




Cheshire Blades Football Club

Risk Assessment and Resuming Training Plan

Assessor(s) : Adrian Prince / Simon Hoyland

Description of Task/Activity/Area/Premises etc. Reopening of The Peacock training ground

NB – This resuming training plan only pertains to ‘The Peacock’ training ground. No other training grounds to be used by teams at this time.

What are the hazards?	What are we already doing? What are planning to do?	Actions – by when and by who?,
Spread of virus from those already ‘infected’	<ul style="list-style-type: none"> All parents must take the players and accompanying adult’s temperatures prior to leaving home Communication to parents – If your child has any symptoms, inform the manager and stay away If a child or parent tests positive for COVID19, all parents of players in their training group to be informed 	Information to be shared with parents prior to training resuming – week beginning 8 th June.
Spread of virus due to lack of understanding of social distancing measures	<ul style="list-style-type: none"> Sessions to be planned in line with FA guidance to reduce person to person contact Identify potential ‘pinch points’ at training ground – identified on map below as  parents to be mindful and not stop and wait in these areas Temporary marking put down at pitch side to identify 2 metre gap Ensure all parents and players are aware of processes and procedures regarding social distancing on the training site – share ‘child-friendly’ information leaflet On arrival players to stand with their parent until coach indicates they are ready to join them on their training pitch Parents must adhere to 2 metre distancing while waiting at the training ground Once confirmation of the number of teams and players returning, a timetable for teams to arrive and leave to be drawn up and communicated with all parents Timings must be strictly adhered to e.g. wait in your car until your team’s arrival time 	<p>All managers to share this risk assessment with their parents and receive confirmation that they have read and understood it prior to training resuming. By Sunday 14th June.</p> <p>All managers to communicate to SH when they have received confirmation from all parents of players returning. By Sunday 14th June</p>



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What are the hazards?	What are we already doing? What are planning to do?	Actions – by when and by who?,
Spread of virus due to hygiene	<ul style="list-style-type: none"> • Create protocols – to include: Toilets to be cleaned twice daily using standard cleaning products, and sprayed with disinfectant after each use; All high-contact surfaces, including tables, door handles, taps and light switches should be disinfected twice daily • PPE provided for person carrying out cleaning (face mask, gloves, apron) • Equipment/apparatus to be cleaned at the end of each session, and any things that are not easily disinfected should be put away until the end of the coronavirus pandemic • A tub with soapy water to be available outside of the hut to facilitate cleaning of any communal equipment e.g. cones, poles • Each player to bring their own ball to training to minimise common points of contact • Each family must take their own rubbish home – no communal bins to be used – suggest each parent brings a carrier bag for used tissues / wipes • Reteach children how to wash hands – picture posters on display in all hand washing areas • Parents to accompany their child if they need to use the toilet facility – parent to use sanitising wipes to clean touch points after use (e.g. door handle/ taps/flush) • Parents to bring hand sanitiser and tissues for their own child to use 	<p>Source PPE equipment</p> <p>Buy disinfectant, large blue rolls, sanitising wipes, washing up liquid, handwash.</p> <p>CP to produce signage for hand washing, 2 metre distance reminders.</p>
Player wellbeing	<ul style="list-style-type: none"> • Re-establish routines and relationships – ‘Get to know you’ activities • Parents to remain at the training pitch side in case of injury to their child 	<p>All coaches to plan activities relevant to their teams / age groups.</p>
Manager/ coaches wellbeing and support	<ul style="list-style-type: none"> • Establish how many teams will be returning and how many players per team • Changes to training session times • Shorter training sessions. (Younger teams ½ hour, working up to an hour for the older players – this will be kept under review). • All teams to strictly adhere to their training session slot – no ‘hanging around’ after training • Managers/ coaches will not be expected to administer first aid to players – all parents must remain on site to facilitate any first aid 	<p>SH to communicate plan to managers week beginning 8th June.</p> <p>New training timetable to be drawn up week beginning 15th June and shared with all teams by Friday 19th June.</p>
Safety and Wellbeing of all	<ul style="list-style-type: none"> • Clarify expectations re: routines to all parents and players • Model ‘good’ practice from Managers and Coaches 	<p>Ensure all parents have read and understood the expectations.</p>



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What are the hazards?	What are we already doing? What are planning to do?	Actions – by when and by who?,
Health and safety of the hut	<ul style="list-style-type: none"> The hut has been closed since lockdown – Health and Safety checks will be carried out prior to any training sessions resuming No hot drinks will be available All players to bring their own water bottles which must be filled at home No players or parents to enter the hut, other than to use the toilet facility If waiting for toilet to be vacated, player and parent must wait outside the hut to enable social distancing on entry / exit 	CP to create signage to display outside hut to remind all of waiting and 2 metre distancing.
Parental anxiety	<ul style="list-style-type: none"> Visual aid at the end of this document to demonstrate new procedures at the training ground to reassure parents that any risk is minimised Appoint two 'Covid19' aware people for each team – these people must complete the online training course and at least one of them must be present at their team's training session 	https://www.virtual-college.co.uk/courses/prevent-covid-19-free-training
Insufficient coaches available	<ul style="list-style-type: none"> FA guidance states 5 players to 1 coach. Where a team cannot provide additional coaches, their teams cannot attend training and the manager must inform their own teams if sessions are not going ahead Each team must have a different coach for each training group – a maximum of 5 players per group e.g. if 15 players are attending training – 3 adults must be present and prepared to lead a training group under the supervision of the team's manager / coach. Further details for larger teams will be provided. 	http://www.thefa.com/news/2020/jun/01/grassroots-football-covid-19-guidance-update-010620
Training session design	<ul style="list-style-type: none"> Sessions to be planned in line with FA guidance to ensure all players can maintain social distance during training. Example training session plans to be shared with managers 	AP to share an example training session with managers, week beginning 15 th June.
Teams crossing over session times	<ul style="list-style-type: none"> Example timetable for younger teams: Team A on top pitch. Team B on bottom pitch. Coaches arrive 9 a.m. to set up. Teams arrive 9:10 a.m. and go straight to their pitch and wait for the coach to indicate they are ready. Training 9:15 – 9:45 a.m. 9:50 teams leave and coaches clean equipment, 9:55 a.m. coaches leave. Team C on top pitch. Team D on bottom pitch. Coaches arrive 10 a.m. to set up. Teams arrive 10:10 a.m. and go straight to their pitch and wait for the coach to indicate they are ready. Training 10:15 – 10:45 a.m. 10:50 teams leave and coaches clean equipment, 10:55 a.m. coaches leave. 	Once confirmation of number of teams returning, a timetable to be drawn up and shared with all teams.



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Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 1 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY
e.g. practice of individual skills or fitness activities



PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD



FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES



Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.



Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE



Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers and ensuring you are in sight of another adult e.g. parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate – see Download 5.5 at <http://www.thefa.com/football-rules-governance/safeguarding/section-11-the-complete-downloads-directory>

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.



TRAINING FOR TWO OR MORE GROUPS OF SIX (INCLUDING COACH)

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved as long as the groups of six are kept separate, everyone is socially distancing, and strict hygiene measures are in place with any equipment.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS



Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

! Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.