

# OVERCOMERS OUTREACH CANADA INC.

## July 2016 NEWSLETTER

### **STAFFING CHANGES at CENTRAL OFFICE**

I am very pleased to announce that Chris Jordan has taken over the role of Executive Coordinator of Overcomers Outreach Canada. Chris J has been a pastor for several years and recently accepted a teaching/counseling position with a Christian academy.

Chris is accountable to the Overcomers Board through the President. As Executive Coordinator he oversees the activities of all of the volunteers and paid staff across Canada.

Chris brings to Overcomers a powerful love of our Lord, a strong compassion for those recovering from addictions and compulsions, and a skill set in Christian administration.

He has already implemented a number of new communications strategies including Facebook, Twitter, an updated website ([overcomersoutreach.ca](http://overcomersoutreach.ca)) and is reviewing our emailing activities. Please have him in your prayers as he advances the mission of Overcomers.

**Chris B**  
**President**  
**Overcomers Outreach Canada Inc.**

To read this  
Newsletter online,  
go to "News"  
on our website

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## HONESTY vs. DENIAL

One of the main reasons so many people can't seem to have victory over their addictions is the lack of being honest with themselves, because they have learned to live in complete denial. It is so sad and frustrating for the family units of these addicts when they just can't seem to see themselves as they really are. For some reason, the addicted person thinks they don't have a problem and that they don't need any help. A lot of the time this thinking is beyond our human understanding.

So, what are we to do in these situations? Well I know that we cannot force or argue anyone we love into seeking the help they need. All we can do is make sure we don't become their co-dependent - where we find ourselves trying to live and control their lives, making up all kinds of excuses for them and covering up for them when they miss work or fail to keep their word, etc., instead of letting them hit the bottom, whatever that might be. All we can do if our loved one has an addiction problem is to make sure we don't let that person use us to feed their addiction, and pray that God will intervene and bring them to that place of humbleness where they can see themselves honestly as a person who needs help.

In Overcomers Outreach we have four standards and the first one is honesty. *At that moment their eyes were opened and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves.* Genesis 3:7

It says in our FREED book that one may be living a "double life" where they present themselves as they think others want to see them, or as who they should be. In the effort to please others, they continue to bury their self-identity and to develop and maintain secrets about themselves. As they build a false image of themselves to impress and control others, their secrets get darker and go deeper behind this image of who they "should be" until the burden of this deceit becomes so heavy that it crushes them. Once they realize that they are apart from God and all who love them, then their defenses will begin to break down. Now they are ready to start the journey into recovery. They have hit bottom, at last, and they will start to see themselves honestly and with true humility. Now you, the family, can relax - your loved one is on a lifelong journey with God and one day will be a new person in Jesus Christ.

*This means that anyone who belongs to Christ has become a new person.  
The old life is gone; a new life has begun!* 2 Corinthians 5:17

**Ken S**  
**Program Consultant**

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To see a price list of the Overcomers Outreach  
resources, please go to "Resources" on our  
Canadian website or email  
[resources@overcomersoutreach.ca](mailto:resources@overcomersoutreach.ca).

## Testimony By Donald

*(Preamble: In February 2010, my goal was to simply turn 50. That was not until July 2010. Thankfully, my desire to live was stronger than my desire not to. With GOD's help and the support of my wife, I began a journey that took me, to the cross, and to recovery with GOD. I am an alcoholic, compulsive addicted gambler, reformed cigarette smoker and past abuser of illegal drugs. It is now more than 6 years from the point at which GOD intervened. GOD did for me, what I could not do for myself. HE removed all compulsions to mess up. Thereafter, the healing could begin.*

*Fresh out of 3 weeks of treatment for alcohol & drug abuse, I was compelled to try to make some sense of it all, so I began to write. My goal was a one page document that I could understand and reflect upon as to what I had experienced and learned to this point. Over the course of a Friday, the following Saturday, and the next Sunday morning, I was drawn to my computer again and again. By Sunday morning, I was exhausted, and looked skyward and asked GOD, when am I done? As my glance came back to my computer screen, I noticed something. The word count was 316. WHAT AN INCREDIBLE SPIRITUAL AWAKENING!!! I knew right then & there that everything was going to be okay; that GOD had taken over my care. This same Sunday morning, I went to the CROSS at a local church and got on my knees with one of the elders. My life has transformed incredibly since then. I now help to facilitate a Christian Men's Recovery Group in Regina, Saskatchewan, Canada, under the Overcomer's Outreach umbrella. We call our group TRANSFORMATION TUESDAY & our general method of recovery is to simply, PUT GOD FIRST!!!)*

Please allow me to introduce myself. My name is Donald, and I'm an alcoholic. I lived in **FEAR: Forget Everything And Run.**

I prayed to God for guidance. He delivered. With God's help, I attended some monster mashes. I needed more than abstinence. I didn't want to die.

With God's help, I found and faced my monsters. They bullied me and were inappropriate in other ways. I no longer let my monsters lead me.

With God's help, I still live in **FEAR: Face Everything And Recover.** To me, this is the spiritual start of the program. Abstinence is not. Abstinence is good, but abstinence with GOD is better!!!

With God's help, I forgave the monsters. I know not who they really are. Maybe the monsters were victims too?

With God's help, I asked for forgiveness for the awful and inappropriate things I had done: hurt people, hurt people!

With God's help, every day's a new attempt at having an expectation free day, both in thought and deed.

With God's help, and with the right sponsor, I will learn to dance the Twelve Steps. I choose to develop loving, caring and honest relationships.

With God's help, I will continue to live in **FEAR: Forgive Everyone And Recharge, rebuild, rekindle, remove, renew, rejoice, recalibrate, remix, remake, redo, retract, rethread, repair, re-embark, remap, re-chart, retake, re-climb, reclaim or review.** To me, this is the continuation of the program.

*Continued on page 4*

With God's help and the fellowship, I am not alone; **no excuses to rewind, revenge, rehab, retard or rerun.** To me this is the gift of the program.

With God's help, I fired myself and hired a new boss: a higher authority. I pay Him with service.

With God's help, I'm in recovery. My world no longer spins out of control. I pray for His guidance every day and I thank Him for health and sobriety.

### Don G (inspired by a higher power)

## Supporting Overcomers Outreach Canada Financially

Overcomers Outreach is a faith ministry – we depend on the Lord and His people for the ongoing financial support needed to operate and expand this ministry.

Financial support can be designated to a specific ministry area:

- 1) Program Consultant's salary and expenses (Ken S)
- 2) Travel and Conference expense
- 3) General operating expenses (telephone, website, office expenses, etc.)
- 4) Or simply designated as "wherever needed".



Donations may be made by cheque or online through [Paypal](#) - just click on the Donate link on our website. Please add a note to designate the area of ministry you wish to support, and provide us with your mailing address; a receipt will then be sent out early in the new year for donations made in this year.

Thank you for your support of this unique and important ministry!



I/we would be pleased to be a part of the Overcomers Outreach support team through prayer and with the following financial support:

A one-time gift of \$ \_\_\_\_\_ or regular monthly support of \$ \_\_\_\_\_

Please use my/our gifts for \_\_\_\_\_

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