



## TRADER QUESTIONNAIRE

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**NAME:** IVAN DELGADO EGEA

**Occupation:** FINANCIAL MARKETS BLOGGER/ANALYST **I have been trading since:** 2010

**Program (Professional, Intermediate, Developing):** INTERMEDIATE

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### 1) NeuroTrader Academy Course Work:

a. I am up to date with all the lessons.

1. Yes  No

ii. It'd have been helpful if the recordings were posted right the next day instead of some delayed for over a week. I personally cannot attend any live due to my location, so I depend on your timely coordination to stay updated at the earliest  
(Add comment)

b. I found the lessons informative and helpful.

1. Yes  No

ii. Absolutely, the amount of wisdom in the lessons introduced by Ken is second to none. I am glad I got to listen what it takes to be performing at an optimal state from someone other than Chris as you both have clearly differing yet valid ways of explaining certain principles. Chris tends to dig deeper into the neuro-psychology and all the aspects of the mind whereas I felt Ken was more pragmatic in its explanations, talking about life as it is and what departments we should take care of, from housing, support, finances, etc...  
(Add comment)

c. I have come to learn of the importance that a balanced life has on my ability to become a peak performing trader through the NT program.

1. Yes  No



- ii. The course by Chris on ATM, coupled with the new teachings by Ken, have reinforced to a deeper level my understanding of what it really takes to continuously make progress in different facets of my life to reach a level of consistent actions in the markets in congruence to what would be expected from a top performing trader

(Add comment)

- d. I have, to the best of my abilities implemented the advice given in the lessons.

1. Yes  No

- ii. I am planning to re-listen all videos at least 1 more time this month and make further implementations as needed, despite I have already taken actions by adjusting my life slightly to accommodate the departments I was lacking.

(Add comment)

- e. I have seen a change for the better in my primary relationships.

1. Yes  No

- ii. Especially an area of primary support, I do find there has been a significant 'aha' moment on how we now interact as a team

(Add comment)

- f. I feel better and more positive/hopeful of becoming a peak performing trader having completed the NeuroTrader Academy preliminary psychological phase (10 functional areas of life).

1. Yes  No

- ii. You are definitely provided a framework that stimulates your optimism and desire to work as hard as it takes to accomplish true level of mastery in my performance as a consistently profitable peak performing trader.

(Add comment)

## 2) One-on-One Mentoring:

- a. I am currently doing the One-on-One Sessions with Ken or Chris.

1. Ken  Chris



- ii. First time Ken, next 3 times Chris  
(Add comment)

b. I find the mentoring sessions helpful.

- 1. Yes  No

- ii. I do find them helpful but limiting at the same time as what we discuss is partly known to me, still helps to reinforce it. I am looking forward to the days where I can start analyzing my data, that's where the true revelations can come and the interactions with Chris/Ken will have the most value imo.

(Add comment)

c. The three most valuable lessons I have received personally from the mentoring sessions are:

- i. How to effectively combat fear of pulling the trigger (Chris)
- ii. Learn to separate when to play defensive vs offensive (Ken)
- iii. Self-talk as an effective method but beware of long-term repercussions as a source draining cognitive resources (Chris)

### 3) Trading results:

a. I am seeing a positive change in my trading results because of the NT program.

- 1. Yes  No

b. I attribute the positive change in my trading results to:

- 1. The Course work  Mentoring  Combination of both

- ii. I'd add personal work too, outside the mentoring or course. I trully am working really hard putting the hours required to maximize my level of preparation.

(Add comment)

c. My fear of loss has decreased.

- 1. Yes  No

- ii. The mentoring is helping.



NeuroTrader

(Add comment)

d. I experience trading losses with less anxiety.

1. Yes  No

ii. Yes, thinking like a true pro trader helps me to detach monetary value from individual trades even if still far from where I'd like my physiological reactions to be.

(Add comment)

e. I have a greater sense of clarity and composure when I trade than before.

1. Yes  No

ii. Absolutely. Reading my plan every day as part of very detailed routines performed throughout the day facilitates sense of clarity on what I must do.

(Add comment)

f. I have a greater sense of positive expectancy in my trading results.

1. Yes  No

ii. Yes. I am thinking more and more like a trader, that is, I focus on the process, well aware that any results won't be just a reflection of where I am in the development stage but they will be a by-product of my consistent actions.

(Add comment)

g. My fear of success has decreased.

1. Yes  No

ii. Yes, I feel ready to embrace whatever positive outcomes the consistency in my actions will generate for me and my loved ones.

(Add comment)

h. I have less anxiety to exit winning trades prematurely than ever before.

1. Yes  No



- ii. Anxiety is dissipating but I still struggle to close trades slightly ahead of the target at times, which is something I am working on.  
(Add comment)

#### 4) GENERAL FEEDBACK:

- i. What would I like to see in the NT program that would improve the effects for myself and other traders starting the same peak performance journey?
  1. Find dif times to run the team meetings that can accommodate people from Asia as well. Not easy, I know.
  2. When running team meetups, use video as it enhances appeal and engagement from the user.
  3. Other than that, the theoretical part of the program is top class

#### 5) TESTIMONIAL

- a. Having completed this first phase of the NT program, please write a testimonial for other traders in the space provided below.
  1. This program represents a paradigm shift in terms of best practices in the financial industry. The professionalism, blend of neurology and trading knowledge, and experience from Chris and Ken as the pioneers spearheading this initiative is second to none. The foundational material to build the base from which to become consistent performers is unlike anything I've seen, which speaks loud and clear of the ambitious goals this revolutionary program has set out. Chris and Ken are setting the pillars to shake the grounds of the industry when it comes to peak performance.