

Maintenance of Dental Implants

Depending on how the implant is used will depend on how an implant is maintained.

Essentially and implant is cleaned much like you would clean a tooth.

Consistent brushing and flossing, as well as use of a WaterPik. If the implant is easily accessible then good brushing is all that is necessary. If an implant is used to restore with a crown, clean it in the same way you would the other teeth, regular flossing to keep it clean. If there are multiple crowns tied together as a bridge then depending on the access, a WaterPik can be useful in removing loose debris, but mechanical cleaning with a brush and floss is still necessary.

Electric toothbrushes can be a useful adjunct. There are heads available that are conical shaped that aid in cleaning hard to reach areas.

There are smaller cleaners available, called proxy-brushes and interdental picks that can also be very useful in cleaning hard to get to areas.

Oral rinses may provide help. Prescription chlorhexidine gluconate is a very commonly used rise to aid preventing periodontal problems. I also recommend a product over the counter called Healthy Gums, that appears to be very effective, and similar to chlorhexidine, but does not stain the teeth like chlorhexidine does.

Implant Questions and Answers

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If you have any questions about implant fees, please feel free to ask us.