

COBWRA
COALITION OF BOYNTON WEST
RESIDENTIAL ASSOCIATIONS

HEALTH AND WELLNESS COMMITTEE PRESENTS

STRESSED?

There's Help!

Thursday, May 2, 2019

Refreshments at 6:30 p.m. – Program Begins at 7:00 p.m.

Jamaica Bay Clubhouse

*31005 Jamaica Bay Dr • Boynton Beach
(Military Trail Between Old Boynton Road and Gateway Boulevard)*

Featuring A Distinguished Panel of Experts

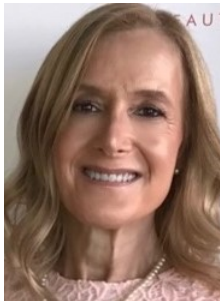


ANDREW SAVIN, M.D.
Bethesda Health
Physician Group

**THE MEDICAL
ASPECTS
OF STRESS**

DAVID HUSTED, M.D.
Medical Director
Behavioral Health,
JFK Medical Center

**COPING
WITH STRESS**



FAYE M. KRAVITZ
Licensed Clinical
Social Worker

**SOS: SOARING
OVER STRESS**

Also...

- Learn about the Palm Beach County Sheriff's Department Behavioral Health Unit.
- Meet Officer Louis Ledbetter and K9 Officer Tucker.
- Discover the important services provided by the "211" Information & Referral Line.

*THIS SYMPOSIUM IS PRESENTED AS A COMMUNITY SERVICE BY
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