- Understand the importance of British Values
- Be aware of how to keep themselves safe online and the potential risks of using the internet and social media in today's society.

Relationship and sex education is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the statutory science curriculum in Year 1,5 and 6 with the following objectives:

YEAR ONE	- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
YEAR TWO	- notice that animals, including humans, have offspring which grow into adults - describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene
YEAR FIVE	- describe the life process of reproduction in some plants and animals - describe the changes as humans develop to old age

- Pupils also receive non compulsory stand-alone sex education sessions delivered by a trained health professional in Years 5 and 6. A parent meeting is held ahead of these sessions and parent permission is sought before the children take part in the sessions. The Appendix of St Gabriel's RSE policy refers to the topics covered during these sessions. Resources and materials are shared with parents during the meeting, ensuring parents and carers are fully aware of the topics covered.
- Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:
  - Families and people who care for us
  - Caring friendships
  - Respectful relationships
  - Online relationships
  - Being safe

We understand that this is a sensitive subject for many families and so would encourage parents to view our draft policies. Available on our website in the 'Parent Information', Policy Consultation' link.

The draft polices can be found on our website. We would like to open our policies up for consultation over the month of October and then will have an opportunity for parents to feed back in the first week of November. Normally we would offer a parent meeting for this, however due to the Covid 19 restrictions we are unable to do that. We will therefore happily receive any feedback or questions via email to the office.

Rebecca Anson  
Headteacher