

PETER KELLY

Addiction Training, Therapy & Supervision

Spring Training

2 Days Motivational Interviewing

12th March 2020/13th March 2020

10 a.m.—4 p.m.

Addiction Training & Therapy Ireland

Is pleased to offer a 10-hour Motivational Interviewing workshop aimed at those working in both the addiction field and wider social care contexts i.e. homelessness, residential care, youth work, and social care wishing to expand their skill and knowledge base in the area of addiction counselling through the application of motivational interviewing. The training will include learning in key skills such as engaging, focussing, reflective listening, developing discrepancy, rolling with resistance, managing ambivalence, promoting client self-efficacy, and planning. The training is for anyone with a serious interest in the area of substance use and who interacts in either a paid or voluntary capacity with people who have addiction issues.

Title:	Motivational Interviewing: helping people to work towards change
Course facilitator:	Peter Kelly: MSc Psychoanalytic Psychotherapy Addiction Training & Therapy Ireland
Venue:	The Carmelite Center 56 Aungier St, Dublin 2
Schedule:	10 a.m.—4 p.m.
Eligibility:	This training is for anyone who interacts on either a paid or a voluntary capacity in the area of problem drug use /addiction and has an interest in both the conscious and unconscious factors that underpin human motivation and the capacity for change. CPD points are available for this training
Cost:	€180.00 €50.00 non-refundable deposit to secure your place on the programme €130.00 on first day of the event
How to apply:	Course application forms are attached to this advertisement, and can also be obtained from the website peter Kelly addiction training & therapy Ireland and/or by contacting Peter Kelly at kellygerpeter@gmail.com /or at 085-743-8629.
Closing Date:	Closing date for receipt of application forms is Thursday 27th February 2020

Programme Aims:

This course will develop in students an integrated set of strategies for increasing competence in motivational counselling skills. Theoretical underpinnings of the approach will be examined, alongside key principles and strategies. Core skills will be explained and students will be given the opportunity to practice these core skills in class through role-play. Emphasis will focus on developing proficiency in the areas of reflective listening, highlighting discrepancy, rolling with resistance, increasing client self-efficacy, managing urges and compulsions, and implementing change plans and strategies.

Programme Outcomes:

- Have gained a good understanding of Motivational Interviewing, its theoretical underpinnings, influence, and development.
- Will have achieved a level of competency in the core skills and be able to begin, maintain, and conclude a helping intervention.
- Have an understanding of the Wheel of Change and be able to situate the cycles of drug/alcohol use within its framework.
- Will have developed a proficiency in the areas of reflective listening, dealing with resistance/ambivalence, and the development of discrepancy.
- Be able to move clients towards the process of change through the management of compulsions and urges and the exploration of intrinsic motivation.

Programme Trainer:

Mr Peter Kelly MSc Psychotherapy, Advanced Diploma in Supervision, Bph (Philosophy), Dip Social Studies, M.I. trainer, Reality Therapy Certified is an addiction counsellor and trainer. Peter works in the area of addiction and substance misuse and has been involved in the provision of both drug counselling and drug education for the past twenty years. His clinical background is psychoanalytic psychotherapy and he is an accredited member of both the A.C.I. (Addiction Counsellors of Ireland) and the Association of Psychoanalytic Psychotherapy Ireland (A.P.P.I.). Peter is also trained in Motivational Approaches to problem drug use, and his areas of interest include both the role of the unconscious in addiction and how people manage and overcome addictive cycles.

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Application Form

Please complete this application form and return it to the address below.

NAME _____ DATE OF BIRTH _____

ADDRESS _____

TEL (HOME) _____ TEL (WORK) _____

EMAIL ADDRESS _____

ORGANISATION (IF ANY) & ADDRESS _____

Are you working in the addiction field?

What are you looking for from this training?

Please list any previous academic or other qualifications you hold (if any).

Where did you hear of this training?

Closing date for receipt of applications is Thursday 27th February 2020

SIGNATURE _____ DATE _____

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