

## **CORONAVIRUS**

With the recent outbreak of Coronavirus (COVID-19), it is more important than ever to maintain high hygiene levels and industry protocols. We are used to washing our hands on a regular basis due to seeing many clients throughout the day as well as cleaning as we go along throughout the day.

### **What do we do to protect clients, staff, volunteers and visitors?**

- Handwashing facilities: Handwashing facilities are available and well supplied. Hand sanitiser, tissues and cleaning products are around the buildings for staff and visitors. [GOV.UK](#) has published clear and printable instructions on handwashing techniques [here](#) for which we are all responsible.
- Cleaning regimes: Viruses can live on hard surfaces for up to eight hours. We frequently clean key areas including keyboards and door handles.
- Support staff working from home: Staff and volunteers may be required to work from home, particularly if impacted by school closures. Consideration will be given to the infrastructure, equipment and processes required to allow staff to work remotely if possible.
- Manage travel risks: Keep up to date on current travel advice. The Foreign Office has published [information and advice on travel safety](#) and the World Health Organisation is providing updated [COVID-19 travel advice](#).
- Ensuring emergency contact details are up to date.

### **Client consultations**

Client consultations with signature are always done prior to receiving any first treatment to confirm good health or any existing conditions which may hinder treatment. We expect clients to let us know of any pre-existing conditions or if they have travelled to or been exposed to any risks or unwell, and expect all to take measures to self isolate as necessary.

### **What's the best way to prevent the spread of COVID-19?**

- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitiser. This is particularly important after taking public transport and before eating.
- Use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available.
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin.
- Clean and disinfect frequently touched objects and surfaces in the home and work environment.
- Avoid touching your eyes, nose, and mouth with unwashed hands

### **For updates and information as the situation develops for the public and health professionals:**

- [gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public](https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public)
- [nhs.uk/conditions/coronavirus-covid-19/](https://www.nhs.uk/conditions/coronavirus-covid-19/)