



TRADER QUESTIONNAIRE

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NAME: Adão Bento

Occupation: Partnerships Manager / Online Marketing in Forex & CFDs Industry **I have been trading since:** start learning in 2016

Program (Professional, Intermediate, Developing): Developing

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1) NeuroTrader Academy Course Work:

a. I am up to date with all the lessons.

1. Yes No

ii. Click or tap here to enter text.
(Add comment)

b. I found the lessons informative and helpful.

1. Yes No

ii. Click or tap here to enter text.
(Add comment)

c. I have come to learn of the importance that a balanced life has on my ability to become a peak performing trader through the NT program.

1. Yes No

ii. One-to-one mentoring as been a mindset shift in my life
(Add comment)

d. I have, to the best of my abilities implemented the advice given in the lessons.

1. Yes No

ii. Click or tap here to enter text.
(Add comment)

- e. I have seen a change for the better in my primary relationships.
1. Yes No
 - ii. Since I started, I already been experiencing changes and improvement in almost all aspect os my life including in trading.
(Add comment)
- f. I feel better and more positive/hopeful of becoming a peak performing trader having completed the NeuroTrader Academy preliminary psychological phase (10 functional areas of life).
1. Yes No
 - ii. Click or tap here to enter text.
(Add comment)

2) One-on-One Mentoring:

- a. I am currently doing the One-on-One Sessions with Ken or Chris.
1. Ken Chris
 - ii. Click or tap here to enter text.
(Add comment)
- b. I find the mentoring sessions helpful.
1. Yes No
 - ii. Like I already refer in this questionnaire, one to one mentoring as been like an wake up call for my mindset and my life in general. I feel I am changing my believes and my aproach to life as human being.
Now that I am aware that there are psychological mechanisms to question, change and control my mindset I feel capable to achieve a "peak performance" mind status.
(Add comment)



- c. The three most valuable lessons I have received personally from the mentoring sessions are:
- i. Our beliefs condition our actions and our behavior
 - ii. There is always a root cause for our beliefs (educational, cultural etc) and we should access them to understand how they were created and how we can accept and control them
 - iii. Big Reminder for me! - Failure is the great teacher of life, if we allow ourselves to learn from it. Try and failure is natural evolution process and should be accepted like it is, nothing more and nothing less.

3) Trading results:

- a. I am seeing a positive change in my trading results because of the NT program.

1. Yes No

- b. I attribute the positive change in my trading results to:

1. The Course work Mentoring Combination of both

ii. [Click or tap here to enter text.](#)
(Add comment)

- c. My fear of loss has decreased.

1. Yes No

ii. I still work to do but, yes
(Add comment)

- d. I experience trading losses with less anxiety.

1. Yes No

ii. I still work to do but, yes
(Add comment)

- e. I have a greater sense of clarity and composure when I trade than before.



1. Yes No

ii. Click or tap here to enter text.
(Add comment)

f. I have a greater sense of positive expectancy in my trading results.

1. Yes No

ii. Click or tap here to enter text.
(Add comment)

g. My fear of success has decreased.

1. Yes No

ii. I still work to do but, yes
(Add comment)

h. I have less anxiety to exit winning trades prematurely than ever before.

1. Yes No

ii. Still work to do but, yes
(Add comment)

4) GENERAL FEEDBACK:

i. What would I like to see in the NT program that would improve the effects for myself and other traders starting the same peak performance journey?

1. Continued Mentoring and Mindset follow up

2. Somekind of concentration or meditation pratices to help the brain achieve the peak performance status when we need



3. Technical/fundamental trading information or more trading related information after we finish the 1st stage of the program (brain and mindset work)

5) TESTIMONIAL

- a. Having completed this first phase of the NT program, please write a testimonial for other traders in the space provided below.
 1. Controlling our mindset (and our brain) is by far more important than any technical skill we have because if we control our mind we can learn any skills we want.
 2. The introspection we need to do in this program allow us to realize one simple thing; we have ways to achieve a peak performance status and that status can (and should) be applicable to every aspects of our lifes.
 3. After we dismitify our believes, we are able to achieve the peace mind that we need to really LIVE the reality (and not a conditioned reality by our believes) and enjoy what life bring us.
 4. I think the above is a very close (and universal) definition of happiness.