



TRADER QUESTIONNAIRE

5/9/2019

NAME: Haro Hollertt

Occupation: Busienss Controller **I have been trading since:** 2006

Program (Professional, Intermediate, Developing): Intermediate

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1) NeuroTrader Academy Course Work:

a. I am up to date with all the lessons.

1. Yes No

ii. Yes, only not with the lessons of beginning of May because it looks like the lessons as of the end of april and beginning of May are not uploaded on the internet. (lessons from 30th of April untill 7th of May)

(Add comment)

b. I found the lessons informative and helpful.

1. Yes No

ii. Yes the information is good, for me it is not new infomration but more a good rehursal.

(Add comment)

c. I have come to learn of the importance that a balanced life has on my ability to become a peak performing trader through the NT program.

1. Yes No

ii. I was already aware of this and I have always been consiusly working on this aspect in life. In this periode of my live I in is and has been very dynamic especially the past 2- 3 years. Since the end of 2018 and the beginning of this year I am much more relaxed with the situation and I am less emotional with the devorse

(Add comment)



d. I have, to the best of my abilities implemented the advice given in the lessons.

1. Yes No

ii. Not 100% sure I understand the question. I am always working on myself and focusing on doing the best in life. Yes I do take the advice in consideration and act onto this. I put the advice I receive to work in my daily life.

(Add comment)

e. I have seen a change for the better in my primary relationships.

1. Yes No

ii. All my primary relationships are go only not with my ex and my mother in law. I don't really notice that her actions are changing (Yes some small occasions). But I notice it is not congruent with how she acts and does. I accept her behavior as it is and who knows this will change in the future. I tend to ignore her negative aproche to me, it looks like this is helping in some occasions.

(Add comment)

f. I feel better and more positive/hopeful of becoming a peak performing trader having completed the NeuroTrader Academy preliminary psychological phase (10 functional areas of life).

1. Yes No

ii. Not yet, I don't noice a change in my trading performance yet. I have always fealt positive in becoming a peak performing trader (with some ups and downs). I do notice I am not there yet. In the past I did have this super feeling for months but my results did not show this.

(Add comment)

2) One-on-One Mentoring:

a. I am currently doing the One-on-One Sessions with Ken or Chris.

1. Ken Chris



- ii. I started with Chris. Because of my prior email Chris offered me to do one on one with him.

(Add comment)

- b. I find the mentoring sessions helpful.

1. Yes No

- ii. I received some good exercises and good information from both. Ken does tend to dig more deeper in the emotional part. I also notice Ken is very strict / straight forward to his beliefs (without any judgement).

(Add comment)

- c. The three most valuable lessons I have received personally from the mentoring sessions are:

- i. The questions to ask myself in the daily meditation
- ii. Being consistent in being consistent (This is something I am working on, I am not 100% congruent in this).
- iii. [Click or tap here to enter text.](#)

3) Trading results:

- a. I am seeing a positive change in my trading results because of the NT program.

1. Yes No

- b. I attribute the positive change in my trading results to:

1. The Course work Mentoring Combination of both

- ii. I have pondered on this question a few times. I notice I don't see that much good trading opportunities (patterns). Furthermore I believe my trading rules are not clear enough.

(Add comment)

- c. My fear of loss has decreased.

1. Yes No



- ii. At the moment I don't have that much fear. This is because I am only demo trading with set and forget trades.

(Add comment)

- d. I experience trading losses with less anxiety.

1. Yes No

- ii. I have done quite some practice on this subject with set and forget trading. I am focussing more on the proces than on the outcome. In the past months my trading is 95% losing trades

(Add comment)

- e. I have a greater sense of clarity and composure when I trade than before.

1. Yes No

- ii. Less clarity.

(Add comment)

- f. I have a greater sense of positive expectancy in my trading results.

1. Yes No

- ii. This is neutral. I still believe I am strong enough to become successful with trading. Internally there is a feeling I have to walk this trading path / proces. I only don't know why or how and I don't understand why this is taking so long wih all the energy and time I have put into this.

(Add comment)

- g. My fear of success has decreased.

1. Yes No

- ii. Maybe this is something I should look into more deeply. I don't feel fear to become succesfull.

(Add comment)

- h. I have less anxiety to exit winning trades prematurely than ever before.



1. Yes No

At the moment this is not on my mind and in my focus at all.
(Add comment)

4) GENERAL FEEDBACK:

- i. What would I like to see in the NT program that would improve the effects for myself and other traders starting the same peak performance journey?
 1. The link/effect between performance and emotional state
 2. Because I am not confident with my trading plan and pattern recognition. I have the feeling I am training
 3. Some clear results

5) TESTIMONIAL

- a. Having completed this first phase of the NT program, please write a testimonial for other traders in the space provided below.
 1. I would like to write a testimonial in a later stage of the course.