

My name is Steve from Australia. My day job (and sometimes night job!) is being a medical Specialist. My past has included many years of playing poker. My journey as a trader has been long with many repeated cycles of success followed by large account blow-ups. My knowledge of trading concepts and my dedication to learning has always been strong, but I have never before been able to win the mental game.

The reality is my journey with Ken has felt long and torturous. There have been many times where I have doubted where it was all heading. Ken hasn't attempted to teach me a trading system, instead he has given me a psychophysiological framework of how to interact with the market, including insight into his own trading. I have learned a huge amount about myself through repeated self-inquiry to reach the root of underlying issues holding me back. By sticking with Ken, I have slowly but surely transformed as a person AND a trader. This has automatically led to improved trading results and personal relationship dynamics (with myself and those around me).

Ken's knowledge of peak performance is very strong. I have previously been able to attain periods of peak performance (or 'flow') during sport or work, but not consistently. Using a biofeedback device during trading has allowed me to strive towards peak performance every time I sit down at the computer. Perhaps most importantly, I have learned to listen to my emotions and autonomic nervous system rather than attempt to 'trade without emotions'.

Overall, I am absolutely certain that my life and trading results will continue to improve as a consequence of my relationship with Ken. There will be setbacks - this is not a straight-line process. It is how you cope with setbacks that defines you. If you are serious and committed to trading, Ken can help you achieve your goals.