

A- COMPREHENSION

Too Much TV and not Enough Sleep?

Do your parents say you watch too much TV? Do they think you always watch cartoons and reality shows? A new report says that young people often watch just one and a half hours of TV a day but their parents usually watch twice as much. This report also says that young people don't watch many DVDs on their TVs. This generation prefers computers, so do young people often watch TV online? No, they don't. They sometimes watch DVDs on their computer but only for about two hours a week.

Does this mean that teenagers* go outside and do lots of sport? Unfortunately, no. The computer is now a replacement for the TV and a lot of teenagers spend their time on their computers: they surf the internet, play video games and download music. More than 50 per cent of 13-16 year-olds have got a computer in their room and they don't get enough sleep because of it. Teenagers often sleep for only four hours so they are very tired the next day at school. Do you agree? Do you usually stay up late in the week? We want to hear from our readers.

SOURCE: HI-LO PASSAGES TO BUILD COMPREHENSION

*TEENAGERS: YOUNG PEOPLE BETWEEN THE AGES OF 13 AND 19 INCLUSIVE
(Collins English Dictionary & thesaurus - lexicon)

1. **Read the text. Are these sentences TRUE or FALSE? 2PNTS**
 - a. Parents watch TV for about three hours a day.
 - b. Many young people watch DVDs every day.
 - c. Young people have a healthy lifestyle.
 - d. Lots of teenagers are tired at school.
2. **Find in the article words that mean the same as: 1PNT**
 - a. Digital Videodiscs: (parag 1)
 - b. sufficient: (parag 2)
3. **Answer from the article: 2PNTS**
 - a. according to the report, who watches TV more young people or parents?
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 - b. why don't teenagers get enough sleep?
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B-Language & Vocabulary

4. **Use the Present Simple. Complete with the correct form of the verbs in brackets: 3.5PNTS**

Lara: Our cat Kiki is black and white.
 Josh: (she / like / eat)?
 Lara: Yes, she She really (like) her food.
 Josh: What (she / eat)?
 Lara: She (have) cat food. We (give / sometimes) her milk.
 She (not / sit / often) on the table at breakfast time.
5. **Complete with the correct words: 2PNTS**
 - a. A: it often rain this time of the year?
 B: Yes, it often Especially in the mid of Spring.

