

# BIDDULPHSHARKS U8 PRE-SEASON COACHING SESSION

## ONGOING COVID RISK ASSESSMENT



(in line with the FA and Government Guidance)

HAZARD/ AREA OF RISK	POTENTIAL CONSEQUENCES	PERSONS AFFECTED	IS THERE AN ADDITIONAL RISK TO CHILDREN?	RISK RATING (RAG)	SOLUTION/ MITIGATION	SOLUTION/ MITIGATION RAG RATING	REVIEW POST ACTIVIT
<b>Contact with others who may have coronavirus.</b>	The spread and passing on of the virus to parents, coaches and players.	Parents, Coaches, Players	As children are now permitted to contact train, they are more likely to pass on the virus as they break social distancing. This means that there is an additional risk which does not affect coaches and parents directly.	Amber	<ul style="list-style-type: none"> <li>Parents have been sent a table taken from the FA documentation which will be used to assess whether they should stay at home (if they check positive for any symptom) or whether they are able to attend training.</li> <li>Players temperature will be taken prior to each session.</li> </ul>	Green	



					<ul style="list-style-type: none"> <li>Required cleaning products are available for the cleaning of football equipment, and also personal hygiene products such as hand gel.</li> </ul>		
<p><b>Parents briefed on activity and have given informed consent to participate.</b></p>	<p>It is vital that parents are receiving clear information on what the session entails. This will provide ample opportunity for parents to respond whether it is their intention of bring their son to the session.</p>	Parents	<p>Parents will have been briefed to ensure messages/guidance is passed onto the players. By doing so, this will ensure that the players have increased awareness of the procedures that are in place.</p>	Amber	<ul style="list-style-type: none"> <li>To ensure that prior to the day of the session, anyone who has not been in contact regarding the procedures, are chased up to ensure that they have received the message and pass information onto the players.</li> <li>This should be a weekly check with new guidance is being released regularly.</li> </ul>	Green	
<p><b>Consent for photographs/ to be filmed</b></p>	<p>Photo's being shared on social media can result in safeguarding issues. Thereby, whilst at the session, without the written permission of the parents, and information of where the photos will be used, no photos will be taken, other than when taking a picture of their own son.</p>	Players, Coaches, Parents	<p>Yes, there is an additional risk to children. However, with the procedures that are in place, this will not be an issue.</p>	Amber	<ul style="list-style-type: none"> <li>Consent form must be clear and signed by all of the parents in the team.</li> <li>Verbal permission additionally would be useful to be clear on when you are taking the photos.</li> </ul>	Green	



<p><b>Data to be shared to assist with the NHS Test and Trace</b></p>	<p>Phone numbers and personal information may be shared incorrectly or without the permission of the parent.</p>	<p>Parents, Players,</p>	<p>There is no additional risk to children, due to it not being their data that is being shared.</p>	<p>Green</p>	<p>Consent is to be given by all the parents to agree that if there was to be a positive test for coronavirus, that the name of the person will remain anonymised, however all the parents' names and numbers who were in attendance at the session would be shared to assist promptly with the Test and Trace.</p>	<p>Green</p>	
<p><b>Staff ratios</b></p>	<p>New guidance released by the FA state that groups can be up to 30 people including coaches. Biddulph Tigers are well within this limit.</p> <p>It is important to keep within the limit to prevent a rise in transmission rates in the local area.</p> <p>Also, it is important to have suitable staff ratios for safeguarding reasons and to assist in the first aid treatment.</p>	<p>Players, Parents, Coaches</p>	<p>This risk is applicable for all, and children are not at an increased risk.</p>	<p>Green</p>	<p>To continue coaching with both coaches, and to allocate roles to both coaches.</p> <p>To continue to ensure that there is a maximum of 30 people at the session.</p>	<p>Green</p>	



<b>Staff conduct (code of conduct and acceptable practice)</b>	If staff were to demonstrate unacceptable practice and oppose the code of conduct it is likely to be reported appropriately to the branch manager, league representative and in some cases the local FA.	Players, Parents, Coaches	Yes, if coaches were to act inappropriate in terms of the acceptable/unacceptable practice, this could have an impact or prove to be a risk for the players.	Amber	<ul style="list-style-type: none"> <li>Two highly experienced staff who both work in a professional environment.</li> <li>Code of Conduct agreed and signed.</li> </ul>	Green
<b>Covid-19 protocols shared and practised with parents</b>	If protocols are not shared, then this could lead to some confusion about what is and what is not current advise/guidance imposed by Biddulph Tigers.	Parents/players	There is the additional risk to children that if they do not see the shared protocols that are sent via the team group chat, they will be not fully informed of the new guidance that is changing quickly, and may become confused as what is and is not allowed.	Amber	<ul style="list-style-type: none"> <li>Guidance is sent out weekly to fully check that it is understood, and therefore adhered too.</li> <li>The guidance is summarised at the beginning of the training sessions, so that if they haven't read/seen the guidance sent over the chat, they will hear it and it will be reinforced throughout the session.</li> </ul>	Green
<b>Travel arrangements</b>	By car sharing, different households are in close proximity and therefore are at an increased risk to transmit and catch coronavirus.	Players Parents Coaches	The risk is the same for adults and children.	Amber	<ul style="list-style-type: none"> <li>Parents/players and coaches ought to make their own way to training, and not car share.</li> <li>Where they do not have a car share, they should make</li> </ul>	Amber



					<p>arrangements to attend training by walking.</p> <ul style="list-style-type: none"> <li>As a last resort should public transport (taxi's, bus) be used. If this is the case, Government advice should be followed by wearing a face mask, and have windows open.</li> </ul>		
<b>Parking arrangements</b>	The risk is that all the training sessions begin and end at the same time, meaning that everyone is in close proximity on the car park for example.	Players, Parents, Coaches, Other team members who use Halls Road for training.	There could be an increased risk to children as current messages surrounding social distancing is confusing at times, especially now contact training is allowed but every other time is social distancing of 2 metres should be adhered to.	Amber	<ul style="list-style-type: none"> <li>Instruction given to parents that they must not get out the car until 5 minutes prior to the session starting.</li> <li>Team managers at the branch in communication regarding what times they are training. This will assist in informing parents of when to arrive (for example, they may be told to wait until the previous session have left the car park prior to getting out of their vehicles.</li> <li>There is also ample parking to ensure that a car park space is left between cars (especially within the same team as they will be going in/out of their cars at the same time.</li> </ul>	Green	



<p><b>Site boundaries</b></p>	<p>Halls Road playing pitches is a community area in a public space, therefore there are increased risks that are not just related to coronavirus but the general safety of all players.</p>	<p>Players, Parents</p>	<p>Yes, as children are dependent and rely upon the parents/coaches to keep them safe, we have a duty to ensure that in the public space we keep them safe. They are more vulnerable to situations than adults so they are at an increased risk.</p>	<p>Amber</p>	<ul style="list-style-type: none"> <li>• Children are to walk across to the session with an adult.</li> <li>• Children (if walking to the session) must stay with the parent when crossing roads for road safety.</li> <li>• Players must stay within the session boundaries (coned area).</li> <li>• Players advised to leave the football and stand still if a dog runs over. If the dog behaves aggressively, coaches are to step in immediately.</li> <li>• Coaches are to be aware of the surroundings in the public space in case anyone is acting strangely. If this is the case, the coaches should make each other aware, and address the situation quickly and calmly.</li> <li>• Parents are always asked to stay at the session under the current situation.</li> <li>• Coaches are to continue to check/assess the ground for</li> </ul>	<p>Green</p>
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					anything that could cause harm to the players.		
<b>Players own names on</b> <b>-Water bottle</b> <b>-Hand gel</b> <b>-Sun cream</b> <b>-Medication</b>	<p>The risk is that players share the water bottles, tubs of hand gel, tubs of sun cream.</p> <p>Medication must always have a name on it or be kept with the parent/guardian. The reason for this is that if these were to be shared it would hugely increase the risk of Covid-19 being spread between the group.</p>	<p>Players,  Parents,  Coaches</p>	<p>There is an increased risk to children, as it is not uncommon for children to have the same branded water bottles for instance. Therefore, they may mix up their water bottle with another player. This cannot happen with the current virus in the population and therefore names on water bottles is mandatory.</p>	<p>Amber</p>	<ul style="list-style-type: none"> <li>Names on water bottles is mandatory. If it is a shop bought drink then this must be kept with the parent if the name cannot be written on it.</li> <li>Coaches have their own bottles of hand gel for personal hand hygiene. In cases when players/parents do not have hand gel, the coach will squirt the hand gel onto the players hand, so that they do not touch the bottle themselves.</li> <li>Sun cream must be applied before arriving at the session.</li> <li>Medication to stay with the parent. Parent must stay close to the session as they are also required to give any minor injuries first aid as they are in the same bubble/household.</li> </ul>	<p>Green</p>	
<b>Equipment</b> <b>-cleaning</b> <b>-limit sharing</b>	<p>The risk is that if equipment (goals, pegs, cones, footballs, and bibs</p>	<p>Players,  Parents,  Coaches</p>	<p>There is an increased risk to children as they are playing and having contact training.</p>	<p>Amber</p>	<ul style="list-style-type: none"> <li>Coaches to be equipped with cleaning products to regularly clean the equipment that is used.</li> </ul>	<p>Green</p>	



<b>-hand hygiene</b>	are not regular washed/sanitised, then there is an increased risk of the transmission of Covid-19.		Therefore they are more susceptible and likely to touch the goal posts for example, and therefore at a higher risk of catching and transmitting the Covid-19 virus.		<ul style="list-style-type: none"> <li>• Communication with players/parents that they must not touch any of the equipment with their hands (where possible).</li> <li>• Hand gel to be regularly used throughout the session.</li> <li>• Equipment as a general rule of thumb should be cleaned following each new activity, and each time the ball goes out of play and they play with a new ball.</li> <li>• Goalkeeper gloves should be cleaned and not shared.</li> <li>• Bib is to be worn by a single person and washed following each training session.</li> </ul>		
<b>Planned activity</b>	The consequence of a poorly planned session is that it can increase the risk of transmission in relation to covid-19. Furthermore, if it is not age-appropriate	Coaches, Players, Parents.	There is an increased risk to children (players) as they will be the ones who are performing the activities/drills and if it doesn't take into account coronavirus or their age, it will cause injury to the children,	Amber	<ul style="list-style-type: none"> <li>• Both coaches are experienced for the delivery of this age group, and will look to discuss the activity/drills.</li> <li>• If it doesn't meet the age-groups ability,</li> </ul>	Green	





	it could lead to an injury to the player.		and increase the risk of transmitting the virus.		<p>adapt/change the activity swiftly.</p> <ul style="list-style-type: none"> <li>Ensure we are following the guidelines given by the FA for the return of contact football in relation to Covid-19.</li> </ul>		
<b>Relevant medical information</b>	It is vital coaches are kept up-to-date with all medical information, so that they can act accordingly to any situation that arises.	Coaches, Players Parents	There is an increased risk for children as they may not have all medical information/issues diagnosed with them still being young. Adults are more likely to be aware of all their health conditions.	Amber	<ul style="list-style-type: none"> <li>Annually information given by parents, and coaches/parents will be given regular updates throughout the season.</li> <li>Parents are asked to update coaches if any of the information changes.</li> </ul>	Green	
<b>Emergency contact numbers for parents</b>	Consequence of not having the emergency contact numbers is that the coach may need to get in touch if something were to happen at the session, and if this isn't able to happen it could potentially lead to a safeguarding issue.	Players, Parents, Coaches	It is more important for children that coaches are fully equipped with parents numbers as they are dependent upon their parent/guardian, whereas an adult is independent.	Amber	<ul style="list-style-type: none"> <li>All parents stay at the playing fields whether that is in the car, at the side of the session or walking around the park/playing fields. Therefore they are nearby.</li> <li>However, both coaches do have the contact details for parents.</li> <li>Even more so in the current pandemic, parents must stay close in case they are called upon to assist in the first aid treatment.</li> </ul>	Green	

<b>Self-health check procedure</b>	The self-health check is there to identify any of the symptoms that have been given/recognised by the UK government as being a symptom of Covid-19. If this self-health check was not to happen, there is an increased risk of transmitting the virus, as parents/players don't recognise the symptom that they have.	Players, Parents Coaches	The self-health check applies to everyone.	Amber	<ul style="list-style-type: none"> <li>Self-health check reminders are sent in the Biddulph Tigers group chat.</li> <li>Coaches are to check that the players have completed the self-health check upon arrival to the session, and prior to getting into the session.</li> <li>Assistance (or the ability to ask questions regarding any of the points) is offered.</li> </ul>	Green
<b>No spitting</b>	FA guidance explicitly states that spitting must not happen at the training session.  Players may transmit the virus through saliva when spitting and therefore it must not happen.	Players, Coaches, Parents.	Players are more likely to spit as they are playing. However this is seen more regularly at an older age.	Green	<ul style="list-style-type: none"> <li>Ensure no players start spitting.</li> <li>Communicate that spitting is not allowed.</li> <li>If spitting does occur, use the cleaning products on the surrounding area, and cone the area off so that no players go into that area.</li> </ul>	Green
<b>No chewing gum</b>	FA guidance explicitly states that chewing gum is not allowed.	Players, Coaches, Parents.	There is an increased risk to the children as they are playing and are thereby more likely to choke on chewing gum.	Green	<ul style="list-style-type: none"> <li>Ensure as players arrive to the session that they are not chewing gum.</li> </ul>	Green



	Players are at risk of choking/swallowing on the chewing gum.				<ul style="list-style-type: none"> <li>If they are chewing gum ask them to place it in the bin in the area, and then further to sanitise their hands to prevent the transmission of Covid-19.</li> </ul>	
<b>Managing injuries</b>	<p>Potential consequence of managing injuries is that the player passes on coronavirus when treating the injury/giving first aid which would mean encroaching the 2 metre distance.</p> <p>Likewise if the coach is asymptomatic they may pass the virus onto the child.</p>	Coaches, Players, Parents	<p>The children are at increased risk as they are now contact training and therefore are more likely to pick up an injury that will require first aid assistance. Nonetheless, the coaches are also at an increased risk.</p>	Amber/Red	<ul style="list-style-type: none"> <li>Communication through the group chat that parents must stay close to the session (albeit socially distancing) so that if it is a minor injury then the first aider can inform the parent of what first aid is needed. As the parent is in the same household/bubble they are to treat the injury.</li> <li>If coaches are dealing with a more serious injury, the team are equipped with PPE to assist with the injury. However, it is vital that coaches are given a short period of time to put this PPE on before going over and breaking that 2metre distance.</li> <li>If coaches are dealing with a life-threatening injury they should promptly respond, fetch the defibrillator, call an ambulance and if</li> </ul>	Amber



					<p>necessary start CPR in line with the FA Covid-19 First Aid Guidance (both coaches are familiar with the guidance that has been released).</p> <ul style="list-style-type: none"> <li>• Full site address must be known by the coaches in case of an emergency. Ambulance access must be maintained at all times.</li> </ul>	
<p><b>Access to Personal Protective Equipment (PPE)</b></p>	<p>PPE is needed to protect both yourself and the others around you. It is currently needed when assisting in first aid. Without PPE, potential consequences include transmitting and/or catching coronavirus.</p>	<p>Players, Coaches, parents.</p>	<p>PPE is only needed by the coaches to assist in the first aid response.</p> <p>PPE could be offered to any person who is beginning to start showing symptoms of coronavirus, which would limit the transmission of a potential positive covid-19 case. That person and their bubble/household would be sent home immediately until they receive a negative test.</p>	<p>Amber</p>	<ul style="list-style-type: none"> <li>• PPE is currently not an issue as we are stocked with PPE.</li> <li>• This will be reviewed weekly after each session.</li> <li>• In the case of not having the PPE training would be cancelled until we are restocked.</li> <li>• <b>Under no circumstances would we train without PPE.</b></li> <li>• Biddulph Tigers have set a minimum of 2 sets of gloves and 2 sets of masks, and 2 aprons.</li> </ul>	<p>Green</p>



<p><b>Managing someone who becomes symptomatic</b></p>	<p>The consequence of someone becoming symptomatic is that there is a higher likelihood that they may spread the virus, and therefore without hesitation would be sent home. It is vital that the management/ coaching team don't hesitate with sending someone home, even if it turns out they were not carrying Covid-19.</p>	<p>Everyone</p>	<p>As children are breaking the 2metre distance rules when training, there is an increased risk to the players, that if one of the players did have coronavirus, they are more likely to catch it.</p> <p>Parents and coaches are to remain in distinct groups of no more than 6 and keep 2metres distance.</p>	<p>Red</p>	<ul style="list-style-type: none"> <li>• No hesitation with sending someone home.</li> <li>• (Coaches carry the responsibility of assisting in the withdrawal of covid-19 in the community, and therefore have the duty to send symptomatic players, parents or fellow coaching staff home)</li> <li>• Offer PPE to limit the transmission of Covid-19 as they return to their car and home.</li> <li>• All players are to check negative on the FA table before leaving home.</li> <li>• To manage them with respect and care for everyone.</li> <li>• To encourage them to get a test, and to advise them over the phone that they should now stay at home for 10 days (or 14 days for anyone else in the household). If they get a negative test, to take advice</li> </ul>	<p>Amber</p>
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					<p>off their doctor on whether to isolate.</p> <ul style="list-style-type: none"> <li>• If they are seriously ill, call 999 and give required information.</li> </ul>		
<b>Flammable vapours from alcohol based sanitisers</b>	The alcohol vapours are ignited resulting in burning on hands.	Parents, Coaches, and players	No, in this instance parents/coaches are at higher risk due to any parents/coaches who may smoke or use electrical equipment.	Green	<ul style="list-style-type: none"> <li>• Ensure that hand sanitiser has evaporated before smoking or using electrical devices.</li> <li>• Hand sanitiser should only be used as an alternative to hand washing which is recognised as a better way to ensure good hand hygiene.</li> </ul>	Green	
<b>Uncertainty/ Stress/ Anxiety</b>	Players/ parents and coaches may be uncertain about the restart and/or the restart of contact training. This may cause extra stress and anxiousness.	Players, parents and coaches	Children may be at an increased risk as they are less likely to have left the house than parents and are therefore less likely to be familiar with the protocols of living with coronavirus.	Green	<ul style="list-style-type: none"> <li>• Parents are regularly advised of what the situation is, and what sessions will entail and look like.</li> <li>• If it becomes 'too much' for any of the players/parents, the coaches will offer advice of what to do, or what can be done to help assist with stress/anxiety that is caused .</li> <li>• Coaches are aware, and will provide a support bubble from fellow team mates and fellow parents.</li> </ul>	Green	

**AT ALL TIMES COMMON SENSE MUST BE USED TO REDUCE THE LIKELIHOOD OF TRANSMITTING THE VIRUS AND TO KEEP THE PLAYERS/PARENTS/COACHES SAFE**

<b>EVENT DETAILS</b>	
<b>EVENT:</b>	<b>BIDDULPHSHARKS U8 PRE-SEASON COACHING SESSION</b>
<b>DATE:</b>	<b>SUNDAY 2<sup>nd</sup> AUGUST 2020</b>
<b>TEAM LEAD, ROLE</b>	Martin Mycock, MANAGER
<b>COVID-19 OFFICER</b>	Martin Mycock
<b>VENUE:</b>	HALLS ROAD PLAYING FIELDS, HALLS ROAD, BIDDULPH ST8 7AQ
<b>RISK ASSESSMENT COMPLETED BY:</b>	Martin Mycock TEAM MANAGER. THURSDAY 30 <sup>TH</sup> JULY 2020
<b>TO BE REVIEWED:</b>	MONDAY 3 <sup>RD</sup> AUGUST



## Appendices

### Appendix 1:





<p><b>Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.</b></p>	<p><b>Check negative</b></p>	<p><b>Check positive</b></p>
<p><b>A high temperature (above 37.8°C)</b></p> <ul style="list-style-type: none"> <li>Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>A new continuous cough.</b></p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Shortness of breath.</b></p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>A sore throat.</b></p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Loss of or change in normal sense of taste or smell.</b></p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Feeling generally unwell.</b></p>	<input type="checkbox"/>	<input type="checkbox"/>
<p><b>Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.</b></p>	<input type="checkbox"/>	<input type="checkbox"/>

