



SALAD BAR AND BREAD SERVED EVERYDAY!

Our menu's have our Lead Chef's stamp of approval! Our Lead Chef Tatiana has developed our menus with the help of Chef's who are in industry now to bring all of the best bits we love about food into our school communities.



West Lea

WEEK 1

MENU FOR AUTUMN TERM

MONDAY

Macaroni Cheese, Broccoli & Cauliflower (V)	Pepper & Red onion Spanish Omelette, Broccoli & Cauliflower (V) (GF)	Jacket Potato with Cheddar Cheese (V) or Campfire Beans (VG) (GF)
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Yoghurt Pot (V) (GF) or Fresh Fruit (VG) (GF)

TUESDAY

Sausage Hot Dog, Potato Wedges, Crunchy Salad	Veg Dog, Potato Wedges, Crunchy Salad (V)	Pasta Twists with Tomato & Basil Sauce (VG)
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Jelly Pots (V) (GF) or Fresh Fruit (VG) (GF)

WEDNESDAY

Beef Lasagne, Peas, Garlic Bread	Vegetable Lasagne, Peas, Garlic Bread (V)	Leek & Potato Soup, Garlic Bread (V)
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Oaty Apple Crumble with Custard (V) or Fresh Fruit (VG) (GF)

THURSDAY

Roast Chicken, Herby Potatoes, Carrots & Parsnips, Gravy (GF) (DF)	Veggie Roast, Herby Potatoes, Carrots & Parsnips, Gravy (VG)	Pasta Bows with Roasted Red Pepper & Tomato Sauce (VG)
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Melon or Pineapple Pot (VG) (GF) or Fresh Fruit (VG) (GF)

FRIDAY

Battered Pollock Fillet, Oven Chips, Garden Peas	Mexican Beanburger, Oven Chips, Garden Peas (VG)	Jacket Potato with Tuna & Sweetcorn or Baked Beans (VG) (GF)
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Lemon Drizzle Tray Cake (DF) (V) or Fresh Fruit (VG) (GF)

Allergens