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**CMP FINANCIAL PLANNING RELEASES E-BOOK FOR THE DENTAL COMMUNITY:
*CREATING FINANCIAL INDEPENDENCE AND RETIREMENT FOR DENTISTS***

COLUMBUS, OH, July 26, 2016 – CMP Financial Planning, a Columbus, Ohio-based financial advisory firm recently released its first e-book, *Creating Financial Independence and Retirement for Dentists*. The e-book addresses the mounting challenges faced by the dental community in saving and investing for retirement. Authored by Christina Povenmire, founder of CMP Financial Planning, and Barry Jamieson, associate planner with the firm, the e-book reveals data collected from a survey of 41 Ohio-based dental professionals to determine sources of stress, and illustrates how comprehensive financial planning can be used to help alleviate those stressors.

“The e-book shows that while dental practices may be affected by the economy and other factors such as shrinking insurance coverage and rising costs,” says Povenmire, “working with a planner can help to overcome those challenges—by managing financial complexity and taking advantage of opportunities to build wealth.”

Povenmire and Jamieson take special interest in helping their clients to gain confidence to take control over their financial futures. They found that their new dental professional clients were suffering from common stressors that could be alleviated with financial planning. A significant percentage of their survey respondents reported their retirement assets were not what they’d hoped they’d be. Additionally, those professionals who work with a financial advisor reported significantly less stress than those who do not work with a financial advisor.

The e-book is available at no cost on the firm’s website: <http://www.cmpfinancial.com/who-we-help/dental-professionals/>. Povenmire is also available to conduct financial planning workshops geared specifically for dental professionals.

About CMP Financial Planning: CMP Financial Planning is a Columbus, Ohio-based fee-only firm that specializes in financial planning, investment management, and retirement planning to help clients manage, grow and protect their assets through life’s transitions. The firm works with busy professionals such as small business owners and dental professionals, families with children of special needs and retirees. As an independent, registered investment advisor (RIA) since 2002, the firm always puts its clients interests first, is not affiliated with any products and does not ever receive commission for selling products. For more information, visit www.cmpfinancial.com or call (614) 487-1244.