

Everyone has felt the impact of COVID-19 in one way or another. For some, this impact was the loss of a job causing a financial hardship. For those that call the streets home, organizations and volunteers were not able to help with food and necessities as they did before the pandemic. As our city continues to “re-open” and we all adjust to a new way of life (or a new normal), Three Grains of Rice Missions is committed to helping those who are struggling.

Because our outreach activities are limited by state/city regulations and social distancing, our Summer Campaign 2020 will be to collect non-perishable food and beverages to distribute within our local communities in Duval, St. John’s, and surrounding counties. Food will be boxed and distributed to families in need with the help of local churches. Lunch bags will be distributed to our homeless neighbors in need during the monthly Cup of Love event (held the last Saturday of each month). In addition, Three Grains of Rice Missions will provide fresh fruits and vegetables to be added to the packages on the day of delivery.

Please consider supporting our efforts and help a neighbor in need. Below are suggestions for food items, however, we will accept any non-perishable food donation if it is within the expiration date:

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| 🍏 Peanut Butter & Jelly | 🍏 Fruit Cups |
| 🍏 Pasta & Pasta Sauce | 🍏 Apple Sauce |
| 🍏 Macaroni and Cheese | 🍏 Canned Meats (tuna, chicken, ham) |
| 🍏 Canned Vegetables & Beans | 🍏 Vienna Sausages / Beanee Weenees |
| 🍏 Rice | 🍏 Spaghetti O’s /Ravioli |
| 🍏 Crackers | 🍏 Granola Bars |
| 🍏 Breakfast Cereals (cold or hot) | 🍏 Cheese or Peanut Butter Crackers |
| 🍏 Pop Tarts | 🍏 Powdered Drink Mix singles |
| 🍏 Complete Pancake Mix & Syrup | 🍏 Bottled Water (16.9-ounce bottles) |
| 🍏 Juice Drinks | 🍏 Soft Peppermint candies |
| 🍏 Lemonade Drink Mix | 🍏 Snacks & Treats: Rice Krispy treats, fruit snacks, cookies, chips, raisons, nuts, etc. |

For more information or to arrange a drop off or pick up, please contact Ed Perez at 904.534.0674 or edperez@threegrainsoftrice.org. If you prefer to provide financial support so we can purchase the food items, you can donate now by clicking the yellow Donate button at the top of the page.