



TRADER QUESTIONNAIRE

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NAME: Emi Ochiai

Occupation: None I have been trading since: 2015

Program (Professional, Intermediate, Developing): Intermediate

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1) NeuroTrader Academy Course Work:

a. I am up to date with all the lessons.

1. Yes No

ii. :)

(Add comment)

b. I found the lessons informative and helpful.

1. Yes No

ii. Gives me insights of how every aspect of life affects on my trading and makes me think. For the questionors, I had lots of questions that I cannot answer because I didn't think about it before or simply need time to answer. But I found these questions were like "seeds" for increase awareness of me, life, and being a trader.

(Add comment)

c. I have come to learn of the importance that a balanced life has on my ability to become a peak performing trader through the NT program.

1. Yes No

ii. I am in the process of trying to figure out what "balance" is the best for me in both my every day life and long term life goal. I am removing or adding things to do and observe my both physical and mental statements.

(Add comment)



d. I have, to the best of my abilities implemented the advice given in the lessons.

1. Yes No

ii. The lessons are very insightful and Ken and Chris are very helpful. I am also enjoying so much.

(Add comment)

e. I have seen a change for the better in my primary relationships.

1. Yes No

ii. I really start to try to make my husband happy than before.

(Add comment)

f. I feel better and more positive/hopeful of becoming a peak performing trader having completed the NeuroTrader Academy preliminary psychological phase (10 functional areas of life).

1. Yes No

ii. I realized it is hard to perform at the peak statement without improving about a quality of life. And the 10 functional areas of life was the great flame work to think about each aspect of life and start to think and work on.

(Add comment)

2) One-on-One Mentoring:

a. I am currently doing the One-on-One Sessions with Ken or Chris.

1. Ken Chris

ii. I wish I could have the one-on-one session with Ken as well but didn't have a chance because of the time difference.

(Add comment)

b. I find the mentoring sessions helpful.

1. Yes No



- ii. One of the things that I enjoy most. It is definitely helpful and it encourages me a lot. Also it escalates understanding and speed of learning process. By getting feedbacks from Chris, I can feel confident that I am at the right place and doing right to be a peak performance trader.

(Add comment)

- c. The three most valuable lessons I have received personally from the mentoring sessions are:

- i. How Chris committed to his life and start to make changes 19 years ago. I am at the place where he was before and trying to learn from everything. I really appreciate he shared this with me and read a long email from me as well!
- ii. How to proceed trading practice. Every day, I'm excited to build PA skills and feel confident I am doing right.
- iii. Reasons to be a trader. I learned this from the combination of lesson about zero-sum game, emails with Ken, mentoring session with Chris, and all lessons from Chris's ATM course. I realized my obstacle to be a professional trader because I was not sure how I can make a good impact to society by trading. But by knowing and learning how successful traders think about relationship between trading and society, I figured out my answer to be a trader. I trade because I like and enjoy it, I can learn to be a better person, and I can make a good impact on the people by re-distributing the world wealth. Currently, I am breakeven, but I am investing my time and efforts to myself and the better version of the world.

3) Trading results:

- a. I am seeing a positive change in my trading results because of the NT program.

1. Yes No

- b. I attribute the positive change in my trading results to:

1. The Course work Mentoring Combination of both

- ii. I am back to BE.

(Add comment)

- c. My fear of loss has decreased.

1. Yes No



- ii. I am more confident about my trading and I think more about a long term than a short term result. But also, I actually increased my awareness of fear of loss and fear of missing out than before. Before, I knew I was affected by these, but was not aware how these impacted on my decision making process. Now, I am more aware of my emotions when I am trading and where these come from. Thus, I chose "Yes" and "No" because I decreased amount of fear, but increased awareness of the aspects that affected by the fear.

(Add comment)

- d. I experience trading losses with less anxiety.

1. Yes No

- ii. This is like two steps forward and one step back.

(Add comment)

- e. I have a greater sense of clarity and composure when I trade than before.

1. Yes No

- ii. When I'm making a trading decision, I am clearer what I am doing and more calm than before. But I am still emotional and affected by the fear while holding a position.

(Add comment)

- f. I have a greater sense of positive expectancy in my trading results.

1. Yes No

- ii. Yes, I do.

(Add comment)

- g. My fear of success has decreased.

1. Yes No



- ii. As I could remove the emotional obstacle of being a successful trader (2-c-3), I am not afraid of success. Just I need to stabilize this mental statement because this is new for me. I sometimes am afraid of being over confident or arrogant.
(Add comment)

h. I have less anxiety to exit winning trades prematurely than ever before.

1. Yes No

- ii. I close trades only at a time of major announcement and under certain conditions. I still experience anxiety a lot when I close trades either losing or winning.
(Add comment)

4) GENERAL FEEDBACK:

- i. What would I like to see in the NT program that would improve the effects for myself and other traders starting the same peak performance journey?
 - 1. General discussions with other traders
 - 2. Comment section in each questionnaire after each lesson
 - 3. Clear schedule and timeline which I know you are trying the best in this pilot program

5) TESTIMONIAL

- a. Having completed this first phase of the NT program, please write a testimonial for other traders in the space provided below.
 - 1. I always wanted to trade at the best mental and physical statement but I was just blindly hoping to be and forcing myself to concentrate more and feel positive while trading. However, I could not reach the point where I want to be while trading and this approach made me feel like I had a problem. By completing the first phase of the NT program, I am more aware of how other aspects of life affect to my trading condition and through feedbacks from Chris and Ken, I am confident that I am making progress. I believe this is the program that you can meet the best coach and make real progress.

