

Saturday

	Marquee	Main Hall	Upstairs 1	Upstairs 2	Ghyllside Gazebo	Bushcraft	Family tent
7:30am - 8:30am	BREAKFAST AVAILABLE						
9am - 10am	WELCOME and INTRO						
10am - 11am		Middle Eastern myths & reality Rebecca Lowe	Choosing luggage Richard Hallett	Literary tour of northern England Caroline Burrows	Punctures and roadside bodes	Bushcraft: introduction (pre-booked only) 10am - 12pm	Learn to fix your own bike
11am - 12pm	Campsite yoga Stephen Lord	Cycling LEJOG for free(ish) Tom Allen	Wheel building #1 11am - 12.30pm (pre-booked only)	Nine strangers, cycling across the USA Rachel Lundy			
12pm - 1pm	LUNCH AVAILABLE	Cicerone: Cycling into history Richard Barrett		Cycling places you ain't supposed to Dan Martin	Gear and brake adjustment		Planning your own adventure
1pm - 2pm		Cicerone: A trail of two cities Mike Wells	Flying with bikes Neil Wheadon	Family cycling: birth to pedals Chris Leakey		Bushcraft: tools and gadgets (pre-booked only) 1pm - 3pm	
2pm - 3pm	Meet-up Travelling light	Cicerone: Rediscovering Wales Richard Barrett	Wheel building #2 2pm - 3.30pm (pre-booked only)	Cuba unplugged Frank Burns	Broken chains / tools for the road		Get crafty and creative
3pm - 4pm	Cycling and mental health Panel discussion	Cicerone: Cycling the Camino de Santiago Mike Wells		Cheap bicycle touring hacks Tim Millikin		Bushcraft: creative cooking (pre-booked only) 3pm - 5pm	
4pm - 5pm	Camp stove cookery Laura Moss, Sharon Tomlinson	Any bike will do Dan Joyce			Tubeless demystified		
5pm - 6pm	Make your own beer can stove Tom Allen		Creative writing workshop Caroline Burrows				
6.30pm - 8pm	DINNER AVAILABLE	Films (from 5.30pm)			Slow bike race (from 6.30pm)		Competition & bike-themed disco (from 5.30pm)
8pm - 9pm	Open mike storytelling						
10pm	Star gazing (weather dependent)						

Sunday

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7:30am - 9am	BREAKFAST AVAILABLE						
9am - 10am	<i>Meet-up</i> Looking for people to tour with	Out of Africa Peter Gostelow	Favourite kit Megan Fitch		Punctures and roadside bodes		Track pump rockets
10am - 11am	Being your own mechanic Caitlin Bartlett, Sam Chappell & Lucy Greaves	I've got a weekend... Neil Wheadon & panel	Film making Geoff Broadway & Barry Godin	Carretera Austral (with kids) Ed March-Shawcross		Bushcraft: introduction (pre-booked only) 10am - 12pm	
11am - 12pm	Tents & bivis Tim Moss, Sam Jones & Tom Allen	Tread lighter Libby Bowles		Wall to wall Peter & Christine Lloyd	Gear and brake adjustment		
12pm - 1pm	LUNCH AVAILABLE	Tales of the unexpected Ann Wilson	Cycle electronics and lighting Richard Hallett				Rounders
1pm - 2pm		Off road LEJOG Sam Jones (Cycling UK)	Wheelbuilding #3 1pm - 2.30pm (pre-booked only)	Cycling Central America Megan Fitch	Broken chains / tools for the road	Bushcraft: tools and gadgets (pre-booked only) 1pm - 3pm	
2pm - 3pm	Making your own tarp Brenda Cupryna	I've got two weeks... Neil Wheadon & panel		Family cycle touring The Clines family			
3pm - 4pm	<i>Meet-up</i> Planning (or been on) a big trip	The Life Cycle: Adventure in the Andes Kate Rawles	Frame building Richard Hallett	Grown up gap years Debs Butler	Tubeless demystified	Bushcraft: creative cooking (pre-booked only) 3pm - 5pm	Dyeing cloth with natural materials
4pm - 5pm	Tarp pitching Graham Ashton	Classic Rock by bike Oli Warlow	Technical Q&A Ghylside Cycles				
5pm	CLOSING SESSION						

COLOUR KEY	Talks	Other events	Food and drink	Family activities	Meet-ups
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