

# St Gabriel's C.E. Primary School

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## Weekly Newsletter Monday 20<sup>th</sup> November 2017

Dear Parents/Carers,

### We have a new look website!!!



Please do visit our website and take a look. If there is anything else you feel would be useful to have on the website, we welcome your suggestions at the bottom of the newsletter.

Angie has also been Tweeting daily news about St Gabriel's, you can find out what we've been up to and see different photos from various events, trips and classrooms. You can follow us [@gabrielsschool](https://twitter.com/gabrielsschool)



**Parent Group At St Gabriel's Church Hall:** Would you like to improve your spoken English, or would you like to help others improve their English? David King, our school governor who plays the piano during Thursday family assembly, is starting a free parent coffee (or tea!) morning aimed at parents who would like to improve their English or others who would like to help. The coffee mornings will be held at the St Gabriel's Church Hall – this is not the actual church, but is the hall owned by the church where community events take place and is located between school and the City West Homes office. The coffee morning will be at 9am every Wednesday morning starting on Wednesday 29<sup>th</sup> November. If you would like to join, no registration is needed, just turn up after you have dropped your child at school, or if you would like more information please email David King: [info@stgabrielshalls.org.uk](mailto:info@stgabrielshalls.org.uk)

**Class trips this week:** Class 1 and Class 6 were both out on trips this week. As part of the Remembrance Not Forgotten Project, Class 6 visited Westminster Abbey and Class 1 had a great time dressing up during their trip to the National Army Museum to learn all about Florence Nightingale.

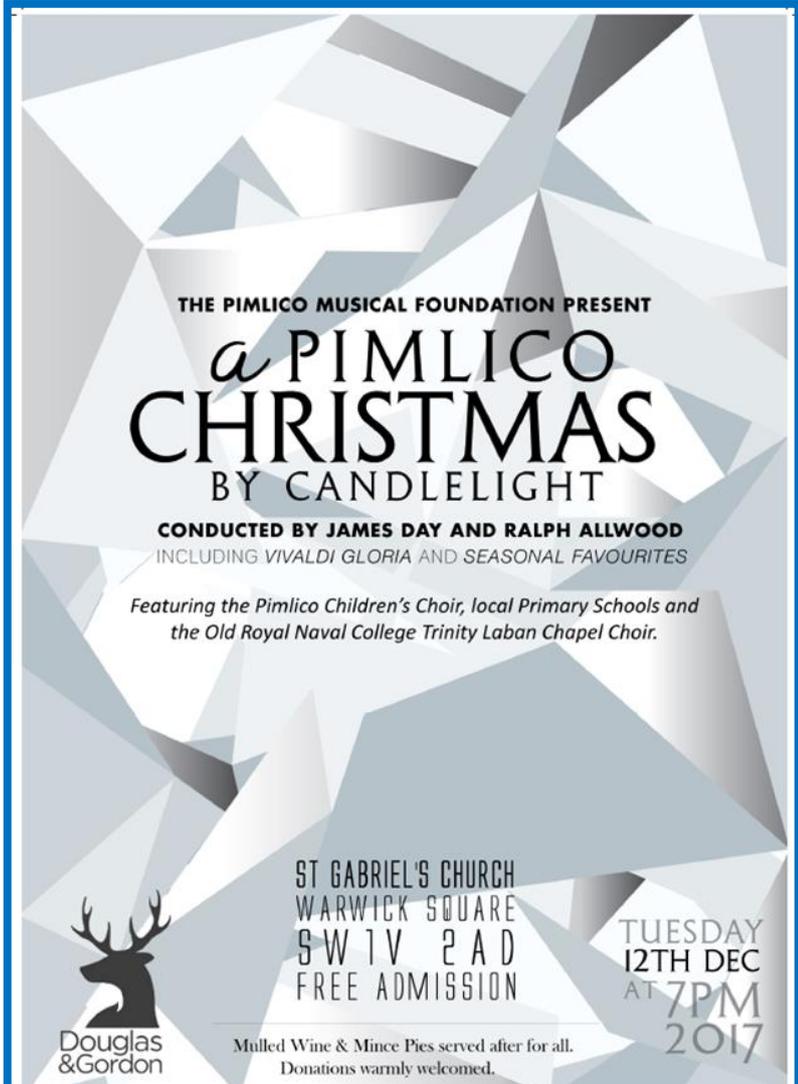


**MEND:** We have had the ‘**Mind, Exercise Nutrition....Do it**’ team in school working with Classes 1 and 4. They held a parent group last Tuesday and have also given us some useful guidance on healthy packed lunches for a balanced diet.

Healthy Schools		For a balanced packed lunch select these healthier food and drinks		mytimeactive Food Management
	<b>Fruit and Vegetables</b>	and	Include at least one portion of fruit and one portion of vegetables or salad everyday. This includes all fresh, dried (without added sugar and fat), tinned fruit and vegetables.	✓
	<b>Meat Alternatives</b>	and	Include everyday. Includes cooked meats, fish, eggs or another source of non-dairy protein. Non dairy sources of protein include lentils, kidney beans, chickpeas, hummus and falafel.	✓
	<b>Starchy Foods</b>		A starchy food such as any type of bread or pasta, rice, couscous, noodles, potatoes or other cereals, should be included every day.	✓
	<b>Milk and Dairy</b>		Include a dairy food such as milk, calcium fortified soya milk, cheese, yoghurts, fromage frais, rice puddings or custard everyday.	✓
	<b>Drinking Water</b>		Free, fresh drinking water will be available to all children having packed lunches.	✓
	<b>Healthier Drinks</b>		Include only water, still or sparkling, 100% fruit juice, milk, yoghurt or milk drinks (that contain less than 5% sugar per 100g).	✓
<b>Avoid including these foods in packed lunches</b>				
	<b>Crisps and Salted Snacks</b>		Snacks such as crisps and flavoured rice or corn crackers should not be included. Instead include unsalted nuts <sup>1</sup> , seeds, vegetables and fruit (with no added sugar or fat). Savoury crackers or breadsticks served with fruit, vegetables or dairy food are also a good choice. Other suitable alternatives include fruit buns, crumpets, fruit bagels, currant bun/tea cakes.	✗
	<b>Confectionery</b>		Confectionery such as chocolate and chocolate coated products, sweets, cereal bars, sweet pastries and yoghurts with confectionery corners should not be included. A small piece of cake (without icing) or a biscuit are allowed but please ensure portions are within reason.	✗
	<b>Sugary Drinks</b>		Juice drinks and fizzy drinks are not allowed in packed lunches. Instead include 100% pure juice or water.	✗
	<b>Meat products</b>		Meat products such as pepperami sticks and salami should not be included in packed lunches. Breaded products, sausage rolls, and sausages should be included only occasionally	✗

**A Pimlico Christmas – date for your diary:** Classes 4 & 5 and our school choir have been learning songs for this fabulous concert and have been invited to sing at St Gabriel’s Church with the adult choir. The children who wish to attend will be accompanied to Churchill Gardens school, where they can play games and then will be accompanied to the church for a rehearsal and then the concert. More information will follow, but all are warmly invited to the concert.

**Uniform and Cake sale:** This will continue to be every Wednesday after school and is helping to raise funds for our children. So far we have raised £119 for the school!! Cake donations are always welcome at the office, or if you would like to help on the stall, please contact the office or Class 6 parent, Mrs Rexhepi. Please ensure that any cakes donated do not contain nuts. Thank you to everyone who has donated a cake so far!



THE PIMLICO MUSICAL FOUNDATION PRESENT

*a* PIMLICO  
**CHRISTMAS**  
BY CANDLELIGHT

CONDUCTED BY JAMES DAY AND RALPH ALLWOOD  
INCLUDING VIVALDI GLORIA AND SEASONAL FAVOURITES

*Featuring the Pimlico Children’s Choir, local Primary Schools and the Old Royal Naval College Trinity Laban Chapel Choir.*

ST GABRIEL’S CHURCH  
WARWICK SQUARE  
S W 1 V 2 A D  
FREE ADMISSION

TUESDAY  
12TH DEC  
AT 7PM  
2017

Douglas & Gordon

Mulled Wine & Mince Pies served after for all.  
Donations warmly welcomed.

## Attendance

**FANTASTIC ATTENDANCE NEWS!!!!** We continue to be above our target of **96%** attendance for the academic year!! Our attendance since September is now **96.34%**. It would be simply amazing if this can continue to rise. Thank you for your support in this!

	03/11/2017	10/11/2017	17/11/2017
Class 6	97.5	97.67	98.67
Class 5	95.83	96.33	98.67
Class 4	95.83	99	97.33
Class 3	99.14	97.59	97.93
Class 2	98.33	100	98
Class 1	97.28	97.39	97.92
Class R	90.97	90.56	94.44
Average	96.71	97.32	97.75



to Classes 5 & 6 for achieving 98.67% attendance all week .

### Awards:

**Music Award:** Adam, Class 5

**Sports Award:** Omar, Class 5

**Newsletter draw book winner:** - Ava P, Class 1

**Top Table:** **Key Stage 1:** Misheel, Class 1 **Key Stage 2:** Jasmine, Class 5

**Star of the week:** Asvika, Class 3

	Mentions Book	Courtesy Book
Class R	Ayub and Joud	Shalom and Ren
Class 1	Layla and Jassim	Raihana and Ava S
Class 2	Aishah and Andrew	Daisy and Kaiya
Class 3	Malak and Meniah	Asvika and Bea-Grace
Class 4	Mahdi and Maria	Megan and Mishel
Class 5	Jowana and Leykun	Simeon and Mumtaz
Class 6	Raya and Anila	Nafeesah and Lucas

## Dates for Your Diary

**Tuesday 21<sup>st</sup> November:** Class 4 at Tate Britain  
**Thursday 7<sup>th</sup> December:** Class 6 to Westminster Archives

**Wednesday 6<sup>th</sup> December:** St Gabriel's parents and children invited to singing at Westmoreland Terrace Christmas Tree lights

**Tuesday 12<sup>th</sup> December:** Pimlico Musical Foundation Pimlico Christmas Concert

**Wednesday 13<sup>th</sup> December:** Last Swimming for Yr 3

**Tuesday 19<sup>th</sup> December** – School choir singing at the St Gabriel's Carol Service

### Term/holiday Dates for the Autumn term

**Wednesday 20<sup>th</sup> December:** Last day of term – school finishes at 2.30pm

**TERM 3 Tuesday 2<sup>nd</sup> January - Teachers' training day school closed to children**

**Wednesday 3<sup>rd</sup> January 2018** – children return to school

**Events for Parents**

**Every Wednesday:** Mass – a different Junior class each week is in Mass held by Father Owen. You are all warmly invited.

**Every Thursday:** Family Assembly

**Monday 18<sup>th</sup> December:** Nativity Service (afternoon – time to be confirmed)

**Tuesday 19<sup>th</sup> December:** 3.30pm Open afternoon for parents to visit the classroom and see children’s books and Evening Carol Service at St Gabriel’s Church

**Our theme this week – Wisdom**  
**Prayer for the week:**



Thank you Lord that you have given us choice. We can choose what we do, what we say, and how we are with others. Help us to make the right decisions. Lord give us wisdom to know what to say when others are upset, what to do when we are sad or someone else has upset us or made us cross.  
Help us Father to be wise.  
Amen

**Prefer your newsletter on line?**

**Go to our website:**

[www.stgabrielsprimary.co.uk](http://www.stgabrielsprimary.co.uk)

**You can also follow us on Twitter:**

 [@gabrielsschool](https://twitter.com/gabrielsschool)

I hope you have a great week!

Rebecca Anson  
Headteacher



I have read and noted the contents of this newsletter. Date: 20<sup>th</sup> November 2017

Signed: \_\_\_\_\_

Child’s name: \_\_\_\_\_ Class: \_\_\_\_\_

Is there anything you would like us to consider putting on our new website?

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