

Crystal Reeves:

I was an athlete during school. I had suffered two severe injuries to my ankle. I had bulging discs in my lower back. I also had arthritis.

My name is Crystal Reeves and I am a bartender. I used to wake up, and I would just be sore, and I would play this game, and try to guess what my pain level was going to be when my feet hit the floor. My back specialist told me that he'd like me to start doing injections. He didn't want to do surgery. None of these options are things that I want to get into. I don't want to be on medication, and I'm just not ready to give up my adventurous side.

I never knew about stem cells as far as a regenerative therapy. Nobody else was talking about this anywhere. The concern I had was just that it was going to be too new to really tell if it was going to work. But I thought, man, I've tried everything else. I just can't say enough about the process. I felt better within days. I could already feel more range of motion, less inflammation. It's amazing to me to be able to have these awesome results so quickly. It really just blew my mind.

I remember about eight days after I got my stem cell injection, I got up late and I was driving on my way to work, and I realized, "Oh, my god. I didn't play my game." I didn't even have to. It was so great. And not living with that everyday has made such a huge difference. I can't even tell you how excited I am. I mean, I can't stop talking about stem cells now. And I just wish that I would've known about this sooner.