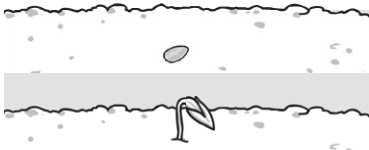


# Sunflower Life Cycle Drama Prompt

Use this prompt sheet to lead the children through a dramatic enactment of the life cycle of a plant. Use a torch to represent sunlight and a water spray to represent rain. You may wish to perform this activity to a suitable piece of music.



Everybody find a space.

You are going to pretend to be tiny seeds, snug and warm in the ground.

Can you curl up tight like a seed?



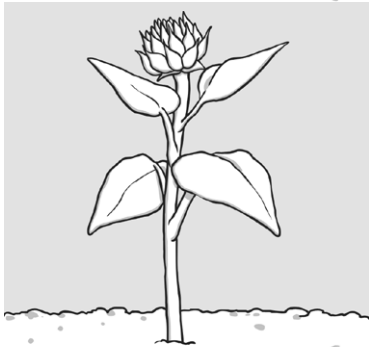
The rain is falling on the ground.

It's lovely and warm in the ground.

Now is a good time to sprout!

Can you wiggle like seeds getting ready to burst?

When you're ready, make a tiny little sprout!



The warm sun is shining and the cool rain is falling.

You want to be outside!

Grow a little bit more and poke your head out of the earth.

Now you are a seedling!



What a beautiful day!

Time to grow some big green leaves. Stretch those leaves out towards the sun.

The wind is blowing! Your stem and your leaves are blowing in the wind!

Make sure you keep your roots in the ground!

It's time to grow a flower!

Can you use your hands to make a flower bud?

Can you make the flower open towards the sun?

Look at all those big, bright flowers!



Your seeds are ready to fall.

Bend your flower towards the ground.

Can you use your fingers to show the seeds falling?

You are a tiny seed again, snug and warm in the ground.

Curl up tight, and wait for the sun and the rain.

Do you know what will happen next?