



COVID-19 Risk Assessment for return to games and training

Description	Who Could Be Harmed	Action Taken	Who	When
Lack of preparation could result in mistakes and errors being made in the workplace.	Players, coaches, parents, opposition & Community, COVID Safe Office	All coaches must read the entire MJFC Risk Assessment before returning to the team and must raise any concerns with management prior to their first day returning to coaching. All coaches must complete the return to duty questionnaire. The questionnaire will determine the suitability of a return to active participation. Everyone will be risk assessed by the management team based on their own health and the health of their household among other factors.	Coaches & MJFC team and senior Management, COVID Safe Officer	Prior to returning to coaching.
All venues are different and will pose their own individual risks, such as site layout, and participants with special considerations. Poor planning could result in increased risks to all involved	Players, coaches, parents, opposition & Community, COVID Safe Office	It is paramount that coaches contact their opposition venue/setting prior to arrival to determine the covid safe requirements and familiarise themselves with site specific COVID19 considerations. Ask the venue specifically if they have changed their fire procedure due to Covid-19, if so make yourself familiar with the changes. It is advised that coaches keep an open narrative with their opposition via telephone, text, or email as COVID19 continues. However, all MJFC coaches and representatives must familiarise themselves and abide the agree state traffic flow system for Sandbach Roach pitches (see attached)	Coaches & MJFC team and senior Management, COVID Safe Officer	Prior to attending a venue for the game after the National Lock down period. With regular ongoing communications as the government continue to make changes, such as the phased return of further age groups.

<p>Transmission of Covid19 specifically using shared venue and equipment required for the playing football.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>Fixed and moveable goals, cones, poles, and apparatus should be cleaned pre, during and after all games and training. No shared of bibs and players from MJFC will bring both home and away tops to substitute the need for them. Limit pieces of equipment travelling or being passed from one person to another and hands should be sanitised before and afterwards. Limit equipment used when planning and delivering activities, minimal – only use what is required. Guidance states that passing is ok but should not be hand to hand. If there is capacity to facilitate it, each child should have their own easily identifiable piece of equipment (ball) during warm up. This ball should only be touched and returned by this one child. At the end of the lesson the kit should be returned to a quarantined area by the children (one at a time). After the lesson, the coach will then clean and sanitise all equipment used. As well as interim cleaning between the halves of a game the coach will be expected to deep clean the kit before loading it into his/her vehicle at the end of the session. This will ensure that only clean kit is carried in vehicles. Equipment provided should be non-porous and easy to clean. This would exclude bibs. All children. Use have their own personal kit and bag and store in the player quarantine area by their own cone. All players must submit to a temperature check on arrival and use hand sanitiser at regular intervals.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>
<p>Transmission Covid19 specifically through the touching of frequently touched surfaces, such as door handles, goals, flags, etc.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>Coaches are expected to wash their hands thoroughly upon entering and before leaving a setting (where possible if not sanitiser is perfectly acceptable). Coaches should also wash hands (where possible if not sanitiser is perfectly acceptable) in between games and training sessions. Hand washing should be thorough for 20 seconds or more and using soap, drying on paper towels. Every effort should be made to find a hand washing sink, however when one is not available coaches are encouraged to use hand sanitiser. MJFC will provide all coaches and teams with a hand sanitising bottle that should always be on their person. It is the responsibility of the coach and COVID safe officer to advise management in a timely manner when a refill is required.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>

<p>Poor communication with player, parents, and opposition.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>Communication is key. Call, text, and email ahead. Keep an open line of communication with all involved in a remote way. Consider the use of google meet or zoom to video call with the opposition and own team parents before any games for the purpose of discussing any updates. Communication with children must be clear and easily readable. If children in the games or sessions do not have sufficient command of the. COVID safe procedures or understanding then they should not participate in any session alongside their peers and until they understand (parents to read and understand the COVID safe procedures). Use a socially distancing management system (1 meter as per government guidance) during games and training to ensure children are maintaining safe distances during activities. MJFC are happy to use the system below or equally adhere to any system that the opposition has in place. Suggested socially distancing management system for games and training: Coaches are encouraged to use the MJFC traffic light system as a clear visual verbal indicator to the children. Green- Safe to proceed with the activity. Amber- Stay Alert. Remember to ensure 1m distance and proceed with caution. Red- Stop and reset to a 1m distance. Traffic light cards will be laminated and easy to clean and personal to each coach. Coaches should report any issues or considerations back to the MJFC senior Management team asap so that the Risk Assessment and consideration of operation can be safe and helpful.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Prior to returning to the coaching, training, or games and ongoing.</p>
<p>Transmission of COVID19 by contact with the face and mouth such as the sharing of drinks bottles, bibs, bands.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>Coaches, players, and participants should have their own drinks bottle, clearly labelled with their name. We advise all to bring as much water as they need with them each session to minimise the amount of time that they potentially cross contaminate. (Avoiding opportunities for additional contact) Children are encouraged to bring clearly labelled water bottles to a lesson with them and kept in their bag and their kit should be placed in the player quarantine area at least 2m apart. Remind children that they should not share. Coaches should avoid using whistles, unless in emergencies.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Discussed with the setting prior to arrival and ongoing.</p>
<p>Transmission of COVID19 by lack of robust hygiene routine in children.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>It is the role of the Coach to ensure that a robust hand hygiene is in place for their players. Coaches and children should wash or sanitise their hands with soap or sanitiser before and after activity. Coaches should include good time for hand hygiene and cleaning in between games and training. This should be discussed with the venue prior to arrival. Children should be given good space at the sink and so will need to allow additional time to allow for social distancing within bathrooms (where available) otherwise use the sanitiser station. Coaches should monitor the number of children permitted to use the bathroom/ sanitiser station at one time.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>

Transmission COVID 19 via person to person contact when moving in and around the setting.	Players, coaches, parents, opposition & Community, COVID Safe Office	Coaches should adhere to social distancing and should remain 1m apart from all others. This may mean that new spaces are used, and one-way systems will need to be adhered to where necessary. As above we advise that coaches get in touch with their venues ahead of time to familiarise themselves with the layout of their setting and to discuss Safe entry and exit. Parents must abide to parent area and only 1 parent per family. See MJFC traffic flow diagram as to how to use Sandbach road facility. All visitors must use the NHS track and traces Covid-19 app to allow site attendance to be collected and monitored and if an outbreak occurs contact can be made. If for any reason the app does not work, then the Covid officer/officers will collect name and contact number via a pen and paper.	Coaches & MJFC team and senior Management, COVID Safe Officer	Discussed with the venue prior to arrival and ongoing
Transmission COVID19 via person to person contact that may be required to administer first aid.	Players, coaches, parents, opposition & Community, COVID Safe Office	As parents/appropriate adults see their children daily it is advised that first aid is administered wherever possible by them Where the parents/appropriate adult is not available the health of the child will take priority and coaches will administer first aid in the usual way by breaking the social distancing 1m rule. As always with first aid, coaches will be considerate of infection control and PPE masks, apron and gloves must be used	Coaches & MJFC team and senior Management, COVID Safe Officer	Communicate to all prior to activity
Transmission of Covid19 within the games/training.	Players, coaches, parents, opposition & Community, COVID Safe Office	Group sizes should not exceed 30 (including coaching staff) Groups can be smaller but team bubbles should not be mixed. Coaches will lead their group by wherever possible completing drills and activities that can be done whilst adhering to social distancing as advised by the FA.	Coaches & MJFC team and senior Management, COVID Safe Officer	Discussed with the venue prior to arrival and ongoing
Transmission Covid 19 during the changing of kit	Players, coaches, parents, opposition & Community, COVID Safe Office	The 1m social distancing rule must be adhered to. children are expected to arrive with their kit ready for activity. The activities planned will consider the risk of the participants not wearing the correct kit. we insist that children wear their kit all on arriving at training and games. It is the responsibility of coaches and covid officer to police this with their team. Bibs that are shared must not be used.	Coaches & MJFC team and senior Management, COVID Safe Officer	Discussed with the venue prior to arrival and ongoing
Transmission COVID 19 across multiple settings via clothing.	Players, coaches, parents, opposition & Community, COVID Safe Office	Coaches have been provided with a full set of clean uniform by MJFC. Coaches must wear a completely clean set of uniform each session. Coaches are only provided with one winter coat and one Zipped jacket. If worn these items must be washed before the next use. The MJFC uniform is a form of PPE and should only be worn in the work setting. Coaches and players should change before making other essential trips, such as food shopping for example. All coaches and players should ensure that the uniform is not worn into and around the home. It is advised that clothing is washed immediately at the end of each session.	Coaches & MJFC team and senior Management, COVID Safe Officer	Ongoing.

<p>Persons developing symptoms during a session or club.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>If a child becomes unwell with a new, continuous cough or a high temperature you should inform the coach and/or covid officer immediately and the player should be sent home. From this point MJFC representative should take advice from the setting Risk Assessment as all venues will be laid out differently. Government advice recommends: Children under 18 should be supervised by one adult, if safe and appropriate, in an open-air space away from equipment, minimising the risk of transfer to the accompanying staff member. Settings should be mindful of individual children's needs – for example it would not be appropriate for younger children to be alone without adult supervision. Ideally, all session will be outdoors for ventilation. If it is not possible to isolate them, move them to an area which is at least 2 metres away from other people. Sandbach road will have a designated space for this isolation to take place. Coaches should familiarise themselves with the location of the space at the Sandbach road prior to the session. If they need clinical advice, they (or their teacher, parent, or guardian) should go online to NHS 111 (or call 111 if they do not have internet access). In an emergency, call 999 if they are seriously ill or injured or their life is at risk. Do not visit the GP, pharmacy, urgent care centre or a hospital. All household members of the unwell person must leave together; this includes siblings and parents that may also be on site as staff or volunteers. If a member of MJFC has helped someone who was taken unwell with a new, continuous cough or a high temperature, they do not need to go home unless they develop symptoms themselves. They should wash their hands thoroughly for 20 seconds after any contact with someone who is unwell. If a MJFC representative has encounters someone that has been sent home with suspected COVID19 they must inform the MJFC management team so that a RA can be undertaken based on the individual circumstances. Once an unwell person has been identified care should be taken to thoroughly clean down all surfaces and equipment that they have been in contact with. If a MJFC coach becomes unwell with continuous cough or a high temperature at a setting, they should inform the setting staff and leave site immediately. Without touching anything further where possible. If appropriately well to do so, the MJFC representative must inform the MJFC management team as soon as it possible. They will be asked to remain at home in isolation as per the government recommendation. An individual RA will be undertaken before this person can return to work. Other teams and venues are duty bound to inform MJFC asap if an outbreak of COVID19 occurs in their club or venue.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>
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<p>Cleaning of contaminated areas.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>Where possible, cleaning of contaminated areas should be undertaken by MJFC representative. If a MJFC representative is required to clean a contaminated area they should: Clean an area with normal household disinfectant after someone with suspected coronavirus (COVID-19) has left will reduce the risk of passing the infection on to other people. Wherever possible, wear disposable or washing-up gloves and aprons for cleaning. These should be double-bagged, then stored securely for 72 hours then thrown away in the regular rubbish after cleaning is finished. Using a disposable cloth, first clean hard surfaces with warm soapy water. Then disinfect these surfaces with the cleaning products you normally use. Pay particular attention to frequently touched areas and surfaces, goals, flags, cones, etc. If an area has been heavily contaminated, such as with visible bodily fluids, from a person with coronavirus (COVID-19), consider using protection for the eyes, mouth, and nose, as well as wearing gloves and an apron. Wash hands regularly with soap and water for 20 seconds or sanitise thoroughly, and after removing gloves, aprons and other protection used while cleaning.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Following the identification and removal of an unwell person or known COVID19 case.</p>
<p>Waste Disposal following contaminated area cleaning.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>Waste from possible cases and cleaning of areas where possible cases have been (including disposable cloths and tissues): Should be put in a plastic rubbish bag and tied when full. The plastic bag should then be placed in a second bin bag and tied. It should be put in a suitable and secure place and marked for storage until the individual's test results are known. Waste should be stored safely and kept away from children. You should not put your waste in communal waste areas until negative test results are known or the waste has been stored for at least 72 hours. If the individual tests negative, this can be put in with the normal waste if the individual tests positive, then store it for at least 72 hours and put in with the normal waste storage for at least 72 hours is not appropriate, arrange for collection as a Category B infectious waste either by your local waste collection authority if they currently collect your waste or otherwise by a specialist clinical waste contractor. They will supply you with orange clinical waste bags for you to place your bags into so the waste can be sent for appropriate treatment. MJFC representatives should contact a member of the MJFC management team who will assist with this process.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Following the identification and removal of an unwell person or known COVID19 case.</p>

<p>Safe handling of cleaning products, soaps, and sanitisers.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>MJFC representatives will be provided with their own cleaning kit for the purpose of sanitising equipment. The kit will include multi-purpose cleaner, sanitising wipes, and hand gel. Along with disposable cloths, gloves, aprons, and bin bags. MJFC representatives will be advised on the safe use and storage of the kit at the point of issuing. The kit and its contents will always be kept with the coach and kept out of reach of children. Where this is not possible Coaches are encouraged to return it to their vehicle in between use. It is the responsibility of the coach to replenish their kit from the provisions held by MJFC management.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>
<p>Fast evolution of the virus spread and a risk that advice will change.</p>	<p>Players, coaches, parents, opposition & Community, COVID Safe Office</p>	<p>If you have any questions about the above recommendations, please contact a member of the MJFC management team for guidance. There is also a dedicated government helpline number for educational settings – please call 0800 046 8687 for any specific question not covered on this risk assessment.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>
<p>Transmission of COVID 19 via person to person when spectators are at the game and coming in contact when moving in and around the setting.</p>	<p>Players, coaches, parents, opposition & spectators, COVID Safe Office</p>	<p>The 1m social distancing rule must be adhered to. Parents/spectators are advised to arrive with their child ready for activity. They are ok top be on site for the duration of the game and must remain by their own pitch (where their child is playing and not move around) it is advised that 1 parent per child and no siblings, however on public council pitches where it is open to all this is hard to enforce. So strict social distancing is required. activities planned will consider the risk of the participants not wearing the correct kit. It is the responsibility of coaches and Covid officer to police this with their team. Bibs that are shared must not be used.</p>	<p>Coaches & MJFC team and senior Management, COVID Safe Officer</p>	<p>Ongoing.</p>

This document will be reviewed as per government guidance and is support by a MJFC covid-safe procedures and traffic flow diagram (See Below)

