



# FREE! DAILY PHONE CALL

To learn more about life-saving Sunshine calls... **Dial 2-1-1 Today!**



“Hello, Sarah...Sunshine calling!”

## SENIOR GUIDE TO COMMUNITY SERVICES - PALM BEACH COUNTY

<b>MEDICAL EMERGENCY</b>	<b>9-1-1</b>	<b>MENTAL HEALTH CRISIS</b>	<b>2-1-1</b>
<b>ABUSE- ADULT &amp; DOMESTIC</b>		<b>CRISIS INTERVENTION- MENTAL HEALTH</b>	
Abuse Hotline- Florida	(800) 962-2873	Mobile Crisis Team (Jerome Golden) North	(561) 383-5777
Aid to Victims of Domestic Abuse	(800) 355-8547	Mobile Crisis Team (South Co Mental Health)	(561) 637-2102
Victim Services (also Rape Crisis)	(561) 833-7273	<b>DEATH/DYING/GRIEF</b>	
Long-Term Care Ombudsman	(888) 831-0404	TrustBridge- Hospice & Home Healthcare	(888) 848-5200
<b>ADULT DAY CARE</b>	2-1-1	VITAS Innovative Hospice Care	(800) 938-4827
<b>ALCOHOL &amp; DRUG ABUSE</b>	2-1-1	<b>DISABILITY SERVICES</b>	
<b>ALZHEIMER'S CRISISLINE</b>	(800) 394-1771	Audiology With A Heart	(561) 366-7219
<b>ALZHEIMER'S DISEASE</b>		Coalition for Independent Living Options	(561) 966-4288
Alzheimer's Association 24-hour helpline	(800) 272-3900	Division of Blind Services	(866) 225-0794
Alzheimer's Care Resource Center	(855) 476-7600	FL Alliance for Assistive Services & Tech.	(888) 788-9216
Alzheimer's Community Care	(561) 683-2700	Florida Relay Service	(800) 676-3777
Memory Disorder Ctr- St. Mary's Medical	(561) 882-6363	Lighthouse for the Blind	(561) 586-5600
Memory & Wellness Center at FAU	(561) 297-0502	<b>DISABLED PARKING PERMITS</b>	(561) 355-2264
Volen Center- day care & much more	(561) 395-8920	<b>EDUCATION- ADULT</b>	
<b>CONSUMER COMPLAINTS</b>		Adult Education School District of PBC	(561) 616-7800
Better Business Bureau	(561) 842-9278	Also visit <a href="http://www.palmbeachschools.org/ace">www.palmbeachschools.org/ace</a>	
Condo Ombudsman	(954) 202-3234	Literacy Coalition of Palm Beach County	(800) 273-1030
Consumer Affairs Division of PBC	(561) 712-6600	<b>EMPLOYMENT- ELDER</b>	
Florida Division of Consumer Services	(800) 435-7352	AARP's SCSEP (Sr. Employment)	(561) 471-9828
<b>CREDIT COUNSELING/MONEY MGT</b>		CareerSource	(800) 556-5627
Consolidated Credit Counseling	(800) 210-3481	<b>FINANCIAL/UTILITY ASSISTANCE</b>	2-1-1
Debthelper.com	(800) 920-2262	<b>FOOD ASSISTANCE/CONGREGATE MEAL SITES</b>	
Money Management International	(800) 251-2227	Access Food Stamps/Food Pantries/Meal Sites	2-1-1
PBC Cooperative Extension Service	(561) 233-1742	Boca Helping Hands	(561) 417-0913
Prosperity Center-Housing Partnership	(561) 655-7581	Ruth & Norman Rales JFS & limited financial	(561) 852-3333
<b>CRIME/FRAUD- Don't Become A Victim!</b>		True Fast Outreach Min WPB-food & other	(561) 594-5689
Consumer Helpline (insurance fraud)	(800) 378-0445	<b>Congregate Sites:</b> also see <i>Senior Centers</i> listed back page	
Division of Victim Services	(561) 355-2418	Greenacres Leisure Services- meal site	(561) 642-2090
Economic Crimes: Crimes Against Elderly	(561) 355-7394	Lindsay Davis Ctr-Riv Bch-STARs program	(561) 840-3170
Seniors vs. Crime	(800) 203-3099	MorseLife- WPB (Kosher) "Lunch Bunch"	(561) 471-5111
Your Aging & Disability Resource Ctr	(866) 684-5885	St Andrews Residence-West Palm Bch meal site	(561) 655-1504
Victim Services (Office of Attorney Gen)	(561) 837-5000	Village of Royal Palm Cultural Arts-meal site	(561) 790-5149
Victim Services (State Attorney's Office)	(561) 355-7100	Volen Center (Kosher) Boca/Delray meal sites	(561) 395-8920



Sunshine is a free program of 211, PBC's community helpline and crisis hotline. To sign-up or to learn more, dial 2-1-1. Sunshine is made possible through the support of the Town of Palm Beach United Way and the Jim Moran Foundation. Calls to 211 are free, confidential & 24/7.



# SENIOR GUIDE TO COMMUNITY SERVICES - PALM BEACH COUNTY

## FORECLOSURE CONCERNS 2-1-1

### GRANDPARENTS RAISING GRANDKIDS

Kin Support Project-Families First PBC	(561) 721-2887
Relative Caregivers-Legal Aid Society ext.275	(561) 655-8944
PBC Extension Services/UF (GRandS)	(561) 233-1742
MorseLife	(561) 289-8578

### GUARDIANSHIP

Clerk of the Court 15th Judicial Circuit	(561) 355-2996
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### HEALTH CONCERNS

American Cancer Society	(561) 616-9370
American Diabetes Association	(800) 342-2383
American Heart Association	(800) 242-8721
American Lung Association SE Florida	(800) 330-5864
Epilepsy Foundation	(561) 478-6515
Lupus Foundation of America-FL Chapter	(855) 905-8787
National Parkinson Foundation Chapter	(561) 962-1701

### HOME DELIVERED MEALS/HEALTH CARE 2-1-1

### HOME IMPROVEMENT

Rebuilding Together-Solid Waste Authority	(561) 697-2700
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\*Based on qualifying income guidelines

### HOSPITALS

Bethesda Memorial Hospital	(561) 737-7733
Boca Raton Regional Hospital	(561) 395-7100
Delray Medical Center	(561) 498-4440
Good Samaritan Medical Center	(561) 655-5511
JFK Medical Center (South)	(561) 965-7300
JFK Medical Center (North)	(561) 842-6141
Jupiter Medical Center	(561) 747-2234
Palm Beach Gardens Medical Center	(561) 622-1411
Palms West Hospital	(561) 798-3300
St. Mary's Medical Center	(561) 844-6300
Wellington Regional Medical Center	(561) 798-8500
West Boca Medical Center	(561) 488-8000
West Palm Beach Veterans Medical Center	(800) 972-8262

### INSURANCE

DCF Access Florida (Medicaid)	(866) 762-2237
Health Care District of PBC	(866) 930-0035
Health Insurance Marketplace	(877) 648-4380
Medicare Information	(800) 633-4227
SHINE- help with Medicare concerns	(866) 684-5885

### LEGAL SERVICES

Florida Rural Legal Services	(800) 284-4588
Florida Senior Legal Helpline	(888) 895-7873
Legal Aid Society- Elder Law Project	(800) 403-9353

## MEDICAL SUPPLIES/EQUIPMENT

Clinics Can Help	(561) 640-2995
Southeast Mobility	(561) 364-2600

## MENTAL HEALTH/ COUNSELING

Association for Community Counseling	(561) 638-0908
Center for Family Services of PBC	(800) 404-7960
Center for Trauma Counseling	(561) 444-3914
Different Like Me- South Coastal PBC	(561) 289-2545
Glades Crisis Outpatient Center	(561) 993-8080
Faulk Center for Counseling	(561) 483-5300
Jerome Golden Center for Behavioral Health	(561) 383-8000
Mental Health Association of PBC	(561) 832-3755
NAMI-National Alliance for the Mentally Ill	(561) 588-3477
Ruth & Norman Rales JFC (Senior Counseling)	(561) 852-3333

## PRESCRIPTION ASSISTANCE 2-1-1

### SENIOR CENTERS (also PBC D.O.S.S. Meal sites)

Boynton Beach Senior Center	(561) 742-6570
Lindsey Davis Sr. Community Ctr (Riv. Bch)	(561) 840-3170
Mid County Senior Center (Lake Worth)	(561) 357-7100
North County Senior Center (PBG)	(561) 694-5435
Volen Center (Boca Raton)	(561) 395-8920
West County Senior Center (Belle Glade)	(561) 996-4808

### SERVICE DOGS- Canine Companions (800) 572-2275

### SOCIAL SECURITY ADMIN (800) 772-1213

### SUBSTANCE ABUSE- it's ok to get help 2-1-1

### SUPPORT GROUPS 2-1-1

### TRANSPORTATION

Community Coach/ LIFT-South County	(561) 395-8920
Palm Tran CONNECTION Door-to-Door	(561) 649-9838
Palm Tran Bus Information	(877) 930-4287
Tri-Rail	(800) 874-7254

### VETERANS/CRISISLINE 1-(800) 273-TALK (8255)

FL Dept. of Veterans Affairs-benefits counseling	(561) 422-8204
Funeral/Burial Benefits-Dept. of Veteran Affairs	(800) 827-1000
Jupiter Vet Center	(561) 422-1220
Palm Beach Vet Center	(561) 422-1201
Veteran Services-Palm Beach County	(561) 355-4761
West Palm Beach VA Medical Center	(800) 972-8262
Women Vets Health Programs	(561) 422-1236

### VETERINARIAN- clinic & pet care at low cost

Paws 2 Help	www.paws2help.org	(561) 712-1911
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### VOLUNTEER OPPORTUNITIES

211's Sunshine Daily Telephone Calls to Seniors	2-1-1
United Way of Palm Beach County	(561) 375-6600



This is a partial listing of frequently requested information maintained by 211 HelpLine and is current as of August 2017. Inclusion does not imply endorsement, nor does omission imply lack of endorsement by 211. For more information dial 2-1-1 or visit [www.211palmbeach.org](http://www.211palmbeach.org).